

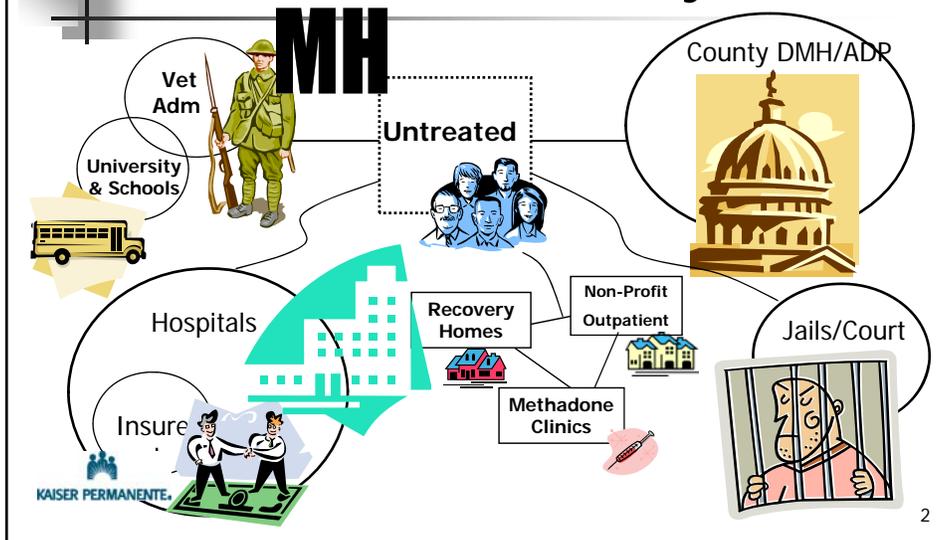
Introduction to Health Care Reform

David Pating, MD

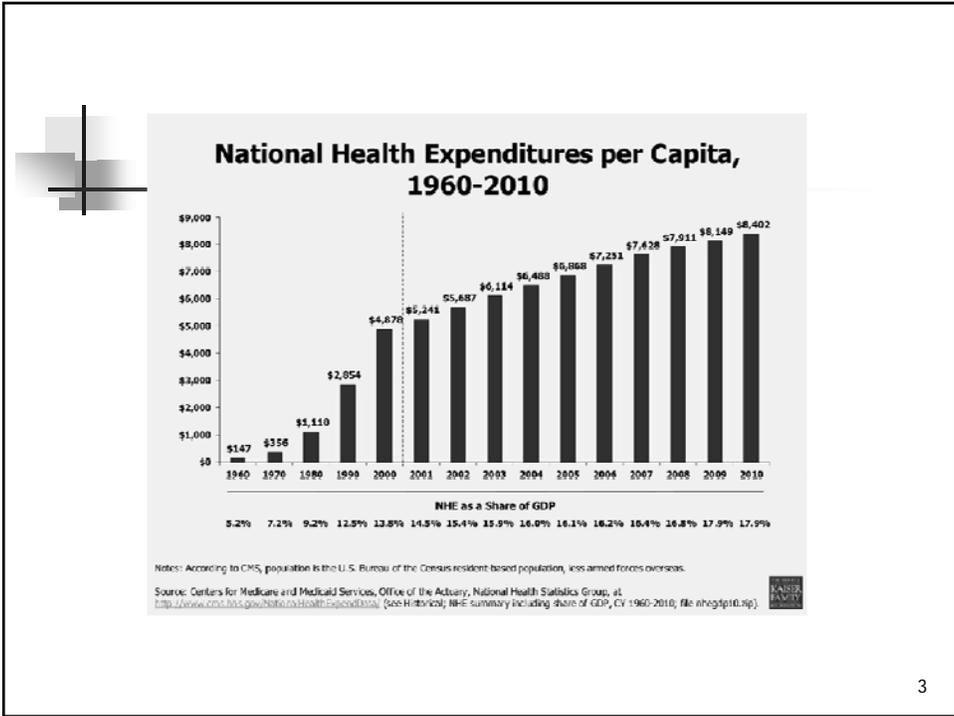
For MHSOAC Services Committee
6/19/2013

1

National Treatment System



2



COSTS

US Health Care Spending per Person 1960-2010

HEALTH CARE AS A SHARE OF GROSS DOMEST PRODUCT

Half of the US Population Accounts for 97.1% of Health Care Spending

Group	Percentage of Population	Spending per Person Annually
Half the Population	97.1%	\$1,951 or More
The Other Half	2.9%	\$1,951 or More
The Top 1% of Health Spenders	-	\$1,951 or More

