



## INNOVATION PLAN APPROVAL SUMMARY

**County: KERN**

**Plan Project:** Freise HOPE House

### **Kern County Plan Strengths:**

The Freise Hope House Project focuses on the Recovery principles of encouragement, empowerment, focusing on strengths and community integration. The primary purpose of the project is to *Increase the quality of services, including better outcomes.*<sup>1</sup> The key learning goals are to:

1. Evaluate the impact of a peer-managed program on immediate and long-term outcomes for consumers
2. Evaluate the impact of increased peer integration, using recovery principles, on the entire county public mental health system

The Freise HOPE (Helping Others through Peer Empowerment) House is a consumer/peer-managed, short-term, voluntary residential program. The Freise HOPE House will provide 14 Crisis beds in a “step-down” progression from inpatient hospitalization. Freise HOPE House project program director will be a peer in recovery. Additionally, peer staff will work alongside mental health staff at the County crisis intake center.

**The Plan Review Team Recommends: APPROVAL**  
**BUDGET: \$2,254,600**

---

<sup>1</sup> Innovation guidelines require a county to select one or more the following purposes: Increase access to underserved groups, Increase the quality of service, including better outcomes, Promote interagency collaboration, Increase access to services.