

National Alliance on Mental Illness (NAMI), California

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**MHSOAC MEETING
MARCH 28, 2012**



Purpose

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- To review the draft Scope of Work
- Consider the proposed motion

NAMI Contract

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Supports:

- Inclusion of people living with mental illness and their families in mental health community planning and policy considerations
- Support, information, and opportunities for constituents to ensure that their voices are heard by policy makers on issues relevant to Prop 63 mental health treatment provisions

Background

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Contract

- NAMI was previously supported through DMH
- With the elimination of DMH, this contract was assigned by the Governor and Legislature to the MHSOAC for specific organization and dollar amounts
- The MHSOAC now has responsibility to administer this contract and has developed the following strengthened deliverables

Contract Deliverables

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1. Trainings, Workshops, Courses and Evaluation for Expansion and Diversification of Peer to Peer Program
2. Conduct Connections Support Group
3. Recruitment and Trainings for Family Program: Family-to-Family
4. Recruitment and Trainings for Family Program: Support Group
5. Recruitment and Trainings for Family Program: Basics
6. Assist with MHSOAC Evaluation Efforts
7. Recruitment and Trainings for Advocacy Program(s)
8. Maintain NAMI California Website and Outreach Activities
9. Develop MHSA Survey of County MHSA Programs

Deliverable 1 : Trainings, Workshops, Courses and Evaluation for Peer-to-Peer Program



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- **Trainings for Mental Health Consumers to become Peer-to-Peer Mentors**
 - Reduce stigma and discrimination and facilitate greater peer empowerment in recovery
 - 6 peer trainings per contract year, totaling a minimum of 96 mentors per year, and 288 for the entire 3 year contract
 - Monthly Reports
- **Assist smaller affiliates with contract-funded grants to build their capacity to hold Peer-to-Peer programs in their local area**
 - Quarterly Reports
- **Annual Evaluation Report**

Deliverable 2: Conduct Connections Support Group



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- **Recruit and continually train Connection Facilitators**
 - Recruitment to support growth of Connection groups representative of unserved and underserved communities throughout the State
 - Train 36 Connection Facilitators each contract year, for a total of 108 facilitators over the 3 year contract
- **Assist smaller affiliates with contract-funded grants to build their capacity to conduct Connection Support group programs in their local area**
- **Monthly Report**

Deliverable 3: Recruitment and Trainings for Family Program: Family-to-Family



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- **Trainings for family members to become recovery facilitators**
 - Instruction will be taught by the Family Program Coordinator and two State Teacher Trainers
 - 7 family trainings per contract year, totaling a minimum of 140 teachers per year, and 420 for the entire 3 year contract
 - Seek recommendations for trainees from affiliates, organizations, and representatives from unserved and underserved communities throughout the state
- **Assist smaller affiliates with contract-funded grants to build their capacity to conduct Family-to-Family programs in their local area**
- **Monthly Report**

Deliverable 4: Recruitment and Trainings for Family Program-Support Group



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- **Trainings for Family Support Group Facilitators**
 - 3 facilitator trainings per contract year, totaling 54 facilitators per year, and 162 for the entire 3 year contract
 - Seek recommendations for family facilitators from affiliates, organizations, and representatives from unserved and underserved communities
- **Assist smaller affiliates with contract-funded grants to build their capacity to conduct Family Support Group programs in their local area**
- **Provide an evaluation of the effectiveness of each course**
- **Monthly Report**

Deliverable 5: Recruitment and Trainings for Family Program - Basics



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- **Trainings for Family Basics Teachers**
 - Two 2 ½ day trainings
 - Basics Teachers should be family members of children or adolescents living with mental illness to become teachers
 - Seek recommendations for Basics Teachers from affiliates, organizations, and representatives from unserved and underserved communities throughout the state
- **Assist smaller affiliates with contract-funded grants to build their capacity to conduct Family-Basics programs in their local area**
- **Provide an evaluation of the effectiveness of each course**
- **Monthly Report**

Deliverable 6: Assist with MHSOAC Evaluation Efforts



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- **Be an active member of the PEERS' Stakeholder Advisory Committee (SAC)**
 - Work with SAC Project team and under guidance of the Evaluators, assist with the development of three different methodologies to collect meaningful data
 - Meet with the SAC Project team to review and provide input on the draft of the inventory summary report

Deliverable 6: Assist with MHSOAC Evaluation Efforts (Cont.)



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- **Be an active member of the Executive Subcommittee of the SAC**
 - Work with Project team to create training products or curricula for consumers (these products will be provided to counties for their information)
 - Participate in project team meetings with SAC to revise curricula, participants' learning materials and facilitators guides
 - Attend an in-person meeting to design the approach to establish an expert pool and how to best utilize the expert pool

Deliverable 7: Recruitment and Trainings for Advocacy Programs



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- **Develop and maintain a pool of NAMI advocates**
 - The pool of advocates will receive monthly calls and e-mail notifications regarding MHSA, MHSOAC and legislative issues
- **Attend local, State and MHSOAC-specific meetings**
- **Conduct a minimum of 6 meetings per year throughout the state targeting areas that are underserved or unserved**
- **Conduct 6 regional meetings throughout the State for:**
 - Advocacy Trainings
 - Open forum for NAMI and stakeholder feedback on critical issues taken on by the MHSOAC
 - Collaboration between local county mental health departments and NAMI stakeholders

Deliverable 7: Recruitment and Trainings for Advocacy Programs (Cont.)



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- **Recruitment for the 6 Regional Meetings:**
 - Leadership from local NAMI stakeholder groups and County Mental Health Staff
 - Participants from diverse communities across the age span
- **Disseminate MHSA information via NAMI California's:**
 - Weekly and Monthly e-newsletters
 - Social media networks,
 - E-mail
 - Website

Deliverable 8: Maintain NAMI California Website and Outreach Activities



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Website

- Include consumer and family recovery stories of inspiration and hope
- Provide translations of culturally sensitive content in Spanish, Chinese, Tagalog, and Korean languages
- Produce electronic NAMI California newsletter
- Develop interactive features and work with mental health partners to improve functionality of site
- Monthly Reports of Website Activities for the MHSOAC

Deliverable 8: Maintain NAMI California Website and Outreach Activities (Cont.)



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Outreach Activities

- Use radio announcements in addition to signage advertising to inform individuals that translated materials are available on their website
- Produce transit advertising that will draw unserved and underserved communities to their website and community mental health services
- Monthly Reports of Outreach Activities for the MHSOAC

Deliverable 9: Develop MHSA Survey of County MHSA Programs



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- **Survey county Mental Health Departments throughout California to compile data on MHSA funded programs**
 - Assure program accuracy and quality delivery through MHSOAC and Stakeholder feedback
 - Submit a draft of the survey to the MHSOAC for review
 - Provide hardbound copies of the approved survey to the MHSOAC as well as to 67 NAMI California Affiliates and 58 County Mental Health Directors
 - Provide PDF file of approved survey on the NAMI California website for community to download at no cost
- **Prepare an Annual Report on the types MHSA programs available in each county based on the data collected from the survey**

Proposed Motion

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- **The MHSOAC authorizes the Executive Director to execute the contract with NAMI California for three years for a total amount of \$2,008,197 and an annual amount of \$669,399 for the deliverables outlined by staff.**