



# Momentum

for Mental Health

Momentum for Mental Health exists to help individuals achieve mental and emotional health, discover and reach their potential, and fully participate in life.

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## Agency Mission Statement

Helping individuals achieve mental and emotional health, discover and reach their potential, and fully participate in life.

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## About Momentum

- The largest, private nonprofit agency providing mental health services to adults in Santa Clara County.
  - A staff of over 340 employees representing 18 languages, including American Sign Language.
  - Multiple locations throughout Santa Clara County with 24-hour availability to provide easy client access.
  - Annual budget of over \$26 million.
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## Our Work

Every year Momentum serves over 3,800 adults, older adults and youth at sites located in Santa Clara County, California



Momentum provides the following services:

- Crisis Residential
  - Licensed Board and Care
  - Supported Housing
  - Day Rehabilitation
  - FSP-90
  - FSP Adult
  - FSP TAY
  - Traditional Outpatient
  - Employment Services
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# Full Service Partnership-90

(FSP-90)

Pilot Program: 2009

Created as an alternative service design that would provide effective community based intervention to people currently housed in Institutions for Mental Disease (IMD), Emergency Psychiatric Services (EPS) or Acute Hospitals that were slated to return to the IMD because of their perceived inability to live successfully in the community.



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## Overview of the Program

- Serves 30 Consumers
- 90 Day Program
- Consumers have histories of homelessness, substance misuse, and will have demonstrated minimal engagement with traditional outpatient mental health supports
- At the end of 90 days, consumers continue receiving support with recovery services in order to successfully live in the community outside of the locked setting

Primary Objective:

With the right type of intensity and support, consumers can successfully maintain residency in the community and significantly reduce utilization of services in locked and inpatient settings.



## Treatment Team



- Personal Service Coordinator (PSC)
- Licensed Clinician
- Psychiatrist
- Manager
- Administrative Support
- 24/7 on-call support

## What we do

### Interventions:

- 1:1 Support
- Crisis Management
- Clothing
- Reintegration
- Finances
- Skill-Building
- Hygiene/Grooming
- Collaboration
- Linkage to Ongoing Mental Health Case Management Services
- Medical
- Dental
- Housing
- Outings



## Our Values



Meet People Where They Are At"

"Do Whatever It Takes"

Harm Reduction

Risk Management

Empowerment!

## Goals

### Short-Term

- Provide supports that will help consumers to live successfully in the community.

### Long-Term

- Assist participants in regaining hope, developing autonomy, and taking personal responsibility.

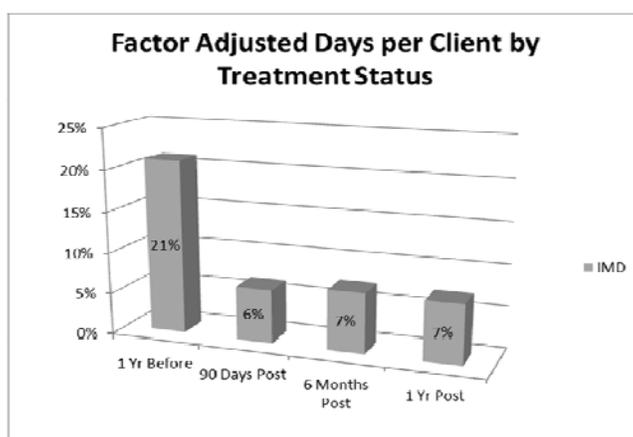


## Collection of Data

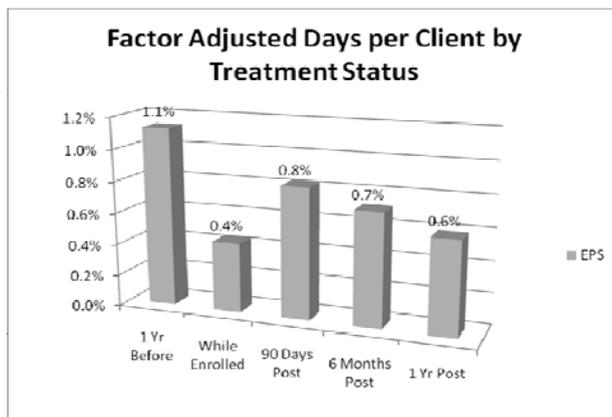
Data was collected from 315 clients enrolled in FSP-90 services.



