

## PROPOSAL "C" FOR FY 2012/13 MHSOAC EVALUATION

**Name of Proposed Evaluation:** Evaluation of System Change as a Result of MHSAs Values

**Brief Description:**

There is interest in increasing our understanding of how much system change the MHSAs has prompted, and how much of this change has been facilitated by MHSAs values. This proposal aims to capture system change and the degree to which this has come about from MHSAs values. As a beginning to this process, the focus of this project will be on recovery/resilience and wellness.

One of the core MHSAs values is recovery/resilience and wellness orientation. One of the MHSAs objectives is to promote improved client outcomes through implementation of MHSAs values, such as recovery/resilience and wellness. The long-term focus of work begun with this proposal is to evaluate whether the mental health system has changed as a result of MHSAs with regard to promotion of the recovery/resilience and wellness value.

In order to take steps toward addressing this issue, it will be important to first identify our ability to adequately measure recovery/resilience and wellness at the individual and program system levels. These identified measures will be used to assess the level of change in the system that has come about as a result of the MHSAs, and how this system change has impacted individual outcomes. This will be done via a pilot study focused on a small, select group of programs that include a recovery-oriented component. The study will evaluate: 1) the impact of programs on recovery/resilience and wellness-oriented individual/family and system level outcomes; 2) what specific facets of these programs may facilitate outcomes; and 3) how the degree of focus on recovery/resilience and wellness within programs influences outcomes. Results will be used to make recommendations for further testing and implementation of programs. This project will build on existing efforts regarding improved measures of client/family perspective, learning collaboratives on recovery, etc.

**Purpose** (check all that apply)

- Inform and Improve Services     Assess and Communicate Impact
- Inform and Improve Policy         Gain Insight
- Affect Those Who Participate in the Inquiry
- Other, specify \_\_\_\_\_

**Audience and Uses**

Policy makers, counties, providers, clients and family members, and other stakeholders would be interested in this information for quality improvement opportunities.

**Questions**

- What measurement options should be used to most fully and accurately capture recovery/resilience and wellness in individuals/families, and program orientation?
- Do recovery-oriented programs impact individual/family level recovery/resilience and wellness?
- What facets of these programs facilitate outcome?
- How does the degree of focus on recovery/resilience and wellness within programs influence outcomes?
- How can answers to questions 2-4 above can be used to facilitate system change regarding promotion of recovery?

**Priority Goals/Outcomes/Indicators from MHSA/SOC Statute**

Program/system outcomes (i.e., services that promote recovery) and individual/family outcomes.

**Outcome Consistent with MHSOAC Logic Model**

Strategies 1, 5, 6, and 7.

**MHSOAC Estimated Funding Need** \$400,000-500,000

[ X ] One-year only    [ ] Multi-year