

**MINUTES**  
**Cultural and Linguistic Competence Committee**  
**April 28, 2010**

**1:00 PM to 5:00 PM**

**CiMH**

**2125 19th Street, 2nd Floor**  
**Sacramento, CA 95818**

**Attendance**

CLCC Members	CLCC Staff	Other Attendees
Richard Van Horn, Chair	Jose Oseguera	Kathleen Derby
Eduardo Vega, Vice-Chair*	Sandy Lyon	Amira Qotb*
Stacie Hiramoto	Deborah Lee*	Ann Arneill-Py
Rachel Guerrero		Autumn Valerio
Jo Ann Johnson		
Gwen Wilson		
Laurel Benhamida		
Nancy Carter		
Gwen Slattery		
Amber Burkan		
Janet King		
Doretha Williams-Flournoy		
C. Rocco Cheng		
<b><u>Absent</u></b>		
Sergio Aguilar-Gaxiola		
Will Rhett-Mariscal*		
Kelvin Lee		
Mertice “Gitane” Williams		
Leticia Alejandrez		

\* Participated via telephone

Chair Van Horn, called the meeting to order at 1:06 PM.

**I. Welcome and Introductions**

Chair Van Horn welcomed attendees and asked participants to introduce themselves.

**II. CLCC Comments/Discussion**

Commissioner Vega requested Tab 6 be moved to the beginning of the meeting to allow time to complete the discussion prior to when he needed to conclude his participation. The Committee had no comments or items for discussion in addition to the agenda items.

**III. Review and Approve April 28, 2010 Minutes**

CLCC members requested some modifications to the minutes.

The following changes were requested:

- a) Page 4, Item VII, c, reword to read “ The work of these committees are to address reduction and disparities and to ensure the voices of multicultural communities are heard.”
- b) Page 4, Item VII, e, and f, move to Section VIII on page 5.

- c) Page 5, Item VIII, **Item a**, reword to read “In January 2010, DMH issued the third revision of the cultural competence plan requirements to counties and has just completed the third of three regional trainings.” **Item b**, reword to read “The last Cultural Competency Plan submitted was in 2004 and an administrative postponement was issued by the Department for the requirement of submission of cultural competency plans because of the rollout of the Mental Health Services Act (MHSA).” **Item c**, reword to read “DMH will review, score and approve all cultural competency plans.” **Item g**, reword to read “Some small counties have asked DMH to modify the cultural competency plan requirements, stating that they are too cumbersome for small counties.”

#### **IV. Review/Finalize of Revised CLCC 2010 Charter**

CLCC members commented on the 2010 CLCC Charter.

The following is a synopsis of the discussion:

- a) Page 1, Program Delivery, Number 1, Staff informed the group there is a Student Mental Health Initiative (SMHI) meeting on May 13, 2010 that is reconvened by Commissioners Gould and Pating.
- b) Page 1, Program Delivery, Number 2, remove the last sentence “Establish parameters for cultural participation and cultural disparities.”
- c) A report will be provided to the MHSOAC in September of the collaborative efforts that have been done within the 2010 CLCC Charter.
- d) A suggestion was made that recommendations are to be written and then provided to counties to provide clarity.
- e) There needs to be identified activities that are specific to what is outlined in the Charter.
- f) Activities should specify “how it will get done.”

#### **V. RDA Update Report**

CLCC members discussed the presentation provided by Rebecca Brown, Ph.D., from Research Development Associates, (RDA). The following is an overview of the conversation:

- a) A suggestion was made that new outreach to people and clinics be made to get a better sense of the mental health community.
- b) Are those who are being seen through the criminal justice system included? They won't have primary care providers and for some minorities that are incarcerated they may be suffering from mental illness that is unidentified.
- c) The primary care provider is where to look for disparities.
- d) A comprehensive evaluation should include new groups that have not received previous treatment.
- e) The non-traditional providers, such as family resource centers, that have members of various ethnicities that have a difficult time accessing mental health services, should be considered.
- f) Federally qualified health centers measure disparity and cultural competency. There needs to be a focus on better data collection methods of penetration rates for forecasting and measuring disparities. DMH is working on identifying disparities that include gender and age, and the EQRO is also doing some work on this. There is a concern that DMH only has

FSP data, and the CSI data could also be used. The diversity measure should include ethnicity and gender.

