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June 25, 2008

Commissioner Eduardo Vega, Chair,

Commissioner Darlene Prettyman, Co-Chair

Presentations: Linford Gayle, MHSOAC Chair & Dede Ranahan, NAMI's MHSA Coordinator

Committee Members: Carmen Diaz, Cindy Gill, Khatera Aslami, Sally Zinman

OAC Staff: Beverly Whitcomb, Ann Collentine, Nicole Behler,, Jose Oseguera, Cynthia Craft & Greg Griffin

Attendees: Delphine Brody, Madelyn Johnson, Ruby Cabuslay, Shirley Posey & Yvette Mc Shan

Guest Speaker: MHSOAC Chair Linford Gayle

Teleconference Participants: Tina Wooten

Announcement: Stacie Hiramoto

Client/Family Technical Resource Group
June 25, 2008 Meeting Minutes

Topic	Discussion	Next Steps	Person Assigned	Timeline
Welcome from Darlene & Eduardo	Correction to agenda: Guest Speaker, Sharon Kuehn who was to make a presentation would not be able to attend.	Dede Ranahan, with NAMI accepted a last-minute invitation to make a presentation.	Darlene & Eduardo	Alternative presentation, same order/ time on agenda
Review and approve meeting minutes of May 28 meeting	<p>Corrections to minutes:</p> <p>Regarding: Warren Hayes presentation Darlene: Need to change Warren's topic 'Client Technical Center' (CTC) to Topic column and move Warren's name to Discussion column.</p> <p>Eduardo: Need to add that 'Working Well Together Collaborative' was only CTC bidder, and this organization is anticipating a new director.</p> <p>Regarding: Discussion to be included: Eduardo: Include discussion to invite MHSOAC Commissioners to speak at future meetings.</p> <p>May 28, 2008 meeting minutes approved with corrections as discussed</p>			

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<p>(Continued)</p> <p>Review and approve meeting minutes of May 28 meeting</p>		<p>Revised minutes with corrections and additions</p>	<p>Greg</p>	<p>Prior to posting to minutes to web site.</p>
<p>Informal exchange of information with guest MHSOAC Commissioner, Chair Linford Gayle</p>	<p>Darlene introduced Commissioner Gayle</p> <p>Linford: Said that he was pleased to speak to this group and to be elected MHSOAC Chair, "I have had one opportunity and reality after another". He recounted his personal history of recovery and hope for mental health services. He emphasized that although some people do not realize they are being helped at times, that they are and families and clients need to recognize mutual goals and need for each other, just as the Commission members need them to assist in their work, "We are all in this together".</p> <p>Sally: "What are major concerns of the Commission presently?"</p> <p>Linford: "A lot of things" citing veterans returning home, (and that he is a</p>			

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<p>(Continued) Informal exchange of information with guest MHSOAC Commissioner, Chair Linford Gayle</p>	<p>veteran), student needs such as the occurrence at Virginia Tech. Darlene: “We are going to need to include the inappropriately served.” Sally: “Inappropriately served are not included in Alameda’s PEI (plan)”, and cited African Americans, as ‘served’ but often inappropriately with medication. Beverly: The Cultural, Linguistic Committee has ‘inappropriately, under and unserved’ in their work plan”. Darlene: “And there are those problems in Board & Care Homes too.” Darlene: As long as we support the principles of the MHSA the benefits will trickle down to everybody”. Linford: “Like the Children’s Systems of Care, I would like to have required amounts dedicated to the ‘inappropriately, under and unserved’. Racial and cultural groups have needs to be served; we should not have a two-tiered system”. Eduardo: “We are fortunate to have</p>			

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(Continued) Informal exchange of information with guest MHSOAC Commissioner, Chair Linford Gayle	Linford as the Chair of the MHSOAC. How are we going to address those not receiving the services they need?"	Parking Lot The issue of Inappropriately Served' was decided to be included for future group discussion/work	Will be place on meeting agenda(s) as Chair & Co-chair decide	
Announcement	Stacie Hiramoto, with the Racial & Ethnic Mental Health Disparities Coalition (REMHDCO), announced that REMHDCO will be hosting a reception at the Garden Family Care Corporation, Mezzanine II following this CFTRG meeting, and that all present are invited to attend.	Fliers with the invitation information passed out among all attending.		
Informative/informal National Alliance for the Mentally Ill(NAMI) presentation, by the organization's MHSOAC Coordinator Dede Ranahan	Darlene introduced Dede, her work with NAMI, and NAMI's collaboration with other mental health organizations to work on the Working Well Together contract. Dede: Began with NAMI's history as starting in the 70's with a group of discouraged parents of mentally ill			

