



Overview of Health Care Reform

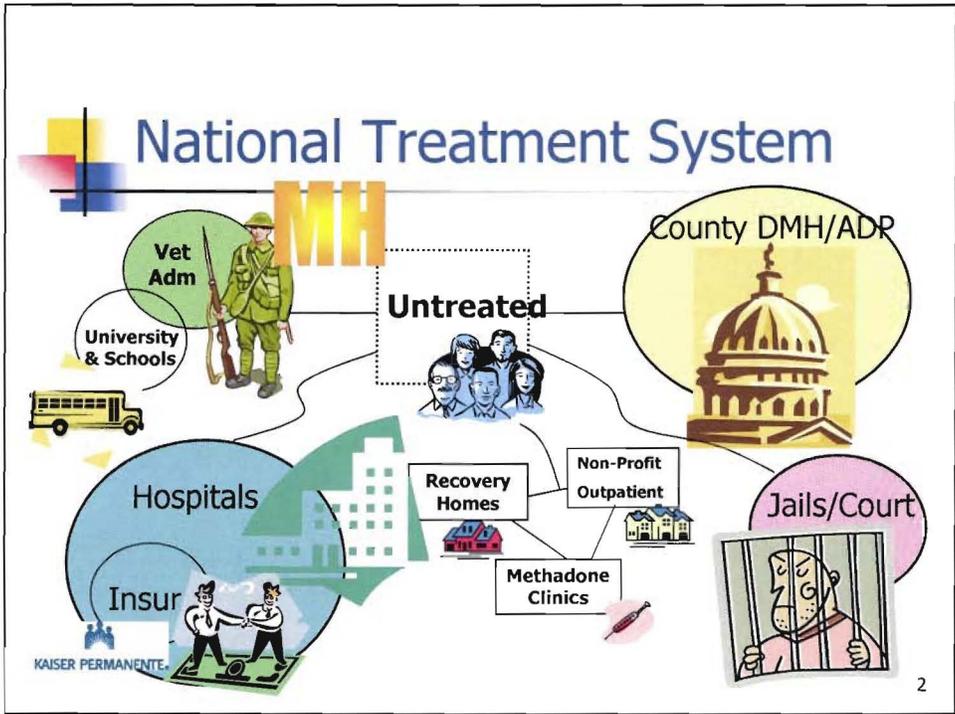
MHSOAC 3-22-2012 Special Briefing

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KAISER PERMANENTE.

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To Achieve the Promise...



"To achieve the promise of community living for everyone, **new service delivery patterns and incentives must ensure that every American has easy and continuous access** to the most current treatments and best support services."

-Presidents New Freedom Commission on Mental Health (2003)

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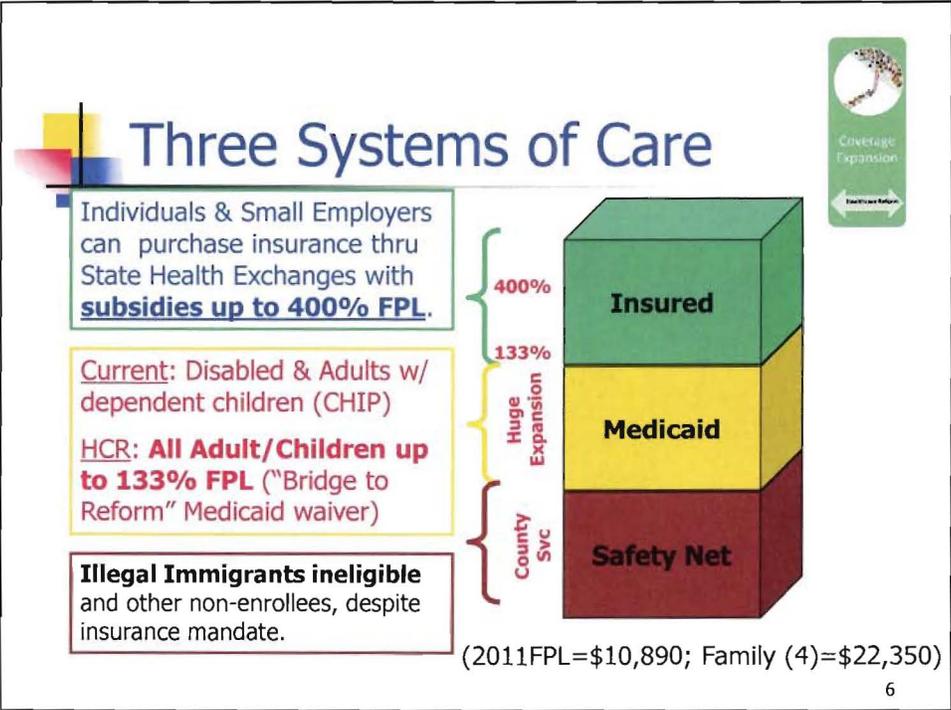
To Achieve the Promise...