- g) There is no collection of data from the LGBT community. This Committee could identify what to collect.
- h) The inclusion of languages needs to be addressed to include comparisons between cultural and ethnic breakdown, by county and the providers that manage the data.
- i) There should be a person of color on the selection panel for Phase II of the Comprehensive Evaluation to ensure that racial and ethnic demographics are considered.
- j) Rachel Guerrero commented that the Reducing Disparities Project is requesting cultural and linguistic strategies to be included in their plans. This includes five target population groups.
- k) Ann Arneill-Py noted there is information on county penetration rates and she will talk briefly and inform Rebecca on the year by year research.
- l) The Scope of Work for Phase I will be presented by RDA to MHSOAC staff on May 18, 2010. It is estimated that Phase II will be starting in January 2011.
- m) An observation was made that racism is a mental illness and the issue needs to be discussed.

#### **VI. Presentation from Crossings, a Media Outreach Program**

A presentation was provided by Joni Claerbout and Jinky Dolar, on the different media markets that are available for outreach services. The broadcast station covers Chico to Fresno and provides a tool for communication to various communities that may include underserved groups. The media outreach program currently provides resources to help individuals with autism, how to get safe tattoos and piercings, and how to teach communities on how to do specific processes. There are approximately 850,000 potential viewers that can receive exclusive cable highlights from an organization that is for-profit, but operates as a non-profit through advertising campaigns.

Crossings has worked with First Five Agency to encourage underserved communities to access services. The Committee membership wondered if MHSA funds could be used for media outreach.

#### **VII. Continue discussion regarding the possible Ethnic/Cultural Presentations at meetings**

The Committee members agreed they need to keep themselves informed of what is going on with cultural communities and to bring recommendations to the MHSOAC. The CLCC needs to be the “eyes and ears” of the Commission. A thank you note should be sent to the presenters.

The items in the approved minutes from the CLCC meeting of March 30<sup>th</sup> in Section X., Item 2, provide a list of 14 items the Committee reviewed.

#### **VIII: Discuss the collaboration with the Client and Family Leadership Committee regarding stakeholder input**

Commissioner Vega requested this item be discussed at the beginning of the meeting due to his need to depart early. The following is a synopsis of the CLCC’s comments related to the collaboration with the Client and Family Leadership Committee regarding stakeholder input:

- a) Committee members discussed the importance of stakeholder participation and acknowledged the MHSOAC wants to be responsive to communities of color.

- b) The Client and Family Leadership Committee (CFLC) is actively using discussion questions to secure stakeholder input. The questions provide a point of dialogue that support views and perceptions of the MHSA.
- c) There needs to be a broad range of outreach to get attendees to meetings and provide opportunities for individuals to participate. Using questions as a point of dialogue, and using materials in foreign languages is a helpful start. The CFLC has used community forums and the next will be held in Eureka.
- d) The CCLC could have committee meetings around the state and could meet on the same day as the CFLC.
- e) Working together, both committees would capture a vast audience and could intervene to provide a clear understanding to the unserved populations.
- f) There needs to be clarity regarding how stakeholder input will be used by the Commission and It needs to be clear if collected information from stakeholders is for the county, state, local, or MHSOAC and the goal of the project. This is a developing tool that requires outreach to communities to be conducive to requests that require their input. It must be clear what the MHSOAC will do with this data.
- g) How can the CFLC and CLCC work together to bridge the gap and engage people by using internal networks of family members, client groups and statewide organizations? When community comments what is done with the feedback?
- h) The CLCC charter considers disparities inclusive of both underserved and unserved communities, which includes those receiving inappropriate services. The CFLC would benefit from having representatives from underserved communities.
- i) The survey questionnaire administered by the CFLC will be revised and provided to the CLCC in the near future.

#### **IX. Discussion on work with other MHSOAC Committees to ensure Cultural Competence**

The Committee agreed to keep informed of what is going on with cultural communities and to ensure cultural competency advocacy is provided to the four other MHSOAC committees. It was unclear, however, how the representation would be put into operation. Representatives would need to possess a high level of cultural and linguistic competency. The ability to ask probing questions would also be essential. Especially, since situations like the Sacramento County grievance could erupt at any moment. The stakeholder process could be used as a model regarding what has or has not worked well. The First Five Agency could also be consulted for input regarding their strategy towards reducing disparities and that information could be presented to the MHSOAC in the Fall. Additionally, clarification is needed regarding roles and responsibilities and how information will be reported to the MHSOAC.

#### **XII. Suggested topics for next meeting**

- a) Utilize questions developed by CFLC to provide outreach.
- b) Complete discussion of Cultural Competency Matrix.
- c) Updates to the CLCC Charter for 2010

#### **XIII. General Public Comment**

##### **Meeting Adjournment**

Meeting adjourned at 5:05 PM.

Respectfully submitted,  
Sandy Lyon