Health Care Spending per Person Continues to Grow Faster Than the Economy

Period	Health Care Spending Growth	Economy (GDP) Growth
2000-2010	8.2%	7.4%
1970-2010	8.7%	5.5%

Health Care Costs Putting Pressure on US Families

Half say if they or a family member have put off health care because of cost, including:

- Relying on home remedies or over-the-counter drugs instead of going to the doctor: 98%
- Skipping dental care or check-ups: 80%
- Postponing needed health care: 79%
- Missing a recommended test or treatment: 75%
- Not filling a prescription: 74%
- Cutting pills in half or skipping doses: 70%

Per Capita Health Care Spending by Country | 2010

Health Insurance Premiums: 2002 vs 2012

Year	Family Coverage Premium	Individual Coverage Premium
2002	\$2,137	\$2,864
2012	\$5,745	\$11,428

Source: Kaiser Family Foundation (<http://www.kff.org>) analysis. Original data and detailed source information are available at http://facts.kff.org/jama_092612.

Goal of Service Delivery Redesign

Institute of Healthcare Improvement (IHI) * “Triple Aim”

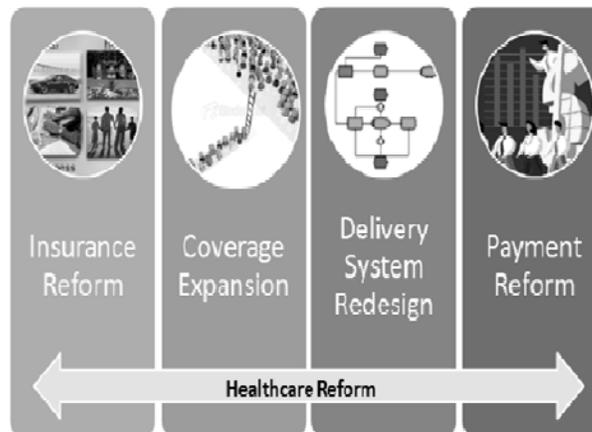
1. Improve the health of the population
2. Enhance the patient care experience
(includes quality, access, reliability)
3. Reduce per capita cost of health care



