

Empowerment & Advocacy Transform the World

Blazing the Trail of Transformation



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Transformation Vision and the Mental Health Services Act

- Consumer-Centered (Person-Directed) Family-Focused systems of care
- Culturally competent, relevant and effective
- Mental Health informed by recovery values
 - Dignity
 - Individual recovery journey
 - Social context
 - Living with and recovering
 - Grounded in wellness not illness/symptoms

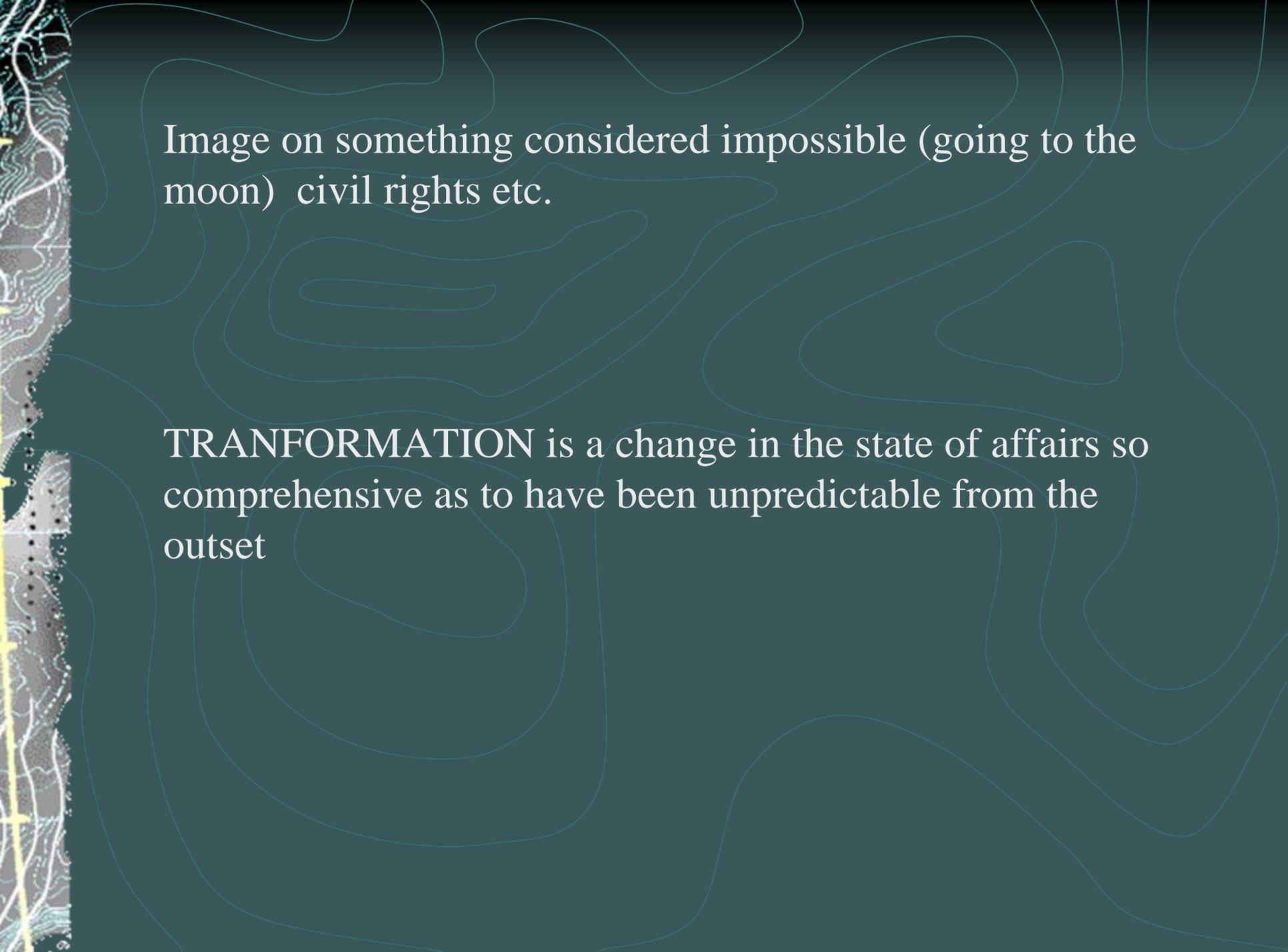


Image on something considered impossible (going to the moon) civil rights etc.

TRANSFORMATION is a change in the state of affairs so comprehensive as to have been unpredictable from the outset

We've taken off!



Where Are We Now?

