

---

# 2A

## Action

August 28, 2014 Commission Meeting

### Approve Tri City Innovation Plan

---

**Summary:** The Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) will consider approval of Tri City's two Innovation Programs: Cognitive Remediation Therapy Program, for three years with an estimated total expense of \$803,105; and, the Employment Stability Program, for three years with an estimated expense of \$777,833. Staff reviewed the city's two plans and recommends that the Commission approve a cumulative total for the two plans of \$1,580,938 over three years. These Innovation Programs comply with all Mental Health Services Act (MHSA) requirements.

The Cognitive Remediation Therapy Program is designed to increase the quality of services, including measurable outcomes by combining two existing evidence-based practices, Cognitive Enhancement Therapy and Cognitive (CET) Behavioral Treatment for Psychosis. This project will test if addressing both cognitive impairment and psychotic symptoms at the same time will improve outcomes for participants who experience psychosis. This program will also test if the combination of treatments can be beneficial to a broader group of participants than generally meet the eligibility standards for CET treatment.

The Employment Stability Program strives to promote interagency collaboration while focusing on the engagement of employers in an adaptation of a supportive employment program for individuals with a serious mental illness. This program intends to find the most effective approaches to work with employers in cooperative ways that reduce stigma toward mental illness and ensure that people with mental illness get and sustain appropriate employment. One strategy is to build a cohort of employers and engage them in the design of the curriculum which will then be taught to the clients and potential employees.

**Enclosures:** Innovation Plan Approval Summary:  
Tri City Innovation

**Handout:** A PowerPoint will be provided as a handout at the Commission meeting.

**Recommended Action:** Approve Tri City's Innovation Plans in the amount of \$1,580,938 over a three year period.

**Presenter:** Dr. Deborah Lee, MHSOAC Consulting Psychologist, Jose Oseguera, MHSOAC Chief of Plan Review and Committee Operations.

**Motion:** The MHSOAC approves the Tri City Innovation Plans for the amount of \$1,580,938 over a period of three years.