



PEI PLAN APPROVAL SUMMARY

County: TEHAMA

Plan Projects:

This PEI Plan has 3 projects:

- 1) Nurturing Parent Programs
- 2) Youth Empowerment Services "YES"
- 3) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Plan Strengths:

- Tehama County actively engaged clients and family members in the planning process and collaborated closely with the local chapter of NAMI.
- Three staff members have participated in an intensive national fellowship focused on building healthy Native American Communities and they are making significant connections to the local Native American Communities in Tehama County.
- Project 1 included 13 different versions of interventions that target specific age groups, cultures and mental health needs. The program will be chosen according to the parenting needs and can be held in a group or home setting.
- Project 2 will offer TeenScreen in all counseling offices, drop-in centers, youth groups, cultural groups, educational settings and the juvenile justice center.
- Project 3 focuses on trauma exposed children and adolescents in collaboration with the Department of Education and will expand services to isolated geographical areas.

Staff Recommends: APPROVAL

BUDGET: \$ 497,500