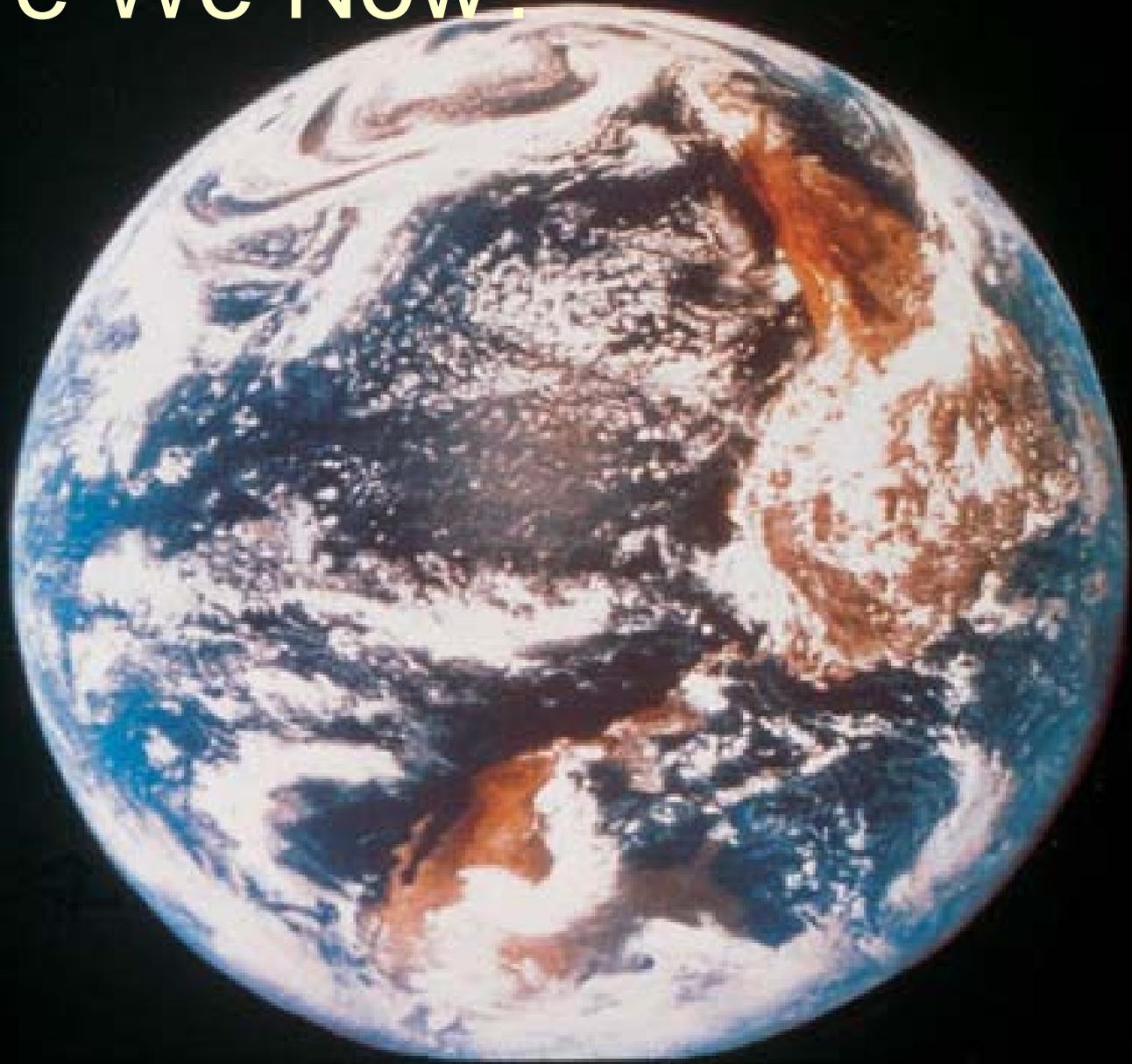


Exhibit 1

California

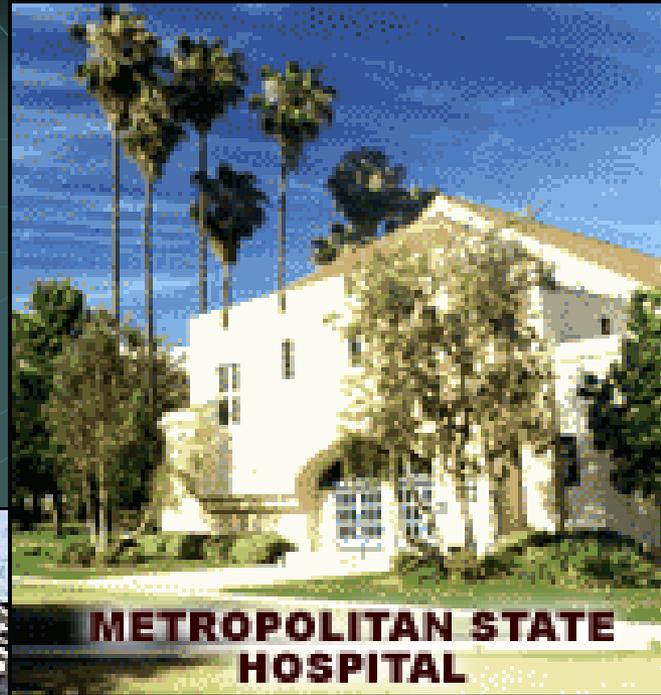


Exhibit 2, USA



We know that MHSA can influence the world.

Psychiatric hospitals
Africa,
Eastern Europe



Where Are We?



USA

Most
powerful,
influential,
wealthiest
country in
the world

GDP

(13,244,550)

=over 1/4 of

WGP

(48,144,466)

(IMF 2006)

Where Are We?

California

- World's 6th largest economy
- Historically among the most progressive states in the US
- 35,000,000-- almost 1/10 of the U.S.
- GP-- >\$1.5T

Mental Health Services Act
(Proposition 63)
Over \$1 billion annually
To serve the neediest and transform the mental health system



Where have we been?



*Madness, Thou Chaos of a Brain,
What art! That Pleasure giv'st, and Pain
Tyranny of Fancy, Reign!*
*Mechanic Fancy, that can build
Both Labourer's, & Master's will,*

*With Rule diverted, Angels Measure,
Fill'd with Terror, fill'd with Pleasure,
Shapes of Terror, that would even
Cast Doubt of Mercy upon Heaven.*

*Shapes of Pleasure, that but seen
Would split the Making, Idles spleen
& Landry of Age: here see
