



PEI PLAN APPROVAL SUMMARY

County: Riverside

Plan Projects:

This PEI Plan has 7 projects:

- 1) Mental Health Outreach, Awareness, and Stigma Reduction
- 2) Parent Education and Support
- 3) Early Intervention for Families in Schools
- 4) Transition Age Youth Project
- 5) First Onset for Older Adults
- 6) Trauma-Exposed Services for All Ages
- 7) Underserved Cultural Populations

Plan Strengths:

- Stakeholders had a voice throughout the planning process. Additional stakeholders joined each of the committees so that membership reflected all key stakeholders.
- Spanish translation was available at each community forum and specific focus groups were held for older adults, Deaf/Hard of Hearing, Native Americans, and LGBTQ individuals.
- Project 1 was created in partnership with NAMI to target underserved and unserved populations, increase awareness of mental health topics and to reduce stigma and discrimination. Project 1 is also designed to develop and maintain ongoing relationships with underserved cultural populations.
- Project 2 is an evidenced-based practice adapted by Latino Professionals for Spanish speaking families.
- Project 3 exclusively targets school aged children and their families from all cultural backgrounds. Project 3 includes a program that was identified through the community planning process and empowers parents to be the primary prevention agents for their children.
- Project 2, Parent Education and Support Project, and Project 3, Underserved Cultural Population Project are sensitive to the needs of families and consumers, and are collaborative with faith based communities.

- Project 4 focuses on TAY at high risk for self harm. Some of the programs within Project 4 focus on reunification services for runaway TAY, supporting student run events that create an open environment for conversations about mental health issues, and a unique Digital Storytelling program which allows youth to produce a 3 to 5 minute digital video to tell their personal story about trauma, loss, homelessness, etc.
- Project 5 focuses on the first onset of depression and targets the older adult population. This project includes in-home serves and a mobile Cognitive Behavioral Therapy program which allows implementation in a variety of settings.
- Project 6 includes programs that address the impact of trauma for youth, TAY, adults and older adults.
- Project 7 was developed with the full engagement of the Reducing Disparities Workgroup. Project 7 included 8 culturally specific prevention and early intervention programs for the Latino, Native American, African American and Asian American/Pacific Islander communities in Riverside County. The Review Team said it was, “refreshing to see this level of diversity...” in the development of a PEI Project.

BUDGET: \$ 31,853,700

Staff and the Plan Review Team Recommends: APPROVAL