



INNOVATIVE PROJECT APPROVAL SUMMARY

San Francisco County

Name of Innovative Project: Hummingbird Peer Respite

Total Requested for Project: \$ 2,001,600

Duration of Innovative Projects: Four Years

Staff Recommends: APPROVAL

Review History

County Submitted Innovation (INN) Project: August 17, 2015

Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) vote on INN Project: September 24, 2015

Innovation Project Summary

San Francisco County is seeking MHSOAC approval for the following INN Project: Hummingbird Peer Respite. The primary purpose is to increase the quality of services, including better outcomes. This four-year INN Project is the result of San Francisco County stakeholders identifying a need to better engage and maintain appropriate behavioral health treatment for severely mentally ill, and often dually diagnosed adults, that current programs have failed to successfully treat or adequately engage.

The Hummingbird Peer Respite program is an alternative to hospitalization for persons in crisis and the project will be run entirely by persons with lived experience. Peers will identify potential guests at partnering sites, including Intensive Case Management, Full Service Partnerships, In-Patient Psychiatry and Psychiatric Emergency Services (PES). Activities, and classes. Individual and group counseling will be available from 11:00 am to 9:00 pm daily. Certified Nursing Assistants will be on site to supervise overnight stays.

The project is Innovative as it will be located directly on the hospital grounds and will directly divert those in crisis from using emergency room services at the hospital. Existing Psychiatric Emergency Services generally have had little success in engaging this population in recovery work and/or linking them with outpatient or other needed care. The lack of alternatives to psychiatric emergency services results in various outcomes, including avoidable costs to the health care system. The Hummingbird Peer Respite project will be entirely led by peer staff and will seek to separate out which activities or classes have the best outcomes.

Evaluation

Data on the successful characteristics of the Peer Respite Center (PRC) will be collected through key staff interviews and focus groups. Staff will utilize intake and activity participation tracking tools to collect consumer data (demographic, program involvement, etc.). Administrative staff will use Avatar to collect data on consumer utilizations of PES. Consumer surveys will be developed to collect data on consumers, level of engagement, use of services, and wellness planning.