



## **2010/11 PEI ANNUAL UPDATE NEW PROGRAM**

### **APPROVAL SUMMARY**

### **Alameda County**

**Total Requested for New Program: \$5,951,039**

**Staff Recommend: APPROVAL**

#### **Review History**

County Submitted 2010/11 Annual Update: 5/10/2010

MHSOAC Vote regarding New Program Approval: 7/29/2010

#### **Alameda County**

Alameda County is an urban Bay Area county located east of San Francisco and north of Santa Clara County. It has a population of 1.4 million within 738 square miles which is approximately 1,959 people per square mile. The population is economically and ethnically diverse with 19% Hispanic/Latino American, 16% African American 43% Euro American, 1% Native American and 21% Asian American/Pacific Islander.

#### **Funding Background**

- November 2008: Initial PEI Plan was approved for \$4,983,302 to fund 6 months of PEI programs
- March 2010: 2009/2010 Annual Update was approved for \$11,348,178 to continue funding previously approved PEI programs
- May 2010: 2010/2011 PEI Annual Update includes an \$11,256,692 funding request for 12 previously approved programs with no changes and a \$5,591,039 funding request for three new programs. All previously approved programs were approved and this summary only addresses the three new programs.
- The Three New Programs are:
  1. Mental Health-Primary Care Integration for Older Adults
  2. Peer Support Program for Children, Transitional Age
  3. Prevention Grant Program

## **Summary of Stakeholder Process**

Alameda County has an Ongoing Planning Council (OPC) with over 40 individuals representing consumers, family members and service providers. Consumers and family members provide the training and orientation on all DMH policies, procedures and planning guidelines and are provided stipends for their participations. The OPC has consistently met since 2005 and is now actively participating in the oversight and review of the implementation phase of Alameda County's PEI programs.

All of the programs, new and existing, included in the 2010/11 Annual Update were developed in the original planning process using various outreach and education meetings, forums, workgroups and planning panels. The new programs included in this update were developed from strategies that emerged from the stakeholder process, but were not included in the original plans due to funding limitations.

## **New Program Description Summary**

Mental Health-Primary Care Integration for Older Adults: \$2,367,489

This new program does not shift funds from other PEI programs or any other MHSA components. Although this program is an expansion of a previously approved program it is considered a new program because its budget is increased by more than 15% and it serves individuals in a new region of Alameda.

Alameda County is expanding their previously approved PEI Mental Health-Primary Care Integration for Older Adults Program to serve older adults within Central Alameda County. The program includes a Geriatric Assessment and Response Team (GART) and will increase the numbers served from 150 to 600 residents.

The GART will be available in emergency rooms in Central Alameda County for assessment, short-term case management, brief treatment, linkages and referral to necessary services, and if needed, a higher level of mental health support. The GART team will collaborate with primary care staff to review and revise intake and triage diagnosis. They will also be a resource to the family members as appropriate and will follow-up with the patient to ensure that they received needed services.

Alameda County received several comments/concerns regarding this program and the locations where this integration program may be expanded. Comments from the community encouraged the OPC to expand to at least two specific sites within Alameda County. Alameda County responded and explained that GART has been expanded, with the use of 2010/11 funds, to serve all four regions of the county.

## **Summary of Annual Update Criteria**

The intended outcomes identified in this program have not changed since the inception of the program and the expansion complies with stakeholder input to promote more effective integration of mental health and primary care services. The existing efforts involved in this program have been successful in Alameda County and expanding these services is supported by the county.

## **New Program Description Summary**

Peer Support Program for Children, Transitional Age: \$1,226,218

This program is a new program and addresses a gap in services identified by the community. This program does not shift funds from any other PEI or MHSA programs.

The PEI Community Program Planning (CPP) process found that Alameda County has very few support programs designed to reduce the trauma, suicide risk and other negative outcomes associated with the experience of serious mental health issues. This program was designed to focus on the provision of peer support to children, transition-aged youth (TAY) and adults. This program will focus on those who have not benefitted from traditional treatment of existing mental health issues.

Community-based organizations will train peer counselors to implement a peer counseling intervention. This intervention will take place in natural settings where children, TAY and adults already congregate (i.e.: schools, recreational centers, libraries and cafes). The peer counseling will be low-intensity and short duration, typically less than a year. Efforts will be made to maintain both male and female Peer Counselors from a variety of cultural and linguistic backgrounds and from geographic regions of the County.

### **Summary of Annual Update Criteria**

No concerns were raised during the review process and this program meets PEI guidelines.

## **New Program Description Summary**

Prevention Grant Program: \$1,816,328

This is a new program and does not shift funds from other PEI or MHSA programs.

During the CPP process, stakeholders identified the need for smaller, more direct integration of PEI services with other services in specific communities and this program is in response to the community needs of specific priority populations. The CPP process discovered that there were a number of groups that did not receive a distinct allocation of resources with the original PEI plan (i.e.: African American communities, lesbian, gay, bisexual, transgender, queer, questioning and intersex (LGBTQQI) community, veterans, as well as the re-entry population and individuals with co-occurring physical disabilities or addiction issues.

Individual projects under this program will include culturally-competent community outreach, engagement and education. These projects will be based upon evidenced-based, emerging and promising practices such as Mental Health First Aid, Stamp-Out Stigma, and Alaska's You Know Me Anti-Stigma Campaign.

The intended outcomes include; increased access to mental health services, stigma reduction, enhanced resilience and protective factors, and an enhanced capacity of organizations to provide PEI services as well as an increased collaboration between community-based organizations.

## **Summary of Annual Update Criteria**

This program was created in response to the public comments/concerns raised that there is little or no, “culturally appropriate and competent attention” for the African American community. Alameda County believes that the African American populations will greatly benefit from their PEI programs and that this new program offers the flexibility to fund small and non-traditional providers to more effectively serve this and other populations.

No concerns were raised during the review process and this program meets PEI guidelines.