County: Santa Barbara

Plan Projects:

This PEI Plan has 4 projects:
1) Community Mental Health Education and Support in Culturally Underserved Communities
2) Integrating Primary and Mental Health Care in Community Clinics
3) Early Childhood Mental Health Services
4) TAY Services

Plan Strengths:

- Santa Barbara County made impressive efforts to engage the Latino, Native American and LGBTQ communities.
- A focus group included 13 consumers and family members in El Nuevo Amanecer, a support group primarily consisting of Spanish-speaking individuals.
- Project 1 will support the funding for 6 promotores, one for each designated underserved populations. The promotores will implement outreach and education, mental health case management, cultural wellness practices and linkages to appropriate services.
- The components of Project 2 will be implemented at primary care clinics throughout the County especially those located in the North County cities. Services will include trauma screening, consultation, psychiatric evaluations, counseling and referrals.
- Project 3 enhances services available to children 0-5 and their families. The prevention and early intervention parenting and support program targeting families who children are or would be at risk for development of behavioral problems.
- Project 4 will support the funding for 3 Crisis Specialists. These positions will address issues of disparities concerning unserved ethnic communities by expanding short term family stabilization, 24/7 health assessment, home visits, parental guidance and in-home and out-of-home respite for children and families.

BUDGET: $ 3,754,690

Staff and the Plan Review Team Recommends: APPROVAL