Donald Berwick, MD; IHI Founder and former CMS Administrator

5

National Healthcare Reform Four Key Strategies



Patient Protection and Affordable Care Act, enacted March 21, 2010

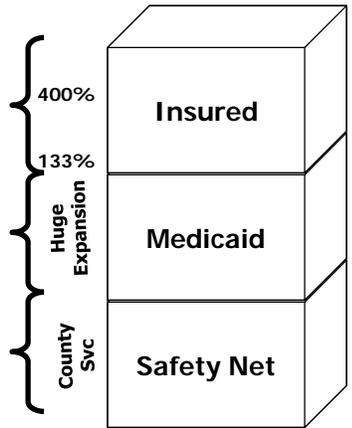
6

Three Systems of Care

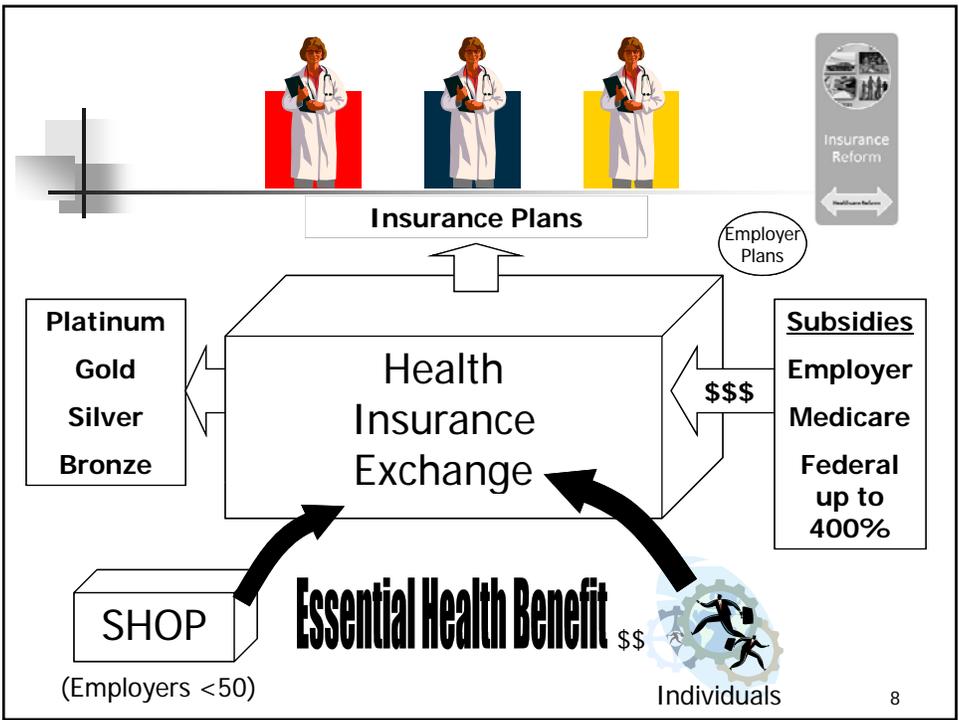
Individuals & Small Employers can purchase insurance thru State Health Exchanges with **subsidies up to 400% FPL.**

Current: Disabled & Adults w/ dependent children (CHIP)
 HCR: **All Adult/Children up to 133% FPL** ("Bridge to Reform" Medicaid waiver)

Illegal Immigrants ineligible and other non-enrollees, despite insurance mandate.



(2011 FPL=\$10,890; Family (4)=\$22,350)



Mental Health Parity and Addiction Equity Act (2009)



1. MH/SUD deductibles and co-payments and treatment limitations (e.g., # visits or days) must be no more restrictive than the medical/surgical benefits
2. Standards for MH/SUD medical necessity determinations must be disclosed.
3. Exception: Does not apply to small employers <50 workers(?)



9

Accountable “Pay for Performance”

Berwick's vision for health care adapts the Institute of Medicine's six improvement aims for the health care system.

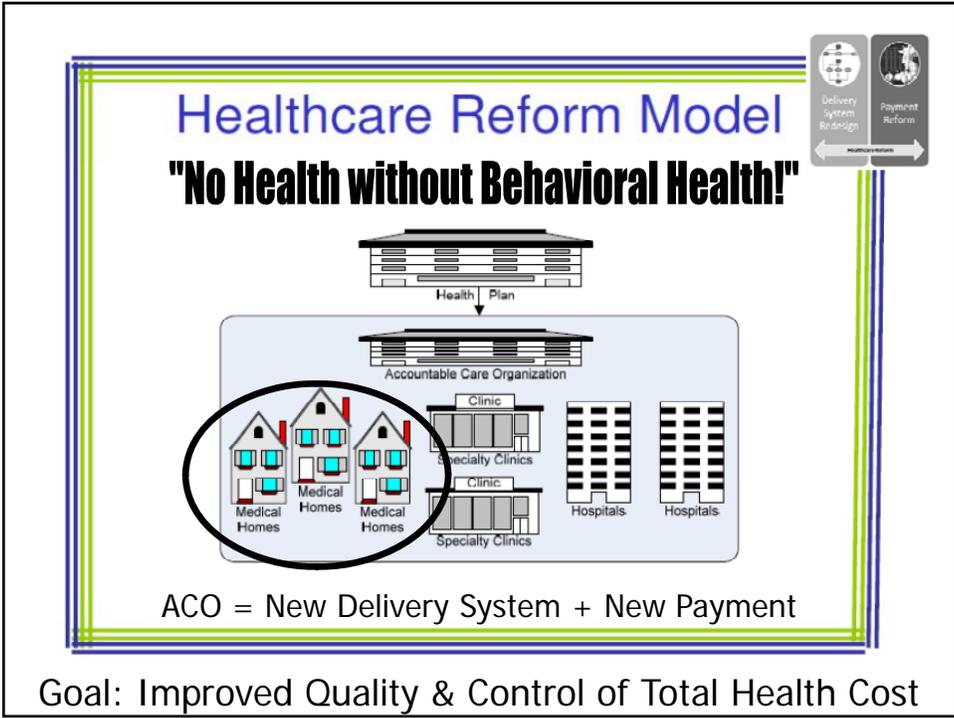
Promote Care: Safe, effective,
patient-centered, timely,
efficient, and equitable.