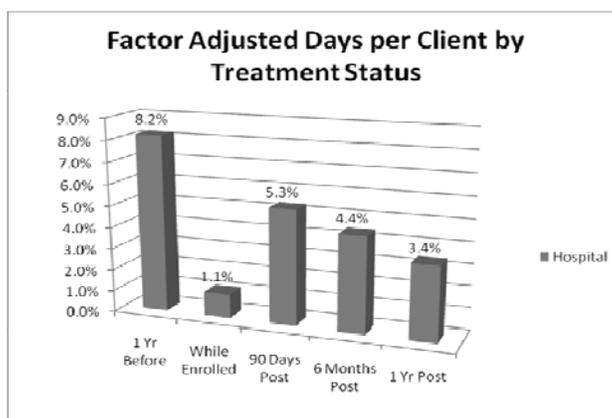
## Results: IMD



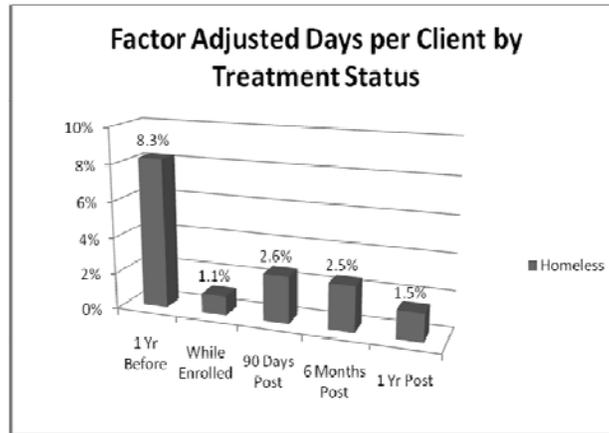
## Results: EPS



## Results: Hospital



## Results: Homelessness



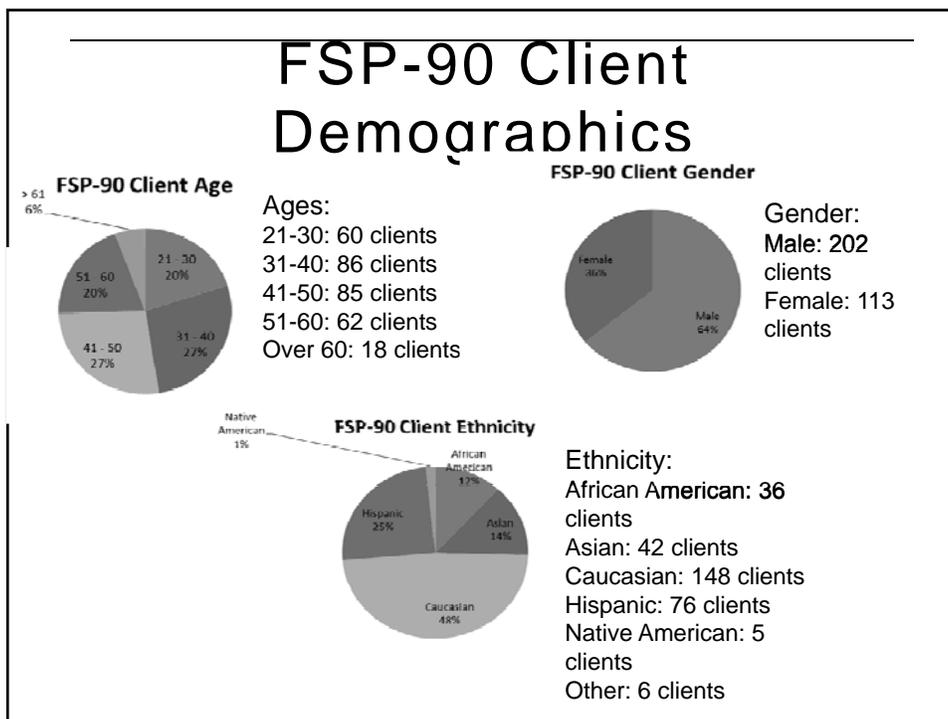
## Cost Savings

|                     | Pre-Enroll Equivalent | While Enrolled Equivalent | 90 Days Post-Enroll Equivalent | 6 Months Post-Enroll Equivalent | **Cost per Day |   | Savings While Enrolled | Savings 90 Days Post | Savings 6 Months Post | Savings While Enrolled + 6 Months Post |
|---------------------|-----------------------|---------------------------|--------------------------------|---------------------------------|----------------|---|------------------------|----------------------|-----------------------|--|
| IMD Days            | 48294                 | 24                        | 3631                           | 8248                            | \$192          | * | \$1,145,215.81         | \$797,661.36         | \$1,531,926.44        | \$2,677,142.25                         |
| EPS Days            | 2586                  | 249                       | 466                            | 817                             | \$1593.84      | * | \$37,472.03            | \$16,496.62          | \$45,845.10           | \$83,317.13                            |
| Acute Hospital Days | 18832                 | 614                       | 2997                           | 4993                            | \$2,104        | * | \$388,311.46           | \$158,702.79         | \$426,140.67          | \$814,452.13                           |
| <b>TOTAL</b>        | <b>69712</b>          | <b>886</b>                | <b>7093</b>                    | <b>14057</b>                    |                |   | <b>\$1,570,999</b>     | <b>\$972,860</b>     | <b>\$2,003,912</b>    | <b>\$3,574,911</b>                     |

\*Bed only, excludes all other costs

\*\* Santa Clara County Department of Mental Health 2013 Estimated Rates

These are estimates based on projections of data if N=315 at completion.



## Contact Information

Eleonore Pace  
 Program Director  
 (408) 510-7080 ext 4232

David Balicki  
 Program Manager  
 (408) 510-7080 ext 4216

945 West Julian Street  
 San Jose, Ca 95126