The Stamp of Heaven, spread by Thee*

*The headstrong Course of Wrath that run,
What comes from this darling-son!
The rattling chains with Terror hear,
Behold Death grappling with Despair.*

*See him by Thee to Ruin sold,
And curse thy self, & curse thy gold.*

Retouch'd by the Author 1766.



Historical social response to people with mental illnesses

12th Century BCE

Prophets; cultural change

Social support
community stabilization

exorcism

torture/murder

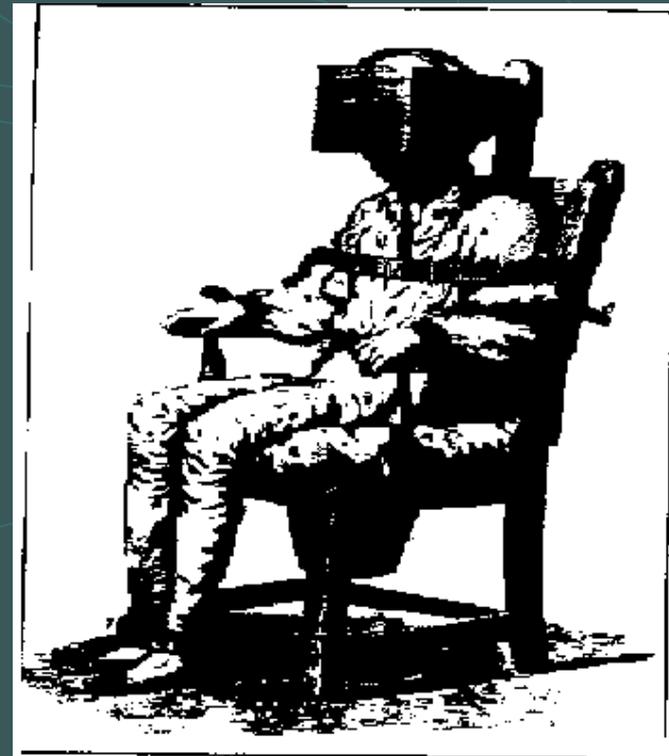


Historical social response to people with mental illnesses

19th Century CE



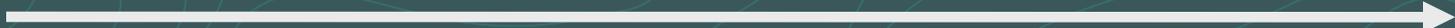
Industrial revolution
Birth of 'psychiatry'
Psychoanalysis
Asylum movement for humane
treatment
Friends hospital (1813)
(D. Dix)



Tranquilizing chair used in the treatment of the mentally ill in the 19th century

Historical social response to people with mental illnesses

13th - 18th Century CE



Psychiatric Injustice

- *Ship of Fools*

- Bethlem Hospital (Bedlam) (1247)*

- *Racial Diagnosis:*

- *Negritude* (B. Rush, 1780s)-form of leprosy, whose only cure was to become white.

