



## PEI PLAN APPROVAL SUMMARY

**County: SHASTA**

**Plan Projects:**

This PEI Plan has 5 projects:

- 1) Children & Youth in Stressed Families
- 2) Older Adults
- 3) Individuals Experiencing the Onset of Serious Psychiatric Illness
- 4) Stigma and Discrimination
- 5) Suicide Prevention

### **Shasta County Plan Strengths:**

- Shasta conducted a comprehensive Community Program Planning (CPP) that provided outreach through the various geographic areas of the county with a broad scope of participants in surveys and focus groups.
- The Review Team was impressed with modifications of the focus groups at the request of the community and the community assessment was viewed as thorough with a strong focus on protective factors.
- Project #1 will utilize evidence-based practices such as Triple P and Trauma Focused Cognitive Behavioral Therapy to serve children and families.
- Project #2 will engage creative gatekeepers in the community such as postal workers and bank tellers to identify at-risk seniors.
- Project #3 will develop training to educate gatekeepers about psychosis and early signs, and will provide outreach, engagement, and assessments.
- Projects #4 and #5 will coordinate with the statewide projects on stigma, discrimination, and suicide prevention.

**BUDGET: \$3,141,700**

**Staff and the Plan Review Team Recommends: APPROVAL**