



Calling All Artists and Writers!

**The Mental Health Services Oversight and Accountability Commission
is Pleased to Announce the Second Edition of**

MHSOAC Expressions!

MHSOAC Expressions exclusively features artwork and writing from consumers in recovery, family members, and the mental health stakeholders community.

Please submit your artwork, short stories, and poems to the MHSOAC to be considered for inclusion. We encourage all themes and topics, but especially encourage those with themes of:

- wellness and recovery
- personal experiences in the mental health community
- personal triumphs, as related to mental illness

We received many **short stories** for the first edition of MHSOAC, and will again be including a section themed “**Tell Us Your Story**”. Please keep your submissions brief (no more than 500 words).

MHSOAC Expressions will be available to mental health stakeholders and the public in print and on our website.

Submission Guidelines

****Please try to follow all guidelines as closely as possible to ensure the best chance of being selected for publication****

1. Please submit your art and/or writing in **electronic form**.
2. Art images must be **digitally photographed** and saved in the format of a JPEG.
[You can also save materials onto a CD and send us the CD via postal mail.]*
 - Please make sure that the digital image is as **high quality** as possible, and that there are **no other objects in the photograph** (such as hands, or anything that obscures the artwork). If the artwork is in a frame, please remove it before photographing.
3. Writing in the form of short stories and poetry is highly encouraged. If writing is in a different language, please also provide a translated copy.
4. For each submission, please include **your name as you would like it to appear**, the **title** of each artwork/writing submission, and your **county** of residence.

5. The selection of the art and writing featured will be up to the discretion of the MHSOAC Communications Unit.
6. Author or artist will only be notified if your piece is selected for use. There is no monetary compensation for artwork or writing that is selected; this is solely an opportunity to share creative expressions with the community.
7. Unless requested, materials submitted will not be returned.
- 8. Please also send or fax in a copy of the submission form with your signature. For legal reasons, artwork or writing without a completed submission form will not be considered for publication.**

All submissions are to be submitted electronically in the format of a Word document, PDF or JPEG via email to mhsoac@dmh.ca.gov or via postal mail to the MHSOAC no later than **June 20, 2010**.

MHSOAC

1300 17th Street, Suite 1000

Sacramento, CA 95811

Attention: Amy Shearer

Subject: Arts & Writing Submission

Telephone: (916)445-8780

Fax: (916) 445-4927

Email: mhsoac@dmh.ca.gov

Website: <http://www.dmh.ca.gov/MHSOAC/default.asp>

CONSENT TO PUBLISH and REPRODUCE

I give my consent and grant all use permission to the Mental Health Services Oversight & Accountability Commission (MHSOAC) to have my art and writing published, reproduced, and electronically transmitted in publications, brochures, and other MHSOAC communication efforts including but not limited to posting on website and incorporating into video productions.

*Please also fax or send in a hard copy of this form with your *signature* to the MHSOAC.

Fax: 916-445-4927. Attention: MHSOAC Communications.

Signature

Date

Printed Name

OR

Please sign below indicating your consent to publish and reproduce your **child's** art and/or writing as set forth above.

Signature of parent or legal guardian

Date

Printed Name of parent or legal guardian

If relationship is other than a parent please state authority to consent: _____