

California Department of Aging (CDA)
Review of Mental Health Services Act (MHSA) Prevention & Early Intervention (PEI) Plans Submitted to/Approved by the
Mental Health Services Oversight and Accountability Commission (MHSOAC) As of 2-26-10

<u>County/City PEI Plan</u>	<u>Older Adult-Specific PEI Program to be Funded (Yes/No)</u>	<u>Name of Older Adult –Specific PEI Program</u> <u>Community Needs & Priority Populations</u> <u>Older Adult-Specific PEI Program Highlights</u> <i>+ Indicates an Evidence-Base Practice (EBP) or Promising Practice (PP) Program Model</i>	<u># Older Adults/Families To Be Served by Older Adult-Specific PEI Program</u> <u>(Unduplicated)</u>	<u>Funding Amount Requested for Older Adult-Specific PEI Program</u>	<u>Name of PEI Programs Targeting Multiple Ages including Older Adults</u> <u>Specific Age Groups Allocated Funding (Children, Youth, Families-C/Y; Transition Age Youth-TAY; Adults-A; Older Adults-OA)</u> <i>Indicate if Older Adults are not included in any PEI Plans</i>	<u>Total Funding Requested for PEI Programs Targeting Older Adults(Older Adult Specific and Multi-Age Programs)/ Total PEI Funds Requested (for all age groups)</u> <u>% of Total PEI Funds Allocated for Older Adults</u>
*Indicates Small County (Population < 200,000) <u>MHSOAC Approval Date of PEI Plan</u> Alameda 11-3-08	Yes	<u>Mental Health-Primary Care Integration for Older Adults</u> Community Needs & Priority Populations: Disparities in Access to Mental Health Services, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals. Mental health screening/services will be provided to older adults in community clinics serving Latino and Asian Pacific Islanders (API) and in hospital ERs to reduce stigma and improve access to services for Latino and API elders. Mental Health Specialist “nested” in exam area of the primary care settings and available to primary care clients through a “warm hand-off” based on mental health screening results; Geriatric Assessment Response Team (GART) comprised of primary care and mental health specialists will be available to hospital ERs to provide assessment, brief treatment, linkage and referral to appropriate level of care. +Mendocino Community Health Clinics, CA (PP);	215 (Annual target served for individuals and families)	\$733,152	<ul style="list-style-type: none"> Stigma & Discrimination Reduction Campaign (C/Y, TAY, A, OA) Outreach, Education & Consultation for the Latino, Asian Pacific Islander, South Asian/Afghan and Native American Communities (C/Y, TAY, A, OA) 	\$1,075,792/ \$4,891,876 21.9% of Funds Allocated for Older Adults

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		+Mountain Park Health Center, AZ (PP)				
Alpine* 7-13-09	No			0	<ul style="list-style-type: none"> Strengthening Families (C/Y, TAY, A, OA)-Indicates older adults on Form 3 but no mention of older adults in narrative or service strategies Second Step-Children & Youth Program (C/Y, TAY, A, OA)- Form 3 Indicates funding allocated to older adults but no mention of older adults in narrative/or service strategies 	\$45,550/ \$226,652 20% of Funds Allocated for Older Adults
Amador* Not yet submitted						
Berkeley City 3-9-09	No			0	<ul style="list-style-type: none"> Community Education/ Supports (TAY, A, OA) 	\$121,709/ \$966,700 12.5% Allocated for Older Adults
Butte 5-12-09	Yes	<u>Older Adult Suicide Prevention, Early Intervention & Education Program (OASP)</u> Community Needs & Priority Populations: Suicide Risk, Trauma Exposed Individuals Provide mental health screening/assessment to	800/70	\$161,073	<ul style="list-style-type: none"> Integrated Primary Care & Mental Health (C/Y, TAY, A, OA) Mental Health Awareness (TAY, A, OA) African American Cultural 	\$326,785/ \$1,823,300 17.9% Allocated for Older Adults