IOM 2001, 2006



10



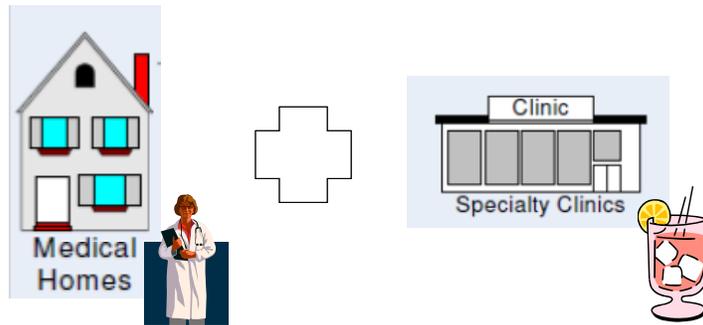
Patient Centered Medical Home

In 2007, the American Academy of Family Physicians, American Academy of Pediatrics, American College of Physicians, and American Osteopathic Association released the *Joint Principles of the Patient-Centered Medical Home*.

1. **Personal physician**
2. **Physician directed medical practice**
3. **Whole Person orientation**
4. **Coordinated/Integrated Care**
5. **Quality and Safety**
6. **Enhanced Access**
7. **Payment for Value-added**

Joint Principles on Medical Home , 2007

Bidirectional Medically Integrated Behavioral Treatment



Attached Adult Primary Care Module to Substance Abuse Partial Day Hospital Outpatient Tx (PPC 2.0)

13

Linked via Electronic Health Record

Howsheet: ALCOHOL SCREENING | QUALITY OUTREACH SUPPORT STAFF | Quality Outreach Provider

ALCOHOL SCORE		07/19/10
Daily Limits:		1400
Weekly Limits:		Daily Limits:
Dependence Risk:	(Male 18-65) How many times in the past year have you had 5 or more drinks a day?	?
Actions Performed:	(Female 18+) and (Male 66+) How many times in the past year have you had 4 or more drinks a day?	1
	On a typical drinking day, how many drinks do you have?	Weekly Limits:
	On average, how many days a week do you have an alcoholic drink?	Dependence Risk:
	In the past year, have you sometimes been under the influence of alcohol in situations where you could have there often been times when you had a lot more to drink than you intended to have?	
	In the past year, have you sometimes been under the influence of alcohol in situations where you could have caused an accident or gotten hurt?	
	Was an intervention performed?	
	Was patient referred to CD Services?	

144

Key Steps in HCR



1. **Establish Health Benefits**
 - Essential Health Benefits
 - Medi-caid Expansion
2. **Implement Mental Health Parity**
 - Federal Interpretation of MHPAEA
 - Regulatory oversight
3. **Assure Eligibility and Outreach**
 - Call Centers, Navigators & Assistors
1. **Build Industry “competency”**
 - Insurance readiness, PCP integration, Workforce development
 - Health Information Technology/42CFR
2. **HIE & ACO Outcomes**
 - HIE: Coverage, Affordability, Comprehensive, Access
 - ACO/CMS: MH/SA specific outcomes
 - State: Global MH Outcomes (w/ MHSOAC?)

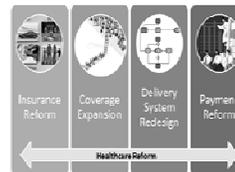
15

Health Reform Meets Main St.

Health Reform Meets Main Street

“Confused about how the new health reform law really works? This short, animated movie -- featuring the “YouToons” -- explains the problems with the current health care system, the changes that are happening now, and the big changes coming in 2014. Written and produced by the Kaiser Family Foundation. Narrated by Cokie Roberts, a news commentator for ABC News and NPR and a member of Kaiser’s Board of Trustees. Creative production and animation by Free Range Studios.”

<http://www.youtube.com/watch?v=vmdblW00zs>



Reimbursement
Incentives
Regulations

16