



**Client and Family Leadership Committee Meeting
Meeting Minutes
April 14, 2010
12:00 PM – 5:00 PM**

Attendance

CFLC Members

Eduardo Vega, Chair
Darlene Prettyman
Khatera Aslami
Carmen Diaz
Tracy Love
Richard Krzyzanowski
Shannon Jaccard
Sally Zinman
Cheryl Maxson*
Donna Barry*

Absent

Cynthia Gill
Jamy Garcia
Jorge Wong
David Weikel

Staff

Peter Best
Jose Oseguera

Other Attendees

Kathleen Derby
Stacie Hiramoto
Delphine Brody
Sharon Kuehn
Mary Hogden
Robert Coto
Carey Temple
Ruth Hollman
Destiny Owens
Aliysa Solomon

* Participated via telephone

I. Welcome/Introductions/Announcements

Chair Vega called the meeting to order at 1:19 P.M. and introductions were made. The following comments were shared with the membership:

- Chair Vega was uncertain how many people would show for the afternoon presentation.
- Chair Vega distributed responses to questions he had received. He wanted to do this before the presenters arrived. Committee Consultant Pete Best clarified that questions had been sent to the whole group.
- Carmen discussed concerns with having the meeting at 12:00 PM – it doesn't allow for lunch to take place. Chair Vega informed the membership that next time the meeting takes place at 12:00 PM – the membership will be told that this will be a brown bag.

II. Review and Approval the March 26, 2010 Meeting Minutes

- First bullet was changed by Chair Eduardo Vega to include an additional statement – made on the Minutes (1A)
- Darlene moved and Carmen seconded approval of the Minutes at 2:55 PM.

Action:

- **January Minutes were approved with the recommended corrections**

III. Reviewed the: “Client Family Leadership Committee Community Questions” (This is to help us understand perspectives)

Chair Vega indicated that all sites are welcoming (CFLC might want to send out questions via e-mail for additional input).

Carmen Diaz stated that questions address most of the harm reduction.

- Worst outcomes of stigma and discrimination

Public Comment:

Kathleen Derby stated that those worst outcomes lead to jail and welcomed progress the Committee had accomplished -- more detail regarding the worst outcomes would be helpful.

Chair Vega concurred with her response.

IV. Community Forum

Chair Vega had the following guests provide a brief introduction:

- Mary Hogden
- Kathleen Derby
- Robert Coto
- Elisa Solomon
- Sharon Keen
- Delphine Brody

The Community Forum Dialogue commenced at 2:23 PM and the following salient points were made:

- Mr. Carey Temple – first consumer advocate in the area – 10 years. MHSA is a miracle for the state – consumers and family members are being an integral part of Mental Health. Chair Vega inquired for more information on the document he provided.
- Since some Community individuals had still not arrived – Chair Vega elected to show his Powerpoint presentation and the audience was informed that the presentation would be provided to the full Commission on April 29, 2010.
- Client driven, family focused transformation – Eduardo talked about his presentation and gave a historical perspective on what has happened and how it ends with MHSA.
 - Sally Zinman commented on the federal values developed through SAMSA and wondered if these values could not be used. She also stated: “Why are the people here? Why are they unhappy? Shouldn’t they be happy with what has been done?”
 - MHSOAC Supervisor, Jose Oseguera commented that the presentation was very informative and recommended that Chair Vega finalize the presentation and have it ready by April 26, 2010 – copies need to be made and it will be helpful for the Commission to have hard-copies available as reference. Chair Vega agreed with the time-line.
- Community Forum officially commenced at 3:39 PM – Chair Vega commenced the forum by providing an explanation regarding the “Client Family Leadership Committee Community Questions.”
- Ruth Hollman spoke about what her center does and how they have been successful with having the facility open seven days a week.
- Carey Templeton raised concerns that the opinions of consumers are never truly trusted. Consumer and/or family members need to be more active in the planning process.
- Elisa Salomon discussed her work with the Stigma and Discrimination Committee – she was worked for LA DMH for more than 5 years.
- Dennis O’Brian stressed the need for the mental health community to understand both the administrative and client perspectives – once this is achieved, he feels better services will be provided. Even though he

has 10 advanced degrees, he sometimes is not taken seriously because he's a consumer.