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Butte cont.		seniors experiencing isolation, loss, trauma, depression/suicide risk, complicated grief, substance use. Strategies include Brown Bag clinics (medication review), possible Friendship Line in partnership with Institute on Aging.			Center (C/Y, TAY, A, OA)	
Calaveras* 4-16-09	No			0	<ul style="list-style-type: none"> • Suicide Prevention (C/Y, TAY, A, OA) • Grandparents Project (C/Y)- targets grandparents, other relatives raising grandchildren in narrative, but does not allocate funding to older adults on Budget Form 6. 	\$9,483/ \$291,000 3.2% Allocated for Older Adults
Colusa* 3-3-09	No			0	<ul style="list-style-type: none"> • No PEI Plan targets Adults or Older Adults—Two PEI Plans (C/Y; TAY) 	0/\$150,000 0 % Allocated for Older Adults
Contra Costa 2-17-09	Yes	<u>Supporting Older Adults: Fostering Resilience in Older Adults</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of Serious Mental Illness (SMI), Underserved Cultural Populations. Senior Peer Counseling Program Expansion to serve underserved cultural populations- Hispanic,	Total 400/0	\$425,000	<ul style="list-style-type: none"> • Building Connections in Underserved Cultural Communities (C/Y, TAY, A, OA) • Coping with Trauma Related to Community Violence (C/Y, TAY, A, OA) • Stigma Reduction & Awareness Education (C/Y, TAY, A, OA) • Suicide Prevention (C/Y, 	\$1,197,537/ \$5,553,000 21.5% Allocated for Older Adults

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Contra Costa cont.		<p>Vietnamese, Asian communities. Peer counselors are “first responders” to assess changing conditions and provide early intervention for seniors showing signs/symptoms of a mental illness or experiencing stressors that can destabilize older adults. Link with existing Older Adults Program funded by MHSA Community Services & Supports (CSS).</p> <p>Two Components: 1-Expansion of Existing Senior Peer Counseling Program: Senior volunteers trained to assess the mental wellness of isolated older adults to support and link them with services, including mental health services. Will expand its cultural competency and language capacity for communities speaking Spanish, Vietnamese, and at least one Asian language. Clients are referred from Adult Protective Services, senior centers, information/referral services, primary care and mental health providers, and sources. +Senior Peer Counseling Program Model-Santa Monica (PP)</p> <p>2-Community Based Social Supports for Isolated Older Adults: Provide culturally-appropriate community-based social supports and activities for isolated older adults, including transportation.</p>	<p>200/0</p> <p>200/0</p>		<p>TAY, A, OA)</p> <ul style="list-style-type: none"> • Parenting Education & Support (C/Y, TAY, A, OA) • Supporting Families Experiencing the Juvenile Justice System (C/Y, TAY, A, OA) • Support for Families Experiencing Mental Illness (C/Y, TAY, A, OA) 	

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Del Norte*						
Not yet submitted						
El Dorado* 11-19-09	Yes	<u>Home Delivered Meals Wellness Outreach Program for Older Adults</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI. Community education, early identification and intervention to mitigate the impact of late onset depression for seniors receiving home delivered meals who are isolated, have limited social supports and are at risk for depression and suicide. Enhance the existing home delivered meals program provided by County Human Services Department that serves 800 seniors. Provide education/training to staff, volunteers, clients and community on older adult mental health issues. Screen older adults and caregivers for depression. Provide brief treatment and/or referral as appropriate. Target Latino, Native American, African American, Asian populations. Provide link with Senior Peer Counseling, Friendly Visitor, Community Services & Supports (CSS) Wellness & Recovery Program.	426/110	\$61,686	<ul style="list-style-type: none"> • Wennem Wadati - A Native Path to Healing; (C/Y, TAY, A, OA) • Health Disparities Initiative (C/Y,TAY,A,OA) 	\$89,897/ \$635,997 14.1% Allocated for Older Adults

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El Dorado* cont.		+Meals On Wheels MH Outreach Program Model- Redwood Coast Seniors Inc.(PP) +Gatekeeper Training (PP)-for drivers and volunteers of meals program, and community +Problem Solving Treatment Model (EBP)				
Fresno 9-10-09	No			0	<ul style="list-style-type: none"> • Integration of Primary Care & Mental Health (C/Y, TAY, A, OA)-Intervention at Federally Funded Clinics- Rural, Native American or Community Clinics for Indigent Care • Cultural-based Access and Navigation Specialists & Community-Based Peer Support (A,OA) • Horticultural Therapeutic Community Centers (TAY, A, OA) • First Onset Consumer & Family Support (TAY, A, OA) • Crisis & Acute Care Prevention/Early Intervention Project (TAY, A, OA) • Funding PEI Activities in CSS through PEI (C/Y,TAY,A, OA) 	\$1,181,324/ \$6,537,258 18% Allocated for Older Adults

