



## **PEI PLAN APPROVAL SUMMARY**

**County: SACRAMENTO**

### **Plan Projects:**

This PEI Plan has 3 projects:

- 1) Strengthening Families
- 2) Integrated Health and Wellness
- 3) Mental Health Promotion Campaign

### **Plan Strengths:**

- Sacramento County Community Program Planning materials were translated into 5 threshold languages and had interpreters available for several of the meetings.
- Sacramento County also advertised Community Program Planning meetings on radio stations, newspapers and television programs that target Hmong, Vietnamese, Cantonese, Russian and Spanish communities.
- Project 1 will expand the number of Mental Health Clinicians from one to three. The Clinicians will assist childcare staff in understanding the social and emotional development of young children to assist childcare staff in creating successful experiences for children in their care. Project 1 also includes In-Home Support Services for children in the foster care system and their foster families.
- Project 2 includes three programs. Program 1 offers screening and assessment, peer support and treatment. These services will take place in community-based healthcare clinics and will create opportunities for clinics to share expertise and support. Program 2 is an Assessment and Treatment Program for people experiencing onset of psychosis. Program 3 is a Senior Navigator Program targeting Isolation and Depression in Older Adults.
- Project 3 includes community education, outreach, speakers' bureau and a Multi-media Campaign in an effort to reduce the stigma and discrimination of Mental illness.

**BUDGET: \$ 6,106,000**

**Staff and the Plan Review Team Recommends: APPROVAL**