

# ELIMINATING BARRIERS TO LEARNING

Through the Early Identification of Student Mental Health Issues

TETRIS

Training Educators Through Recognition and Identification Strategies



**Kognito**  
INTERACTIVE



**at-risk**  
training simulations

## California Student Mental Health Training Simulation for All School Personnel

At-Risk for Middle School Educators and At-Risk for High School Educators are research-proven gatekeeper training simulations designed to prepare teachers, administrators and all staff to: (1) recognize when a student is exhibiting signs of psychological distress, and (2) manage a conversation with the student with the goal of connecting them to the appropriate support.

In these 1-hour online trainings, users enter a virtual environment, assume the role of an educator, and engage in conversations with three emotionally responsive student avatars that exhibit signs of psychological distress, including thoughts of suicide.

The training is FREE and is available to all staff who interact with students in all capacities through December 31, 2014. This training has been developed for teachers, administrators, counselors, frontline staff, school secretaries, school registrars, health aides, teacher's aides, cafeteria staff, yard supervisors, campus monitors, school psychologists, counselors, specialists, school social workers, janitors, maintenance staff, school resource officers, etc. The online training can be completed at the availability and leisure of the school staff and can be done in more than one sitting.

It is our goal to spread this training far and wide and have as many school staff in California complete the content.

[Simply follow this link to participate in the training.](http://california.kognito.com/)

<http://california.kognito.com/>

[For information regarding how you can help to spread the word about this training follow this link.](http://resources.kognito.com/arht-cal/k12_resources.pdf)

[http://resources.kognito.com/arht-cal/k12\\_resources.pdf](http://resources.kognito.com/arht-cal/k12_resources.pdf)

[For more information regarding the simulation or questions please email:](mailto:mlombardo@placercoe.k12.ca.us)

**Michael Lombardo, Director of Interagency Facilitation**

**Placer County Office of Education**

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WELLNESS RECOVERY RESILIENCE

Sponsored by the California Department of Education (CDE), Coordinated Student Support and Adult Education Division, and the Placer County Office of Education, Educational Services Department. This training is made possible through funding from the California Mental Health Services Authority (CalMHSA) through the Statewide Kindergarten to Twelfth Grade Student Mental Health Program sole source contract with the CDE. The CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities. CalMHSA operates services and education programs on a statewide, regional and local basis. Original funding made possible from the Mental Health Services Act of 2004.



# ELIMINATING BARRIERS TO LEARNING

Through the Early Identification of Student Mental Health Issues

## TETRIS

*Training Educators Through Recognition and Identification Strategies*



*Every school staff member has a unique role in influencing a student's mental health ... for better or worse.*

**TETRIS Mission:** To provide teachers and school staff with tools to identify, recognize, refer, and support students with mental health needs in a respectful and culturally responsive manner.

**Day 1** is a training opportunity that will focus on the early identification of mental health issues and effective classroom and school wide strategies. Participants will be trained in the Eliminating Barriers to Learning (EBL) curriculum and will gain tools to break down barriers affecting behaviors that can interfere with academic performance and attendance. **Day 2** is a **TRAINING OF TRAINERS** for school, district, or county teams who wish to take this curriculum back to their sites. Teams will learn how to deliver the EBL curriculum to their school, district, or county staff to appropriately identify and comfortably respond to students in emotional distress.

### Who Should Attend?

**Day 1:** Classroom Teachers, District and Site Administrators, Directors, Pupil Personnel Services Staff: School Nurses, Mental Health Professionals, Counselors, School Social Workers, Child Welfare and Attendance Supervisors, Special Education Staff, 504 Administrators, and School Secretaries, Attendance Workers, Registrars, and Campus Monitors (Participation of frontline staff is highly encouraged as they play a critical role in observing and supporting students).

**Day 2:** School, district, county **TRAINING TEAMS** comprised of least three members from differing disciplines (above), it is strongly recommended teams include at least one member with a mental health background and a classified/other staff.



### Presenters:

Christina Borbely, Ph.D., RET Partners  
Craig Gibbs, LCSW, PPS, PCOE  
Tad Kitada, School Social Work Instructor  
Monica Nepomuceno, Education Programs Consultant, CDE

## FREE

One Day

Eliminating Barriers to Learning (EBL) Training

and

2nd Day

EBL Training of Trainers for Teams



### Region 1: Mendocino County Office of Education

Day 1 March 19, 2014 8:00am to 2:00pm

Day 2 March 20, 2014 8:30am to 3:30pm

### Region 2: Redding Public Library

Day 1 April 22, 2014 8:00am to 2:00pm

Day 2 April 23, 2014 8:30am to 3:30pm

### Region 8: Kern County Superintendent of Schools

Day 1 May 1, 2014 8:00am to 2:00pm

Day 2 May 2, 2014 8:30am to 3:30pm

### Region 11: Los Angeles Sycamore Centre of Lakewood

Day 1 May 12, 2014 8:00am to 2:00pm

Day 2 May 13, 2014 8:30am to 3:30pm

To register for the day one training go to:

<http://sites.placercoe.k12.ca.us/eb/UPCOMINGTRAININGS.aspx>

To apply for the day two Training of Trainer opportunity go to:

<http://sites.placercoe.k12.ca.us/eb/TrainingofTrainers.aspx>

Applying to be a trainer will automatically register you for the mandatory day one training.

*Space is limited, and is on a first come, first serve basis.*

*Secure your space by registering early.*

*Continuing Education Credits are available through CSU, Sacramento*

For more information visit our website

<http://sites.placercoe.k12.ca.us/eb/>

or contact

Marie Fleischhacker at

[mfleischhacker@placercoe.k12.ca.us](mailto:mfleischhacker@placercoe.k12.ca.us) or (530)745-1845



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