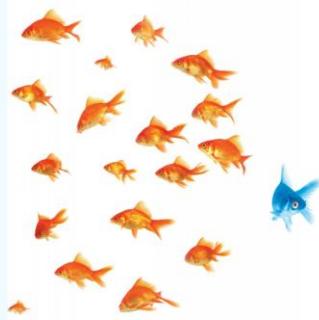


MHSA Innovative Programs



WELLNESS • RECOVERY • RESILIENCE

MHSA Innovation Promise and Potential

Why Innovation?

- What we don't know exceeds what we know
- Creativity of community
- Transformation: develop and evaluate new mental health practices, encourage adoption throughout California

Challenge to public sector innovation

- Every county creates, innovates
- Some Innovative Programs won't work
- Reluctance to change

MHSOAC Responsibilities

- Counties' Three-Year Program and Expenditure Plans and Annual Updates, including programs for innovations, shall be submitted to the MHSOAC within 30 days of adoption by boards of supervisors
- County mental health programs shall expend funds for their innovation programs upon approval of the MHSOAC

3

Innovation to Date

- 55 of 59 counties: at least one approved Innovative Program
- 171 Innovative Programs approved to date
 - 104 approved by MHSOAC
 - 67 Approved Locally
 - Additional three submitted to MHSOAC
- Average time from submission by county to MHSOAC approval (post-AB 1467): 22.4 business days

4

Innovation Trends

- Serious mental illness or emotional disturbance: 70%
- Treatment: 55%
- System changes: 45%
- Early intervention: 37%
- Crisis response: 32%
- Prevention: 23%



5

Innovation Trends

- Peer Support
 - Riverside: Recovery Learning Center
 - LA: Integrated Peer-Run Model
 - Contra Costa: Promoting Wellness, Recovery, and Self-Management through Peers
 - Humboldt: Adaptation to Peer Transition-Age Youth
 - Lake: Peer-Informed Access
 - San Diego: Peer and Family Engagement Project
 - San Francisco: Peer-Led Hoarding and Cluttering Support Team
 - Marin: Client Choice and Hospital Prevention Program
 - Trinity: Respite Support Project
 - San Joaquin: Adapting Functional Family Therapy



6

Innovation Trends

- La Cultura Cura
 - Berkeley: African-American Community Empowerment Academy
 - Butte: A Community-Based Treatment for Historical Trauma to Help Hmong Elders (The Happy Program)
 - Fresno: Holistic Culturally Competent Wellness Center
 - Kings: Native American Youth Equine-Facilitated Psychotherapy Program
 - LA: Community-Designed Integrated Service Management Model
 - Merced: Strengthening Families Project

7

Innovation Trends

- La Cultura Cura
 - Monterey: Alternative Healing and Promotores de Salud
 - Napa: The Collaborative Project
 - San Bernardino: Holistic Campus
 - Santa Clara: Multi-Cultural Center Project
 - Sonoma: Reducing Disparities Community Fund Initiative
 - Sutter-Yuba: A Culturally Competent Collaboration to Address Serious Mental Illness in the Traditional Hmong Population
 - Tehama: Drumming for Health
 - Stanislaus: Families in the Park

8

Innovation Trends

- Physical-Behavioral Integrated Health
 - Ventura: Healthcare Access and Outcomes Project
 - Tuolumne: Wellness: One Mind One Body
 - Tulare: Integrated Clinic with Pharmaceutical Case Management]
 - Tri-City: Integrated Services
 - Stanislaus: Integrated Innovations
 - Sonoma: Integrated Health Team
 - San Mateo: Total Wellness

9

Innovation Trends

- Physical-Behavioral Integrated Health
 - San Diego: Physical Health Integration Project
 - San Benito: Primary Care Integration Project
 - Orange: Integrated Services
 - Nevada: Integrated Healthcare
 - Modoc: Taking Integration Personally
 - Madera: Development of Model of Integrated Peer Support and Clinical Services
 - LA: Integrated Clinic Model and 3 others
 - Inyo: Coordinated Care Collaborative

10

Staff Work with Counties on Innovation Program Plans

- Pre-submission technical assistance and support, if county requests
- Review of submitted plan for consistency with MHSA requirements using MHSOAC review tool
- Phone conference with county
- Support and review county's revisions
- Submit to MHSOAC



11

MHSA Definition: Innovation

- Introduces new mental health practices/ approaches including prevention and early intervention *or*
- Changes an existing mental health practice/approach, including adaptation for a new setting or community *or*
- Introduces a new application to the mental health system of a promising community-driven practice/approach that has been successful in non-mental health contexts or settings



12

Mental Illness/Mental Health

- Innovation may affect virtually any aspect of mental health practices or assess a new or changed application of a promising approach to solving persistent, seemingly intractable mental health challenges.



13

Primary Purposes

- Increase access to services
- Increase access to services for underserved groups
- Improve the quality of services, including measurable outcomes
- Promote interagency and community collaboration



14

MHSA General Standards

- Community collaboration
- Cultural competence
- Client-driven
- Family-driven
- Focused on wellness, recovery, and resilience
- Integrated service experience for clients and their families

15

Time-Limited Pilot Projects

- If an innovative project has proven to be successful and a county chooses to continue it, the project work plan shall transition to another category of funding as appropriate
 - Timeline
 - Evaluation
 - Budget

16

Timeline

- Timeline with sufficient opportunity for learning, testing, making decisions, and disseminating
 - Maximum five years (draft regulations)
 - Key activities and milestones
 - ◆ Implementing and refining
 - ◆ Evaluating
 - ◆ Making decisions
 - ◆ Communicating successes and lessons

17

Evaluation

- Plan to evaluate whether/how Innovative Project has proven to be successful
- Expected outcomes of Innovation
- How and at what frequency outcomes will be measured
- How outcomes relate to Innovation's primary purpose
- How county will assess which elements of Innovation contributed to positive outcomes

18

Budget

- Includes anticipated future Innovation funds
- County provides budgets for each fiscal year and total budget, specifying MHSAs Innovation funds
- Budget is consistent with a time-limited pilot; county has option to provide narrative with brief rationale for budget

19

Supporting Innovation

Evaluating and Assisting Counties' Innovation Evaluations

- MHSOAC Innovation evaluation: CiMH
 - ◆ Technical assistance
 - ◆ CiMH PEI and Innovation Clearinghouses
 - ◆ Policy recommendations
- Statewide evaluation of impact of Innovation component
- Sharing and implementing new effective approaches

20

Innovation Resources for Commissioners

- County plan
- Summary of county plan
- MHSOAC Innovation Review Tool
- MHSOAC Innovation technical assistance tools
- Staff
 - Jose Oseguera: 916-445-8722
 - Deborah Lee: 415-386-6651
 - MHSOAC Staff Mental Health Specialist

21