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<p>(Continued) Informative/informal National Alliance for the Mentally Ill (NAMI) presentation, by the organization's MHS Coordinator Dede Ranahan</p>	<p>children in Santa Clara attempting to get help for their children, and since has become an educational and advisory force in every state, with 70 affiliates in every CA county. All are staffed by volunteer members from the local level, to the state and the Federal governments.</p> <p>Darlene: Added that NAMI was the first of its kind, has 1400 affiliates nationally, with as many as two-hundred fifty thousand members and as many as seventeen-thousand members in CA. And related a story of NAMI members each sending a CA governor a dollar bill to demonstrate how much increase per person if there was insurance parody with physical health for mental health coverage.</p> <p>Dede: Described a 'NAMI Walk', first one in 2000, in San Francisco, raising \$250,000 for the NAMI National Organization.</p> <p>Darlene: Said that the first walk in Kern County raised \$60,000 and that one of the goals of NAMI is to reduce stigma</p>			

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<p>(Continued)</p> <p>Informative/informal National Alliance for the Mentally Ill (NAMI) presentation, by the organization's MHSAs Coordinator Dede Ranahan</p>	<p>of the mentally ill.</p> <p>Dede: Related that NAMI has a state and national web site, and a hired CA lobbyist.</p> <p>Eduardo: Added that NAMI helped to pass proposition 63 (MHSA)</p> <p>Dede: NAMI is concerned with a two-tiered system of mental health services and such is a discussion that needs to be resolved.</p> <p>Sally: Said that she liked the survey that NAMI conducted last year.</p> <p>Darlene: Stated that NAMI's board of directors has parents and consumers.</p> <p>Dede: NAMI has present efforts to develop 'peer to peer' programs in rural areas.</p> <p>Cynthia: Shared that if it wasn't for NAMI and the family to family course, "I would not be here", (CFTRG member). "Best education I could have got about mental illness".</p> <p>Dede: Described how NAMI is bringing mental health education to teachers and has met with both success as well as resistance, but many educators are</p>			

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<p>(Continued)</p> <p>Informative/informal National Alliance for the Mentally Ill (NAMI) presentation, by the organization's MHSAs Coordinator Dede Ranahan</p> <p>Presentation evolved into: General discussion involving consumers/clients, parents, stakeholders, and CGTRG areas of related action.</p>	<p>interested, have asked for MHSA money, and are being asked what they will provide.</p> <p>Eduardo: Expressed that the most transformative part of MHSA is that consumers are working in the mental health field. He cited the California Consumer Employment Summit, to bring together resources to promote wellness and recovery, scheduled for September 4th and 5th.</p> <p>Darlene: Said that NAMI has written a booklet on employing consumers, 'What to Know', written by consumers and parents.</p> <p>Carmen: "Seems like a lot of the counties are hiring anybody they can as either a parent or consumer.</p> <p>Sally: "It seems like everybody is becoming a consumer".</p> <p>Eduardo: "In my county we are hiring consumers as part of their recovery. A concern is having hired a 'consumer' instead of looking at their skills."</p> <p>Sally: "Experience is an important skill".</p> <p>Tina: Voiced agreement with Sally.</p>	<p>Parking Lot: Define from a consumer and family prospective 'lived experience'</p>	<p>Greg</p>	<p>Will be place on meeting agenda(s) as Chair & Co-chair decide</p>

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<p>(Continued) General discussion involving consumers/clients, parents, stakeholders, and CGTRG areas of related action.</p>	<p>Darlene: Asking Tina, “What is your experience?” Tina: Replied that she doesn’t have county experience, and believes ‘that’ (referring to Eduardo’s last comment) could be happening, due to competition caused by staff that have been laid off. Adding that she had heard that positions that were planned have been eliminated. Eduardo: “Often there is start up funding, but then nothing with expectations that are high” Shirley: Shared that consumers from her county are being sent to ‘story telling conferences’ that will help eliminate those that have a story and those that do not. Tina: “It’s important to disclose, not doing so promotes stigma.” Khatera: Related that running a consumer run organization, that is separate from the county, helps to identify the positive aspects of being a consumer. Adding that she is grateful for having been a consumer who</p>	<p>Parking Lot: Update from Consumer Employment Summit</p>	<p>Eduardo</p>	<p>Will be place on meeting agenda(s) as Chair & Co-chair decide</p>

