

California Reducing Disparities Project Strategic Plan Update



Ruben Cantu
Program Director
CRDP Facilitator/Writer

CPEHN: Together We're Stronger



Eliminating Health Disparities

IMPORTANTE: Puede obtener la ayuda de un intérprete, ayuda de un intérprete o preguntar acerca de información XXX-XXX-XXXX. Alguien que habla español puede llamar al 1-800-927-4357. (Spanish)

重要提示: 您與您的醫生或保險公司交談前，請先致電您的保險公司，電話號碼為 1-800-927-4357。如需更多協助，請致電保險部熱線 1-800-927-4357。



6. What is this person's race? Mark one or more races to indicate what this person considers himself/herself to be.

White
 Black, African Am., or Negro
 American Indian or Alaska Native — Print name of enrolled or principal tribe.

Asian Indian Japanese Native Hawaiian
 Chinese Korean Guamanian or Chamorro
 Filipino Vietnamese Samoan
 Other Asian — Print race. Other Pacific Islander — Print race.

Context for the California Reducing Disparities Project

- Communities of color (60% of population) + LGBTQ population = vast majority of California
- Disparities in diagnosis of illness and access to mental health services occur in all targeted populations
- Multiple examples of disparities are listed in the five population reports, available on the Office of Health Equity website at:
[http://www.cdph.ca.gov/programs/Pages/CaliforniaReducingDisparitiesProject\(CRDP\).aspx](http://www.cdph.ca.gov/programs/Pages/CaliforniaReducingDisparitiesProject(CRDP).aspx)

California Reducing Disparities Project (CRDP)

- Begun in 2010 to improve access, quality of care, and outcomes for racial, ethnic, and cultural communities
- Groundbreaking investment of Mental Health Services Act (MHSA) funding to reduce mental health disparities
- Focus on five targeted populations: African American; Asian and Pacific Islander; Latino; Lesbian, Gay, Bisexual, Transgender, and Questioning; and Native American
- Components include five population reports, a multicultural statewide coalition to provide recommendations on MHSA-related activities, and a comprehensive strategic plan to reduce disparities
- Represents the voice of the targeted communities

California Reducing Disparities Project Partners



**NATIVE AMERICAN
HEALTH CENTER**

**UC DAVIS
HEALTH SYSTEM**

**CENTER FOR REDUCING
HEALTH DISPARITIES**



California Pan-Ethnic Health Network



AAHI



Pacific Clinics
ADVANCING BEHAVIORAL HEALTHCARE



MHA
Mental Health America
of Northern California



REMHDCO
Racial and Ethnic Mental Health Disparities Coalition

CRDP Strategic Plan

- A synthesis of the population reports, their findings, and recommendations
- A vision for reducing mental health disparities
- A roadmap to transforming our public mental health system into one that better meets the needs of all Californians
- Key strategies to achieve the vision
- Recommendations for the implementation of CRDP Phase II

Strategic Plan Process

- Compiled recommendations from five population reports
- Categorized into four themes and five goals
- Discussed and prioritized by the CRDP Partners for inclusion in the strategic plan
- Refined and vetted with CRDP Partners

Strategic Plan

- Background on California and its public mental health system
- Snapshot of mental health disparities in communities of color and LGBTQ communities
- Overview of current efforts to reduce disparities
- Introduction to the CRDP
- Overview of disparities reduction work in seven key areas (stigma, discrimination, language, insurance status, social and environmental conditions, quality of care and satisfaction, and lack of appropriate data collection)
- Appendices (disparities, health care reform, Disparities in accessing mental health services, social and environmental issues, strategic planning process)

Community Plan for Reducing Disparities in Mental Health

- Four overarching themes
- Five goals
- Twenty-five long-term strategies
- Recommendations for implementing the strategies

Overarching Themes

- Address and incorporate cultural and linguistic competence
- Implement capacity building
- Improve data collection standards
- Address the social and environmental determinants of health

Goals

- Goal 1: Increase access to mental health services for unserved, underserved, and inappropriately served populations
- Goal 2: Improve the quality of mental health services for unserved, underserved, and inappropriately served populations
- Goal 3: Build on community strengths to increase the capacity of and empower unserved, underserved, and inappropriately served populations

Goals

- Goal 4: Develop, fund, and demonstrate the effectiveness of population-specific and tailored programs
- Goal 5: Develop and institutionalize local and statewide infrastructure to support the reduction of mental health disparities

Recommendations for Phase II

- Implement promising practices in unserved, underserved, and inappropriately served communities:
 - Four-year pilot program to fund local community organizations to implement identified community-defined prevention and early intervention approaches across the five populations
 - Community-based participatory evaluation to elevate these practices to the level of evidence-based practice

Recommendations for Phase II

- Implement promising practices in unserved, underserved, and inappropriately served communities
 - Technical assistance and capacity building for the funded projects
 - Ongoing implementation of 25 policy-level strategies
 - Collaboration with county departments of mental health

What Comes Next: Public Comment

- 30-day public comment period
- Three community forums
- Strategic Plan disseminated widely and available at www.cpehn.org
- Comments accepted at community forums, and via phone, email, and mail
- Dates to be determined

Timeline

- 30-day public comment period
- Final Strategic Plan released after public comment period
- RFP for Phase II funds
- Four-year Phase II pilot program



California Pan-Ethnic Health Network

Contact us at CPEHN

- (510) 832-1160
- rcantu@cpehn.org
- www.cpehn.org
- For additional information visit the Office of Health Equity website:
<http://www.cdph.ca.gov/programs/Pages/OHEMain.aspx>