

The Public Record

GOLDEN RAINBOW CENTER RECEIVES GRANT TO EXPAND COUNSELING SERVICES

The Golden Rainbow Center has been awarded an additional two-year grant to expand its counseling services by the Riverside County Department of Mental Health.

We are thrilled that once again the County has seen fit to award the Center additional funding to expand our counseling services to adults of all ages," said John O'Connor, executive director.

For several years, the Mental Health Services Act (MHSA) has worked to expand and transform the mental health service system throughout California to reduce the long-term adverse impact on individuals and families resulting from untreated mental health issues.

"To address these issues, the Golden Rainbow Center will be expanding its one-on-one counseling to adults of all ages," said Dr. Jill Gover, director of the center's wellness program. "With this funding, we will also be able to expand our internship program for MFT, MSW and Ph.D. interns who want to specialize in the specific needs of the lesbian, gay, bisexual and transgender community. In addition to expanding our client base to the broad LGBT community, we will continue to focus on aging issues. The Center can now provide not only clients with more counseling options, but also a safe place for interns to gain experience in working with our growing older population."

With these funds, the Center can expand counseling services to address feelings of isolation, ameliorate depression and anxiety, and help clients identify and combat faulty thinking. Operating on a sliding scale, based on income, the Golden Rainbow Counseling Program is designed to help both individuals and couples.

Individuals or couples who feel they might benefit from such a program are encouraged to call the Center to schedule an appointment with an intake coordinator. However, the Center wants to stress that the program is strictly an outpatient program based on appointment, and is not a drop-in or crisis center.

For more information about the Counseling Program, call the Center at (760) 416-7899.

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