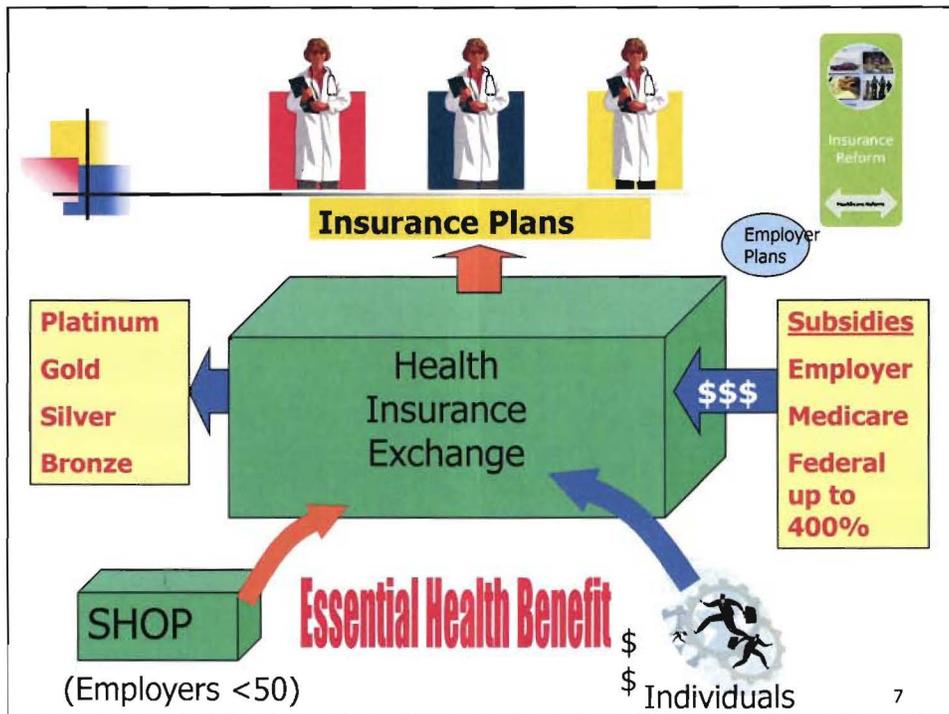


"**Health care** for general, mental, and substance-use problems and illnesses **must be delivered with an understanding** of the inherent interactions between the ***mind/brain and the rest of the body.***"

--The Institute of Medicine, 2006

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- ## Essential Health Benefits
- Ambulatory patient services
 - Emergency services
 - Hospitalization
 - Maternity and newborn care
 - **Mental health and substance use disorder services, including behavioral health treatment**
 - Prescription drugs
 - **Rehabilitative and habilitative services and devices**
 - Laboratory services
 - Preventive and wellness services and chronic disease management, and
 - Pediatric services, including oral and vision care
- Insurance Reform

Mental Health Parity and Addiction Equity Act (2008)

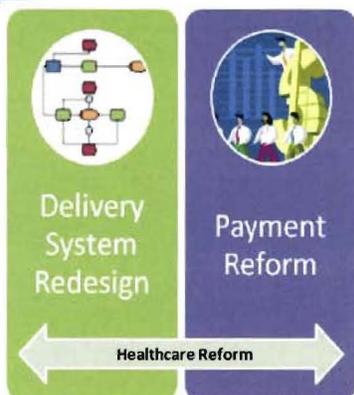


1. MH/SUD **deductibles and co-payments and treatment limitations** (e.g., # visits or days) **must be no more restrictive** than the medical/surgical benefits
2. Standards for MH/SUD **medical necessity** determinations must be disclosed.
3. Exception: May not apply to small employers <50 workers (?)

