



## PEI PLAN APPROVAL SUMMARY

**County: Santa Barbara**

### Plan Projects:

This PEI Plan has 4 projects:

- 1) Community Mental Health Education and Support in Culturally Underserved Communities
- 2) Integrating Primary and Mental Health Care in Community Clinics
- 3) Early Childhood Mental Health Services
- 4) TAY Services

### Plan Strengths:

- Santa Barbara County made impressive efforts to engage the Latino, Native American and LGBTQ communities.
- A focus group included 13 consumers and family members in El Nuevo Amanecer, a support group primarily consisting of Spanish-speaking individuals.
- Project 1 will support the funding for 6 promotores, one for each designated underserved populations. The promotores will implement outreach and education, mental health case management, cultural wellness practices and linkages to appropriate services.
- The components of Project 2 will be implemented at primary care clinics throughout the County especially those located in the North County cities. Services will include trauma screening, consultation, psychiatric evaluations, counseling and referrals.
- Project 3 enhances services available to children 0-5 and their families. The prevention and early intervention parenting and support program targeting families who children are or would be at risk for development of behavioral problems.
- Project 4 will support the funding for 3 Crisis Specialists. These positions will address issues of disparities concerning unserved ethnic communities by expanding short term family stabilization, 24/7 health assessment, home visits, parental guidance and in-home and out-of-home respite for children and families.

**BUDGET: \$ 3,754,690**

**Staff and the Plan Review Team Recommends: APPROVAL**