



INNOVATION PLAN APPROVAL SUMMARY

County: San Bernardino

Review History

County Submitted Innovation Plan: January 11, 2010
MHSOAC Review Team Meeting: January 27, 2010
MHSOAC Staff Provided Technical Assistance to County: February 1, 2010
MHSOAC Letter to County Providing Feedback: February 2, 2010
County Submitted Final Version Plan: February 8, 2010
Plan Recommended for Approval: February 25, 2010

Innovation Plan Summary

San Bernardino County began its community planning for Innovation in the fall of 2008; this planning included five regional Community Public Forums and 46 targeted forums throughout the County. In addition to contributing to San Bernardino County's Innovation plan, diverse participants throughout all phases of San Bernardino's community planning have built ongoing coalitions and are helping plan for system integration.

San Bernardino County's Innovation plan includes the following five projects:

- 1.) *On-Line Diverse Community Experience* will explore the potential of social networking sites to distribute mental health information and resources. The project will also offer consumers from San Bernardino County's diverse cultures and communities the opportunity to create secure online communities in which they can communicate with others experiencing the same issues and concerns. One of the many things the County hopes to learn from this project is how the interaction on the sites will transform consumers' understanding of mental health challenges and promote wellness, recovery and resilience.
- 2.) *Coalition Against Sexual Exploitation (CASE)* will develop a model of comprehensive and collaborative care that facilitates a safe haven and clinical rehabilitation for exploited children who are drawn into prostitution. This model will address planning, outreach, education, clinical interventions, and outcome measures. The project's goal is to use an innovative collaboration to strengthen clinical practice for those who serve sexually exploited children by developing creative strategies that build on existing best practices in trauma care.

- 3.) *Community Resilience Model (CRM)* will adapt the existing Trauma Resiliency Model (TRM) for use by diverse ethnicities, communities and un/underserved populations to address personal and community traumatic events. The County expects the model to be implemented by non-clinicians, paraprofessionals, and multi-cultural groups, emphasizing the participation of native cultural brokers who can effectively serve as credible and accepted “first responders.” The CRM will include links to integrated treatment for individuals with co-occurring mental health and substance-use disorders.
- 4.) *Holistic Campus* will learn to create a hub for local and community based providers and resources, use cross-cultural and cross-generational strategies, such as acupressure, acupuncture, sweat lodges, pet therapy, yoga and healing circles can reduce barriers among in cultural communities, geographically isolated and under-resourced communities. The center will be at least 80% peer run and located in a non-mental health setting. The Holistic Campus will test a model that brings together the County’s diverse cultures and communities in one location to address a wide range of mental health needs, including culturally specific healing techniques. The County expects through the Holistic Campus to discover how people from diverse communities and ethnicities can learn from each other and work together

BUDGET: \$ 5,606,800

Staff Recommends: APPROVAL