



## **2010/11 PEI UPDATE NEW PROGRAM**

### **APPROVAL SUMMARY Ventura County**

**Total Requested for New Program: \$775,000**

**Staff Recommend: APPROVAL**

#### **Review History**

- Ventura County Submitted 2010/11 Update: 9/21/2010
- Mental Health Services Oversight and Accountability Commission (MHISOAC) Vote regarding New Program Approval: 10/28/2010

#### **Ventura County**

Ventura County is located between Santa Barbara and Los Angeles Counties. Ventura County covers 1,873 square mile with 43 miles of coastline.

#### **County Demographic Profile**

**Population: 808,000**

- Latino: 41%
- API: 9%
- Native American: 1%
- African American: 2%
- Caucasians: 47%

#### **Age**

- 29% under age 18
- 9% Transitional Aged Youth
- 10% age 65 or older

#### **Summary of Stakeholder Process**

Ventura County has an ongoing Prevention and Early Intervention (PEI) Planning Council with 44 individuals representing consumers, family members and service providers. In addition, focus groups were conducted that included groups organized by geographic area and representing 13 distinct populations; African Americans, ambulatory care professionals, consumers, deaf and hard of hearing, individuals with developmental disabilities, pre-K and elementary school students, high school and college students, faith-based community members, immigrants and farm workers, juvenile probation staff, older adults, transition-aged youth and veterans. The Early Supportive Services Project is consistent with the findings from this planning process and the community needs assessment.

### **Early Supportive Services Project**

- This program will provide focused, short term, mental health services to children with emerging mental health issues who are from stressed families, at risk of school failure or juvenile justice involvement. Through the use of culturally competent, community based, evidenced based and/or an empirically supported intervention, the program seeks to promote resiliency and prevent the need for long term mental health services.
- Specific interventions will meet the clinical and cultural needs of the populations. For youth with disruptive behaviors and potential school and juvenile justice involvement, various modalities may include; Aggression Replacement Therapy, Family Functional Therapy, Parent/Child Interactive Therapy and Triple P Parenting. Other empirically supported strategies that have a positive impact on family systems and social skills will also be used. For Youth with signs of depression or anxiety, interventions will include; Depression Treatment Quality Improvement, Dialectical Behavioral Therapy and other cognitive behavioral approaches.

### **Examples of Reviewers Comments**

- The use of data and the community need was well described and justified the need for this program.
- Including the families is a valuable component of this program and their involvement was well documented.