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<p>(Continued) General discussion involving consumers/clients, parents, stakeholders, and CGTRG areas of related action.</p> <p>(Continued)</p>	<p>worked in a mental health facility. Sally: Suggested that CFTRG work on a definition of consumer and family workforce to help define ‘lived experience’. Eduardo: Suggested that CFTRG get an update from the Consumer Employment Summit for the next meeting. Sally: Suggested that MHSOAC assist CFTRG members to attend Consumer Employment Summits. Eduardo: Will suggest to Consumer Employment Planning committee to inquire of their county mental health director regarding Sally’s suggestion for CFTRG members to attend. Darlene: Suggested that MHSOAC send letter to county mental health directly. Eduardo: Stated that we need to target invitees who are managers and those involved in hiring, with initial invitations for six people per county. Darlene: Inquired how we would make invitations for this. Eduardo: “MHSOAC might be able to</p>	<p>Parking Lot: Inquire of MHSOAC supervision staff in regard to sending invitations to county mental health directors</p>	<p>Greg</p>	<p>Report back at July meeting</p>

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<p>General discussion involving consumers/clients, parents, stakeholders, and CGTRG areas of related action.</p>	<p>send invitations to mental health county directors for CFTRG members to attend.” Adding that we need an equal representation from different regions. Darlene: Stated that there is a need for further representation and suggested a letter be sent from the CFTRG to the Network of Mental Health Clients, United Advocates for Families and Children and NAMI. Eduardo: Said that he would like to get members with other disabilities. Darlene: Added that she would like to see more men and fathers who have mentally ill children. Darlene & Eduardo: Both suggested that Cynthia Craft, with MHSOAC Communications, be made aware of the member applications and that invitations are sent to other Commissioners to speak to our next CGTRG meeting for the Chair and Co-Chair to sign. Sally: Expressed concern regarding work plan and group purpose. Eduardo: Stated that we need an</p>	<p>Parking Lot: Get regional map for membership recruitment reference Greg will write letter Parking Lot: Contact MHSOAC Communications Parking Lot: Letter to be written to request Commissioners to speak to group</p>	<p>Greg Darlene & Eduardo to review & sign Greg Greg- write letter Darlene & Eduardo</p>	<p>July meeting July meeting July meeting</p>

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(Continued) General discussion involving consumers/clients, parents, stakeholders, and CGTRG areas of related action.	introduction/orientation of work plan concept.	Parking Lot: Work plan to be on July meeting agenda	As Chair & Co-chair decide.	Consider for July meeting

Parking Lot (List of projects/tasks to be completed with ‘Added’ and ‘Completed’ dates)

- ✓ Parking lot to be added to subsequent minutes: Added & Completed/began May 28, 2008 meeting minutes
- ✓ Commissioners Eduardo Vega and Darlene Prettyman will draft a letter asking for an exception for CFTRG members to allow them to be reimbursed for any night between a CFTRG meeting and an OAC meeting based on the importance of clients and family members attending both meetings: Added May 28, 2008 meeting
- ✓ Commissioners Prettyman and Vega to create matrix / needs analysis for membership: Completed/presented at June 25, 2008 meeting
- ✓ CFTRG invite the member organizations of Working Well Together to provide ½ hour presentations: Added May 28, 2008 meeting, to be rescheduled.
- ✓ The issue of ‘Inappropriately Served’ was decided to be included for future group discussion/work: Added June 25, 2008 meeting
- ✓ Define from a consumer and family prospective ‘lived experience’: Added June 25, 2008 meeting
- ✓ Update from Consumer Employment Summit: Added June 25, 2008 meeting

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- ✓ Inquire of MHSOAC supervision staff in regard to sending invitations to county mental health directors: Added June 25, 2008 meeting
- ✓ Get regional map for membership recruitment reference: Added June 25, 2008 meeting
- ✓ Contact MHSOAC Communications' Cynthia Craft regarding member application distribution: June 25, 2008
- ✓ Letter to be written for the Chair & Co-Chair to sign inviting another Commissioner to speak to CGRG: Added June 25, 2008

Next Meeting July 23, 2008, Sacramento