- *Drapetomania* (S. Cartwright 1851)-black slaves that fled captivity.



Historical social response to people with mental illnesses

20th-21st Century CE



Mental Hospitals
(over 550K in U.S. by 1955)

1940s Conscientious Objectors (Byberry Hospital) began advocating for better conditions. Some of the inhumane treatment included forced sterilizations, abortions, lobotomy, death etc.

1950s --Thorazine ++

Historical social response to people with mental illnesses

Napa State Hospital 4,368 in unmarked cemetery



Historical social response to people with mental illnesses

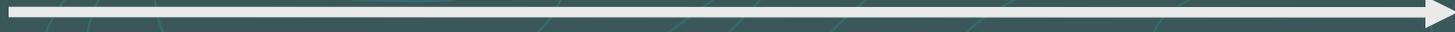
20th-21st Century ADVOCACY



- **CLIFFORD BEERS** and Penn C.O.s start NMHF later NMHA
- 60s-70s Deinstitutionalization
- SAMSHA created
- 70s Community Mental Health movement (psychosocial rehab)
- 1971-80 Trieste transformation
- 1979 NAMI founded by family advocates

Historical social response to people with mental illnesses

20th Century CE



EMPOWERMENT

- Client Movement (70s-present)
- On Our Own by J. Chamberlain/
• Self-help
- Survivor/ex-patients
- Civil action/hospital closures
- Alternatives conferences
- Peer Support/peer advocacy

Historical social response to people with mental illnesses

20th-21st Century CE



- Consumer Movement
- American Disabilities Act
 - Protection and Advocacy, Inc. (Disability Rights California)
 - Olmstead decision (2000)-to enforce community integration of individuals with disabilities.
- Consumer Affairs Offices, etc. (1980s)
- Advocacy for elimination of Seclusion and Restraints

Historical social response to people with mental illnesses

20th-21st Century CE

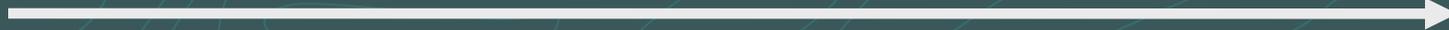


RECOVERY and ADVOCACY

- C. Harding studies
 - 65% over 'lowest functioning' recovered after discharge within the community
 - Lower expectations → lower results in maintenance programs (I don't
- Empowerment, self-determination, hope, employment, meaningful activity → increased wellness and recovery

Historical social response to people with mental illnesses

20th-21st Century CE (USA)–



RECOVERY and ADVOCACY

2003 New Freedom Commission on Mental Health

–empowerment at the core of recovery

2004 SAMHSA Mental Health Services Transformation

– add something

2004 California Mental Health Services Act

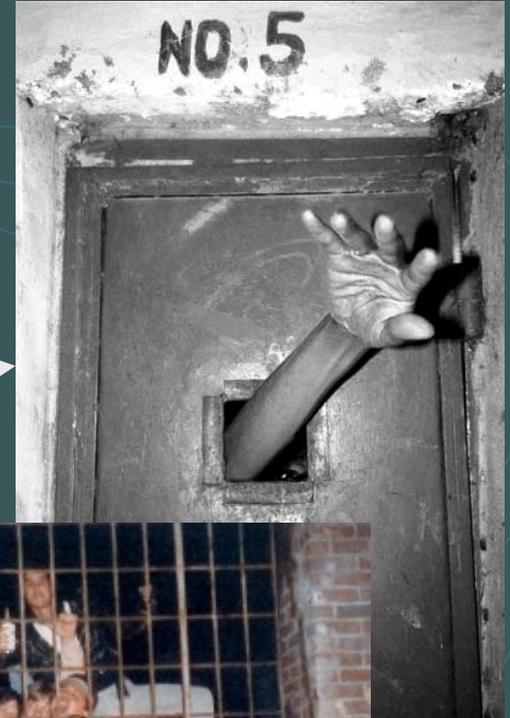
– Mandates that all programs funded through the MHS Act be:

- Client centered and family focused
- Based on wellness and recovery principles

Where Are We?



The trail of transformation will change our communities, the Country and the world!



A vision for the future

Community
Recovery
Well-being
Everywhere



We need you!

Transformative transformers



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