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**CLIENT AND FAMILY LEADERSHIP COMMITTEE**

**Minutes**

**April 25, 2012**

**2:00 pm to 5:00 pm**

**Department of Alcohol and Drug Programs**

**1<sup>st</sup> Floor Conference Room**

**1700 K Street**

**Sacramento, CA 95811**

**Committee Members:**

**Staff:**

**Other Attendees:**

Eduardo Vega, Chair* Ralph Nelson, Jr., M.D., Vice-Chair Donna Barry Carmen Diaz* Shannon Jaccard* Jennifer Jones Steve Leoni Abby Lubowe Ruth Tiscareno* Gregory Wright	Jose Oseguera Dee Lemonds Matt Lieberman Kevin Hoffman	Michael Beebe Vickie Mendoza
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\*Participated via telephone

Committee members absent: Khatera Aslami, Kathleen Casela, Darlene Prettyman, Jorge Wong and Sally Zinman.

**Welcome/Introductions**

Eduardo Vega, Committee Chair, convened the meeting at 2:20 pm.

- All meeting participants introduced themselves.

**Review/Approve March 7, 2012 Minutes**

- Page 3 should read "President of the United States". Minutes approved unanimously.

**Update on Community Forum Workgroup Meeting**

Commissioner Nelson updated the Committee on the earlier Community Forum Workgroup discussion as follows:

- The Workgroup reviewed a staff debriefing document with positives and challenges from the Chico forum.
- Comments that the Chico forum was successful.
- Suggestions to reduce the introduction and PowerPoint.
- Request for more time at report out.
- Suggestions to restructure report out with 2 positives and 2 challenges.

### **Discussion of Charter Activity---Developing Strategies for Promotion of Client and Family Employment in the Mental Health System**

Highlights of Discussion:

- Comment that four partners, United Advocates for Children and Families (UACF), California Network of Mental Health Clients (CNMHC), National Association on Mental Illness (NAMI), and California Institute for Mental Health (CIMH), have hired consultants to work on peer certification across the nation. The outcome of the consultants work will be a paper on peer certification in California.
- Sabine Whipple is no longer with Working Well Together.
- Chair Vega commented that when he was in Washington, D.C., he presented the Transformation Paper to Belva Delvecchio who invited Chair Vega to talk to SAMSHA. Chair Vega commented that Larry Davidson of the National Recovery Project is working on how to implement the recovery model. Chair Vega wants to present the Transformation Paper to the SAMSHA director in person.

### **Discussion of Charter Activity---Development of Guidance Document for Clarifying Consumer-run, Consumer-directed Programs, Peer Support and Peer Specialization for Purposes of MHSA Programs and To Identify Models that are being Developed**

Highlights of the discussion included:

- Chair Vega commented that the reason this item is on the charter is that various entities have asked for what makes a consumer-run organization. Concern from consumers that some organizations that were never consumer identified became consumer identified overnight when funding opportunity became available. Chair Vega has been involved with a consumer-driven services directory with a focus on consumer-driven, directed, run, or controlled. Chair Vega is interested in clarification of what is expected by these agencies. He is interested in definitions of what is a consumer-run program. Chair Vega commented that terms are thrown around. He commented that there is an opportunity for the CFLC to develop parameters for agencies to use for what makes consumer-run organizations unique and verifiable. Chair Vega is interested in having a workgroup produce a technical paper of about five pages long that lays

out what kinds of things make up a program—who directs and who runs. The paper would be for the MHSOAC to adopt. Chair Vega is interested in having a sub-committee create an outline and bring it back to the CFLC and send to the MHSOAC in the Fall. One way the guidance document could be used is if county has a Request for Proposal, and wants eligible proposers to be consumer-driven, then counties could use the MHSOAC document as a guide. Sally Zinman has ideas for this document. SAMSHA has ideas and resource materials. CFLC needs other experts in consultation role. Staff commented that the document could serve as a technical resource to consumer-run organizations, counties, and other agencies.

