



## **PEI PLAN APPROVAL SUMMARY**

**County: El Dorado**

### **Plan Projects:**

This PEI Plan has 7 projects:

- 1) School-based Mental Health Promotion and Service Linkage
- 2) Primary Intervention Project
- 3) Incredible Years Program
- 4) Community Education Project
- 5) Wennem Wadati – A Native Path to Healing
- 6) Home-Delivered Meals Wellness Outreach Program
- 7) Health Disparities Initiative

### **Plan Strengths:**

- El Dorado County made an impressive effort to include the community in the planning and decision making process.
- A full day convention was conducted with the Native American community to address improved Mental Health service partnerships.
- To encourage participation in the planning process, a voice-mail system was used for community members to leave anonymous feedback and suggestions.
- Project 1 builds upon an existing relationship with the County Office of Education and will provide psycho-educational interventions targeting the students, family members, and school faculty to address stigma and discrimination.
- Project 2 integrates Primary Intervention Project (PIP) into the classroom by training teachers and credentialed mental health professionals. PIP also encourages parent/guardian and teacher involvement.
- Project 3 provides childcare, meals and materials to families interested in participating in the Incredible Years Program, a 12-14 week comprehensive, developmentally-based program. The Incredible Years Program promotes emotional and social competency to prevent and reduce behavioral and emotional problems in young children.
- Project 4 is collaborating with NAMI to provide a 12 week course to families, friends, caregivers and community members with information about mental illness,

treatments, medication and rehabilitation. Participants learn self-care, communications skills, problem-solving and advocacy strategies.

- Project 5 was designed by and for the local American Indian community. The program addresses trauma-exposed individuals and those at risk for school failure, juvenile justice involvement and suicide. This program serves youth and families and individuals of all ages.
- Project 6 addresses two serious public health issues faced by older adults, depression and suicide. Project 6 links services with WET – Friendly Visitor Program, CSS – Wellness and recover Services, County Mental Health, the existing Senior Peer Counselor Program, and the Area Agency for Aging.
- Project 7 provides emotional support in non-traditional settings, group counseling, mental health education and peer-to-peer support in an effort to reduce disparities in access for Latino and Native Americans.

**BUDGET: \$635,997**

**Staff and the Plan Review Team Recommends: APPROVAL**