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Glenn* 9-30-08	No			0	<ul style="list-style-type: none"> Welcoming Line/Warm Phone Line (C/Y, TAY, A, OA)-Complements existing Crisis Line. +Applied Suicide Intervention Skills Training/ASIST (EBP) 	\$13,164/ \$155,300 8.4% Allocated for Older Adults
Humboldt* 1-15-09	No			0	<ul style="list-style-type: none"> Suicide Prevention (C/Y, TAY, A, OA) Stigma Reduction (C/Y, TAY, A, OA) 	\$53,181/ \$613,853 8.6 % Allocated for Older Adults
Imperial* 7-13-09	No			0	<ul style="list-style-type: none"> Trauma Exposed Individuals (C/Y, TAY, OA) +PEARLS (EBP) embedded in the multi-age PEI Trauma Exposed Program for OA. 	\$296,638/ \$1,835,124 16.1 % Allocated for Older Adults
Inyo* 5-29-09	Yes	<u>Older Adult Prevention & Early Intervention Services</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI. Early mental health screening and early intervention to older adults receiving services	35/30	\$28,219		\$28,219/ \$150,000 18.8% Allocated for Older Adults

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Inyo* cont.		from Linkages, In Home Supportive Services (IHSS), Meals on Wheels. Provide linkage and support to promote access to mental health and healthcare services. Collaborate with and train agency partners to recognize signs/symptoms of mental illness in older adults and use brief screening tools. Agency partners include physicians, public health, home health, Adult Protective Services. Link family caregivers to support groups. Hire bilingual/bicultural staff to provide culturally sensitive services. +Gatekeeper Training (PP)				
Kern 10-1-09	Yes	<u>Senior Volunteer Outreach</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Suicide Risk, Trauma Exposed Individuals. Utilize trained senior volunteers who are culturally and linguistically competent to provide counseling and socialization support to at-risk older adults. Volunteers monitor for signs/symptoms of mental health needs, promote socialization and linkage with services and supports. Services targets older adults who are isolated, lonely, experiencing loss, grief, depression, substance use and are at risk for suicide, particularly seniors from ethnic/cultural populations in rural, geographically- isolated areas (African American, Asian/Pacific Islander,	900/0	\$628,616	<ul style="list-style-type: none"> Integrated Physical and Behavioral Healthcare Project (C/Y, TAY, A, OA, Including military veterans) 	\$718,527/ \$3,859,069 18.6% Allocated for Older Adults

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Kern cont.		Hispanic/Latino, Filipino, Native American, Caucasian.) Program to recruit culturally aware Spanish-speaking counselors to work with Hispanic/Latino communities. Additional training in cultural competency and peer counseling skills are provided. +Santa Monica Senior Peer Counseling Program Model (PP).				
Kings* Not yet submitted						
Lake* 2-25-10	Yes	<u>Older Adult Outreach and Prevention</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of Serious SMI, Underserved Cultural Populations. Develop Friendly Visitor Program to provide prevention/early intervention services for older adults in the northern part of county similar to existing Friendly Visitor Program in southern part. Peer volunteers trained to provide companionship to vulnerable homebound older adults, to offer individualized companionship, understanding, friendship and reassuring phone calls on a regular basis to seniors who have limited access to outside activities. Program will link with MHSA-	48/0	\$20,000	<ul style="list-style-type: none"> Prevention and Early Intervention Coordination (C/Y, TAY, A, OA) Community-Based Wellness Centers (C/Y, TAY, A, OA) Mental Health Screening and Early Intervention (C/Y, TAY, A, OA) 	\$66,189/ \$410,000 16.1% Allocated for Older Adults

