



## PEI PLAN APPROVAL SUMMARY

**County: SIERRA**

### **Plan Projects:**

This PEI Plan has 1 project:

- 1) Student Assistance Program

### **Plan Strengths:**

- Sierra County Community Program Planning (CPP) process provided transportation and childcare to participants.
- Sierra County also interviewed consumers in the waiting rooms of mental health clinics and consulted with the Literacy Program translator to maximize stakeholder participation. The Literacy Program translator was also invited to the CPP events.
- Due to the remote and isolated geographic nature of Sierra County, they made phone calls directly to consumers and family members.
- Project 1 is based on an Evidenced Based Practices with proven cultural adaptability. A professional behavioral health counselor will split their time between school-based screening, small support groups and individual counseling and wilderness activities which is appropriate for this rural county.
- Project 1 is designed to enhance mental health and positive behavior, improve academic success and reduce the use of alcohol and other drugs among at risk youth. The project includes a process of identifying referrals and creates a network of support for students and their families.

**BUDGET: \$ 171,967**

**Staff and the Plan Review Team Recommends: APPROVAL**