- Robert Cordova, who has been active in the client coalition and outreach movement, stated that Latino's are viewed with suspicion and are seen as enemies in the mental health community. Latinos are not given the same respect and understanding as other groups.
- Darlene Prettyman clarified that the questions being discussed are attempting to get information on whether stakeholders have been taken into consideration through the stakeholder process. How do you make counties accountable?
- Chair Vega explained that every county has to provide an annual update (augmented or diminished programs need to be explained).
- Darlene Prettyman assured the audience that notes were being taken and that the CFLC would then voice concerns to the Commission. Chair Vega confirmed that the information would be compiled and shared with the full Commission.
- The general consensus from the group was that they failed to see a client-driven, family focused perspective in the stakeholder process. Providers and administrators are the ones who are running the show.

Meeting Adjourned at 5:05 P.M.

Parking Lot

Date	Item	Person Assigned	Estimated Completion Date	Date Completed
9/25/09	The Chair will draft a letter to the Services Committee that will recommend that a presentation from the California Mental Health & Spirituality Initiative be placed on one of that Committee's future agendas. If it is well received, the presentation could possibly be provided to the MHSOAC at a later date.	Chair Vega	01/2010	
10/23/09	Place helpful hints for public comment on the MHSOAC website	CFLC will discuss draft document	12/2010	
10/23/09	Discuss CFLC attendance Guidelines	CFLC	12/09	
10/23/09	Discuss the addition of new CFLC members	Chair and Vice-Chair	12/09	
11/18/09	Develop a strategy on what is the best way to present issues to the Commission	CFLC	01/2010	
12/15/09	Partner with CLCC to ensure discussions regarding the recovery and resiliency model with a focus on relevance to clients, parents/caregivers, and family members			
2/18/10	Complete changes to 12/09, 01/10 and 02/10 meeting minutes and present to CFLC for review/approval	Pete Best	03/2010	03/2010
2/18/10	Bring a sample of the Public Comment Card to the March/2010 CFLC meeting	Pete Best	03/2010	03/2010

2/18/10	Provide an update regarding the purchase of a bell to be used to notify speakers when their time has elapsed at the March 2010 CFLC meeting	Pete Best	03/2010	03/2010
2/18/10	Provide update on translation of MHSOAC Protocol and Comment Cards into the threshold languages (at a minimum in Spanish) at the March 2010 CFLC meeting	Pete Best	03/2010	03/2010
2/18/10	Provide update regarding the discussion with MHSOAC management on the website timeframe.	Pete Best	03/2010	03/2010
2/18/10	Commissioner Emeritus Prettyman, will purchase a suggestion/feedback box and bring to the March 2010 meeting	Prettyman	03/2010	
2/18/10	CFLC Committee Consultant will bring copies of the CFLC approved QI Form to the March 2010 meeting	Pete Best	03/2010	03/2010
2/18/10	Thank you letter to Tulare County and the TLC	Chair and Co-Chair	04/2010	03/2010
2/18/10	Identify email to be used for submittal of public comments	Pete Best	03/2010	03/2010
2/18/10	Finalize Stakeholder Public Comment and Participation Training Program document	Richard Krzyzanowski	03/2010	
3/25/10	Contact Jess Herrera regarding site visit and Community forum in Salinas in September	Pete Best	04/2010	
3/26/10	Research travel time to Eureka	Pete Best	04/2010	
3/26/10	Research developing a Commissioner Roster with bio's to be distributed at MHSOAC meetings	Pete Best	04/2010	

3/26/10	<ul style="list-style-type: none"> • CFLC members Khatera, Tracy and Richard will work on devising a orientation PowerPoint for the public participation training 	Khatera, Richard and Tracy	04/2010	
3/26/10	<ul style="list-style-type: none"> • CFLC members Richard, Cindy and Darlene will refine the roles of a mentor on the training document 	Richard, Cindy and Darlene	04/2010	