County: Riverside

Plan Projects:

This PEI Plan has 7 projects:
1) Mental Health Outreach, Awareness, and Stigma Reduction
2) Parent Education and Support
3) Early Intervention for Families in Schools
4) Transition Age Youth Project
5) First Onset for Older Adults
6) Trauma-Exposed Services for All Ages
7) Underserved Cultural Populations

Plan Strengths:

- Stakeholders had a voice throughout the planning process. Additional stakeholders joined each of the committees so that membership reflected all key stakeholders.
- Spanish translation was available at each community forum and specific focus groups were held for older adults, Deaf/Hard of Hearing, Native Americans, and LGBTQ individuals.
- Project 1 was created in partnership with NAMI to target underserved and unserved populations, increase awareness of mental health topics and to reduce stigma and discrimination. Project 1 is also designed to develop and maintain ongoing relationships with underserved cultural populations.
- Project 2 is an evidenced-based practice adapted by Latino Professionals for Spanish speaking families.
- Project 3 exclusively targets school aged children and their families from all cultural backgrounds. Project 3 includes a program that was identified through the community planning process and empowers parents to be the primary prevention agents for their children.
- Project 2, Parent Education and Support Project, and Project 3, Underserved Cultural Population Project are sensitive to the needs of families and consumers, and are collaborative with faith based communities.
• Project 4 focuses on TAY at high risk for self harm. Some of the programs within Project 4 focus on reunification services for runaway TAY, supporting student run events that create an open environment for conversations about mental health issues, and a unique Digital Storytelling program which allows youth to produce a 3 to 5 minute digital video to tell their personal story about trauma, loss, homelessness, etc.

• Project 5 focuses on the first onset of depression and targets the older adult population. This project includes in-home serves and a mobile Cognitive Behavioral Therapy program which allows implementation in a variety of settings.

• Project 6 includes programs that address the impact of trauma for youth, TAY, adults and older adults.

• Project 7 was developed with the full engagement of the Reducing Disparities Workgroup. Project 7 included 8 culturally specific prevention and early intervention programs for the Latino, Native American, African American and Asian American/Pacific Islander communities in Riverside County. The Review Team said it was, “refreshing to see this level of diversity…” in the development of a PEI Project.

BUDGET: $ 31,853,700

Staff and the Plan Review Team Recommends: APPROVAL