- Vice-chair Nelson asked if Working Well Together (WWT) had worked on this issue and Chair Vega responded probably not, but we should talk to WWT.
- Comment that the vehicle is peer certification. Chair Vega commented that the focus is on helping people work on building peer certification. Comment that the next step is developing a peer guild for California.
- Comment that the CFLC needs to check in with people who are running these organizations and should be helpful and not directive.
- Chair Vega commented that people look to the MHSOAC for direction and we should not shy away from controversy. The MHSOAC has no regulatory authority and only provides guidance.
- Comment that parents and caregivers are important. Staff responded that parents and caregivers were added to community forum questions. Chair Vega responded that parent-run is not included and this is a consumer-run task. Response that some agencies require 51% parents. Comment that percentage of consumers in organizations could be put in guidance. Chair Vega commented that his board is voting on change of board to 51% lived experience.
- Comment that important to consider consumer or family driven concept and not just run and Chair Vega agreed but values inclusion is murkier. Chair Vega commented that it is difficult to prescribe values but the Transformation Paper does this. Chair Vega asked staff to send out email to have sign-ups for a workgroup. Committee comment that this is a task for experts to do.
- Public comment that CalMHSA is working on peer run programs and may have some similar interests. Chair Vega responded that Disability Rights has asked what does consumer-run mean.
- Suggestion to go to 58 counties and ask what they are doing. The CFLC could come up with interview questions and can produce what consumer-run program should be. Comment that CFLC needs information on where things are at.

### **Update on Distribution of Transformation Paper**

Staff reviewed updated distribution list for the Transformation Paper. A total of 191 Transformation Papers have been sent with transmittal letters. Committee Chair and Vice-Chair are working on distribution to Legislative contacts. PowerPoint to go with Transformation Paper has been distributed to the CFLC members.

### **Discussion of Charter Activity---Developing Strategies for Promotion of Client and Family Employment in the Mental Health System**

Highlights of Discussion included:

- PowerPoint from WWT was given to the CFLC.
- Vice-chair Nelson commented that could have a requirement that if a position requires lived experience, then must have lived experience. Need to work with WWT.
- Comment that CFLC needs to promote the value of lived experience.
- Vice-chair Nelson asked to examine how consumers are treated by administrators. Sometimes administrators treat consumers better than therapists do.
- Comment that consumer experience is not asked for anymore by employers. Staff commented that this issue is in the Transformation Paper. Staff commented that Donna Matthews from WWT has stated that once hired, need job accommodations. Once on the job, the environment is important for consumers.
- Comment that background checks are problematic for consumers and they are prevalent everywhere. Vice-chair Nelson commented that the CFLC should be talking about expungement training. Need to tell people about expungement programs. Staff stated they could put expungement information on the MHSOAC website in the resources section.
- Staff suggested that MHSOAC evaluation start to ask how many people are employed in the county system.
- Comment that people with mental health issues are better workers. Comment on job accommodations network. Vice-chair Nelson commented on the need to package accommodations so not perceived as negative. Need to get from WWT jobs where people worked well. Could take jobs and highlight with a video or narrative. Vice-chair Nelson gave example of people working in baseball stadium in Bakersfield who are consumers.
- Comment that CFLC should promote both government and private employment for consumers.
- Comment that CIMH website has videos of people talking about stigma in the workplace.
- Public comment: NAMI has program "In Our Own Voice."

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- Comment that Sonoma County has the Dreamcatchers Program and Sacramento has the Pathways program. Comment that Sacramento has North Wellness and Recovery Center with Dreamcatchers program.
- Suggestion to give information over cell phones and suggestion to promote MHSOAC's own businesses like AmeriCorps and Vista.
- Comment on Mary Ellen Copeland's Wrap model, Treat Boulevard in Concord.

**Discussion of Possible Future Agenda Items**

- Vice-chair Nelson commented that the CFLC may need a teleconference in the middle months. WWT can talk about consumer employment and consumer guidance document. Need a timeline to establish what the committee can do.

**General Public Comment**

- Comment that this committee is important to defining and promoting what Proposition 63 stands for.

**Adjournment**

Meeting adjourned at 4:51 pm.