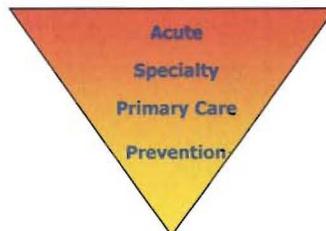


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US Healthcare's "Root" Problem



- **Lack of Access**
- **Overuse Hi-Cost Svcs**
- **Underuse Prevention**
- **Excessive Medical Errors due to poor coordination**



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Service Delivery Redesign



Institute of Healthcare Improvement (IHI)* "Triple Aim"

1. Improve the health of the population
2. Enhance the patient care experience
(includes quality, access, reliability)
3. Reduce per capita cost of health care



Donald Berwick, MD; IHI Founder and [current CMS Administrator](#)

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"Pay for Performance"

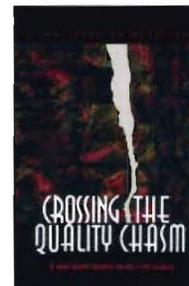


Berwick's vision for health care incorporates the [Institute of Medicine's](#) Six Aims to make health care systems accountable.

Promote Care: Safe, effective,
patient-centered, timely,
efficient, and equitable.



IOM 2001, 2006



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Patient Centered Medical Home

In 2007, the [American Academy of Family Physicians](#), [American Academy of Pediatrics](#), [American College of Physicians](#), and [American Osteopathic Association](#) released the *Joint Principles of the Patient-Centered Medical Home*.

1. **Personal physician**
2. **Physician directed medical practice**
3. **Whole Person orientation**
4. **Coordinated/Integrated Care**
5. **Quality and Safety**
6. **Enhanced Access**
7. **Payment for Value-added**

Medical Homes

Joint Principles on Medical Home , 2007

Electronic Health Records

FlowSheet: ALCOHOL SCREENING | QUALITY OUTREACH-SUPPORT STAFF | Quality Outreach-Provider

ALCOHOL SCORE:		07/19/10
Daily Limits:		1400
Weekly Limits:		Daily Limits:
Dependence Risk:	(Male 18-65) How many times in the past year have you had 5 or more drinks a day?	2
Actions Performed:	(Female 18-65) How many times in the past year have you had 4 or more drinks a day?	0
	On a typical drinking day, how many drinks do you have?	Weekly Limits:
	On average, how many days a week do you have an alcoholic drink?	Dependence Risk:
	In the past year, have you sometimes been under the influence of alcohol in situations where you could have been often been times when you had a lot more to drink than you intended to have?	
	In the past year, have you sometimes been under the influence of alcohol in situations where you could have caused an accident or gotten hurt?	
	Was an intervention performed?	
	Was patient referred to CD Services?	

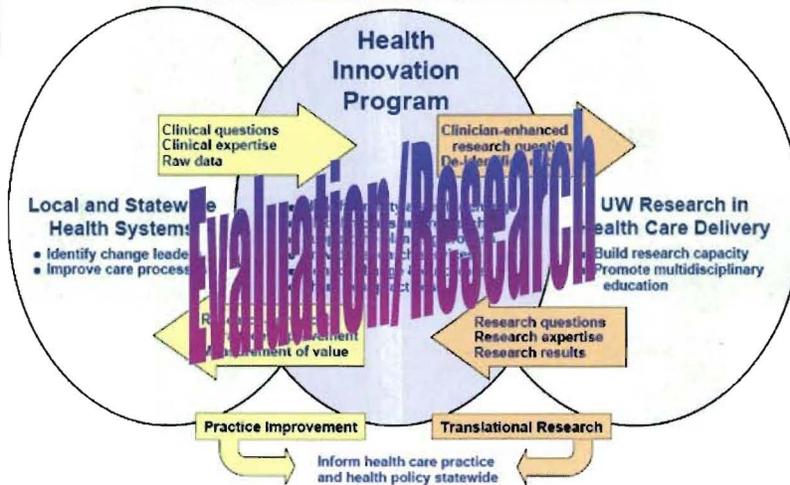


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Health Innovation Program

Integrating research and practice in health care

To create a national model of excellence in health innovation that inspires and supports improvements in local and statewide health care delivery in Wisconsin



(Univ Wisconsin, Health Innovation Program; www.hip.wisc.edu)

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National Healthcare Reform Four Key Strategies



Patient Protection and Affordable Care Act, enacted March 21, 2010

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Key Steps in HCR



1. **Eligibility/Outreach**
2. **Essential Health Benefits**
3. **Mental Health Parity implementation**
4. **Hospital & Clinic "competency"**
5. **HIE & ACO Outcomes**
6. **Health Plan Oversight/Consumer Advocacy**

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