



Mental Health Services Act Impact on Reducing Disparities in Access Evaluation

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**Presentation to the Cultural and Linguistic
Competence Committee**

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Agenda

- **Purpose of Evaluation**
- **Aims and Deliverables**
- **Current Status**
- **Next Steps**



Purpose of Evaluation

To aid the Mental Health Services Oversight and Accountability Commission (MHSOAC) in its efforts to explore the impact of

- the Mental Health Services Act (MHSA), and
- state and local policies and practices

on disparities in

- access to treatment services and
- the quality of the outcomes of the public mental health system



Targeted Disparities

- Age, gender, ethnicity, and primary language at county, state, region, and state-wide levels
- Pending data availability, we will explore sexual orientation/gender identity, country of origin, and relationship status



Methodology

Mixed-Methods Approach

- Quantitative analyses of statewide data (Deliverable 1)
- Qualitative, Community-Based Participatory Research (CBPR) (Deliverable 2)



Aims/Guiding Questions: Deliverable 1

- Did the MHSA have an impact on reducing disparities in access to care in California?
- What are the mental health needs for racial, ethnic, language, gender and age sub-groups in California?



Quantitative Analyses

Deliverable 1a: In-depth analysis of trend information on access for all clients and access based on new admissions

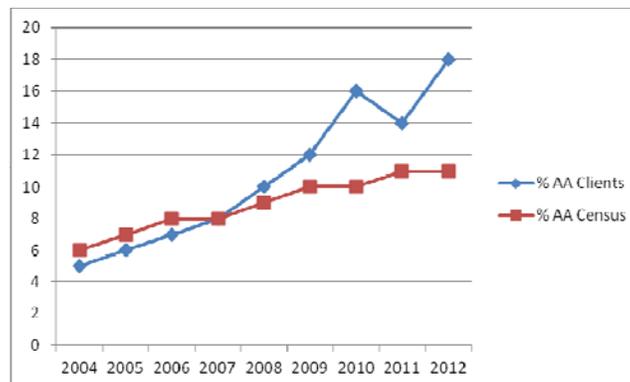
Data Source: Client Services Information (CSI) database

- Gender, race, ethnicity, language, nativity status



Quantitative Analyses

Deliverable 1a: In-depth analysis of trend information on access for all clients and access based on new admissions





Quantitative Analyses

Deliverable 1a: In-depth analysis of trend information on access for all clients and access based on new admissions

- Focus on mental health need

Data Source – California Health Interview Survey (CHIS) data

- 2005, 2007, 2009, 2011
- Psychological distress – Kessler 6 (K6)
- Sheehan Disability Score



Quantitative Analyses

Deliverable 1b: Questions

- How does the county's reported population compare to the 2010 U.S. Census population? The California Department of Finance population?
- What groups did each county target for reducing disparities? How well does this align with the trends in access disparities identified in deliverable 1a?
- How does the county's workforce compare to the general population? The Medi-Cal population? The MHSA/CSS population?

Data Source – Cultural Competence Plans



Quantitative Analyses

Deliverable 1c:

Report on data sources, limitations and recommendations



Milestones & Current Status

- **UCD IRB approval obtained**
- **CSI – Downloaded data, will start cleaning for analysis**
- **CHIS – Submitted UCLA Data Analysis Application, awaiting result**
- **Cultural Competence Plans – Reviewed reported demographic information and source of information**



Deliverable 2:

Analysis of Client and Family Member Perspectives Regarding Impact of the Mental Health Services Act on Disparities in Access

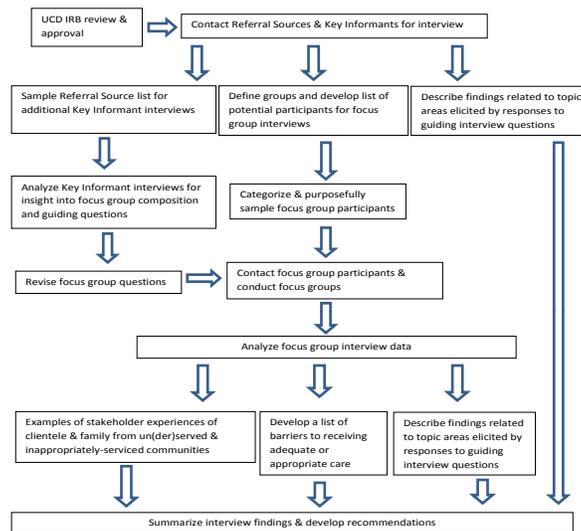


Aims/Guiding Questions: Deliverable 2

- **What are barriers to effective delivery of mental health care for the diverse populations served? In what ways has the MHSA helped to mitigate barriers for the un-served, underserved, and inappropriately served who seek care?**
- **What are the greatest successes and accomplishments of MHSA with regard to addressing health disparities for diverse populations? What are the gaps or issues yet to be addressed, and barriers to addressing these?**
- **In what ways does MHSA promote needs assessment of diverse communities? What factors are most important in the assessment of needs in diverse communities, and are these factors important across all communities?**



Diagram of Analytic Plan for Deliverable 2



Deliverable 2: Milestones Met

- UCD IRB approval obtained
- UCD External Advisory Committee established
- 11 Referral Sources contacted
 - List of additional Key Informants
 - Suggestions for focus group participants
- 70% Key Informant interviews completed



Deliverable 2: In Process

Key Informant interviews (n=20)

- Completion of Key Informant interviews
- On-going, grounded theory analysis of interview data

Focus Group interviews (n=3)

- Finalize list of potential participants to be discussed with External Advisory Committee & OAC
- Revision of focus group questions provided in the analytic plan

Communication with and incorporation of feedback from External Advisory Committee & OAC



Next Steps (August – November)

- Complete interviews & conduct focus groups
- Engage in data analyses (quantitative & qualitative)
- Write up preliminary data analyses
- Provide OAC with preliminary analyses
- Share report with UCD external advisory committee for review



Thank You!!!