

California Youth Empowerment Network (CAYEN)

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MENTAL HEALTH ASSOCIATION OF CALIFORNIA

**MHSOAC Meeting
September 27, 2012**



Purpose

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- To review the draft Scope of Work
- Consider the proposed motion

CAYEN Contract

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Supports:

- Transition age youth (TAY) advocacy efforts in the mental health system
- Ensures counties include TAY in community planning for mental health services
- Services that young people say work are identified and put into practice

Background

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- CAYEN supported through DMH since 2007-08
- In 2011-2012, the contract with DMH was eliminated when the contract was misclassified as an admin contract when the statewide amount allocated for admin decreased from 5% to 3.5%

FY 2012-2013 Budget

- On April 12, 2012, the Senate Health and Human Services Subcommittee #3 voted to adopt a motion to "reinstate this contract for \$300,000 at the MHSOAC."

Contract Deliverables

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1. Expanding Outreach to TAY
2. Social Media Outreach
3. Extending Advocacy Network
4. CAYEN Board Support
5. Local Advocacy Training
6. Art With Impact
7. Strategic Planning Meeting
8. Skill Building Seminars
9. Conference Attendance
10. Provide TAY Voice/Perspective to Policy Makers (Statewide & Local)

Deliverable 1 Expanding Outreach to TAY

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- Develop strategic plan to provide the youth perspective on mental health issues
 - Surveys
 - Reports

Deliverable 2
Social Media Outreach


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- **Maintain a website that provides a user friendly repository of mental health information, which will include:**
 - Resources for TAY related to mental health
 - Legislation and Policy Issues of interest/relevance to TAY
 - Information on how youth can become involved in their local mental health planning process

Deliverable 3
Extending Advocacy Network


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- **Develop a directory of drop-in centers across the state**
 - Specifically serving TAY
- **Conduct quarterly forums with drop-in center serving TAY**
- **Provide forum report to MHSOAC staff**

Deliverable 4
CAYEN Board Support


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- **Support the growth of CAYEN Board through mentoring and leadership development**
- **Recommend, educate and support Board members to apply for committees, boards and advisory councils within MHSA at local and State level**

Deliverable 5
Local Advocacy Training


STATE OF NEW YORK

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- Develop curriculum designed to educate TAY on methods and effective strategies to advocate for themselves regarding mental health issues in their communities
- Teach the curriculum in local communities at youth service provider agencies:
 - Four different geographic regions across the state
 - Total of four trainings

Deliverable 6
Art With Impact


STATE OF NEW YORK

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- Work with an Art With Impact organizer to create a community specific outreach strategy to involve TAY at local Art with Impact events
- Promote attendance at Art with Impact Events

Deliverable 7
Strategic Planning Meeting


STATE OF NEW YORK

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- Support, organize and staff the CAYEN Board annual three day strategic planning meeting
- Meeting will focus on:
 - Training
 - Networking
 - Strategic Planning
 - Priorities and Decision Making
 - Educating TAY on Mental Health Policy Issues

Deliverable 8
Skill Building Seminar

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STATE OF MARYLAND

- Conduct two skill building seminars yearly for CAYEN members on topics such as advocacy, leadership, and other topics identified by the CAYEN board and pre-approved by the MHSOAC.

Deliverable 9
Conference Attendance

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STATE OF MARYLAND

- Attend up to four conferences yearly for staff
- A minimum of two conferences for CAYEN Board Members
 - Goal of increasing exposure and familiarity with mental health issues and providing networking opportunities for TAY

Deliverable 10
Provide TAY Voice/Perspective to Policy Makers (Statewide/Local)

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STATE OF MARYLAND

- Provide consultation to MHSOAC, CMHDA, DHCS, OSHPD and other relevant stakeholders on TAY mental health policy issues

Proposed Motion

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- The MHSOAC authorizes the Executive Director to execute the contract with Mental Health Association of California on behalf of California Youth Empowerment Network for three years or \$300,000 per year for the deliverables outlined by staff.