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Lake* cont.		funded Senior Peer Counseling Program. Specific outreach to Latino and Native American populations. +Friendly Visitor Program (PP)				
Lassen* 4-15-09	No			0	<ul style="list-style-type: none"> No PEI Plan Targets Adults or Older Adults One County PEI Plan-Supporting Lassen Families (CY, TAY) 	0/\$156,600 0% Allocated for Older Adults
Los Angeles 8-18-09	Yes	<u>Early Care & Support for Older Adults</u> <u>Community Needs & Priority Populations:</u> Disparities in Access; Psycho-Social Impact of Trauma; At-risk Children, Youth, Young Adult; Stigma/Discrimination; Suicide Risk; Trauma Exposed, Individuals Experiencing Onset of SMI, Children/Youth (C/Y) in Stressed Families, C/Y at Risk for School Failure, C/Y at Risk/Experiencing Juvenile Justice Involvement, Underserved Cultural Populations. Establish strategies to identify/link older adults who need mental health treatment but may be reluctant, hidden, unknown/unaware of need. Services provided to prevent/alleviate depressive disorders, provide brief mental health treatment, and address stigma to eliminate barrier to treatment before illness progresses. Services are targeted to older adults, family members,	Total: 30,095/ 10,026	\$9,026,660	<ul style="list-style-type: none"> Trauma Recovery Services (C/Y, TAY, A, OA) Primary Care & Behavioral Health (C/Y, TAY, A, OA) Improving Access for Underserved Populations (C/Y, TAY, A, OA) 	\$17,487,504/ \$121,661,559 14.3% Allocated for Older Adults

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Los Angeles cont.		<p>caregivers and others who interact with/provide services to seniors. Programs will provide culturally/ linguistically appropriate community education, screening, assessment, brief intervention, referral, linkage, follow-up to older adults, family members and caregivers. Outreach and Engagement to Un-served and Under-served Communities is a critical element of this PEI Program to reduce mental health disparities experienced by older adult racial/ethnic and cultural groups. Refer to plan for details on broad range of diverse populations targeted for each program component.</p> <p>Six Components: 1--Cognitive Behavioral Therapy/CBT for Late Life Depression (EBP)-Time limited structured problem-solving approach. Clients taught to identify, monitor, challenge negative thoughts about themselves/their situations and develop more adaptive/flexible thoughts.</p> <p>2--Gatekeeper Case-finding Model (EBP)-Identify at-risk older adults who do not typically come to attention of mental health and aging service delivery systems. Non-traditional community referral sources are organized and trained to identify high-risk elders experiencing problems that threaten ability to live independently and</p>	<p>CBT: 975/321</p> <p>Gatekeeper: 3,750/1,250</p>			

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Los Angeles cont.		<p>safely in community. Gatekeepers refer older person to designated agency for comprehensive assessment and linkage to mental health, aging, medical, social services.</p> <p>3--Live Well, Live Long, Steps to Mental Wellness (EBP)-Address health promotion for seniors with symptoms of depression/anxiety on fixed incomes, homebound, have chronic illness, live along/isolated, without culturally responsive services. Use health promotion strategies developed by the American Society on Aging and Centers for Disease Control and Prevention</p> <p>3--Psychogeriatric Assessment and Treatment in City Housing (PATCH) (EBP)-Address mental health needs of older adults in public housing or other social living settings; improve and coordinate community services to elderly and educate caregivers about their special needs. Uses two part-time psychiatrists and nurse to provide mental health assessments and referral.</p> <p>4--Program to Encourage Active Rewarding Lives for Seniors (PEARL) (EBP)-Targets older adults with minor depression/dysthymia receiving home-based social services. Use depression management techniques: Problem solving treatment, Social and physical activity planning,</p>	<p>Live Well: 23,250/7749</p> <p>PATCH: 100/33</p> <p>PEARLS: 1620/540</p>			

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Los Angeles cont.		Participation in pleasant events. 5--Promotores de Salud (PP)-mental and physical health conditions (diabetes & depression.) Train volunteer community members in outreach and education specific to common physical health conditions and co-occurring mental health conditions common in Latino older adults; Conduct basic physical health status assessments and follow-up with Latino elders who have evidence of chronic health conditions.	Promotores: 400/133			
Madera* 3-16-09	No			0	<ul style="list-style-type: none"> Community Outreach & Wellness Center (C/Y, TAY, A, OA); Latino & Native American; +Senior Peer Counseling Program (PP); +Promotores (PP). WET funds for training. Focus on Early Intervention (all ages) 	\$96,895/ \$1,247,900 7.7% Allocated for Older adults
Marin 2-9-09	Yes	<u>Home Delivered Meals Prevention/Early Intervention</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Suicide Risk, Trauma Exposed Individuals, Underserved Cultural Populations.	500/0	\$47,833	<ul style="list-style-type: none"> Integrating Behavioral Health in Primary Care (TAY, A, OA) Suicide Prevention (TAY, A, OA) Mental Health Awareness & Stigma Reduction (TAY, A, 	\$124,491/ \$1,338,927 9.2% Allocated for Older Adults

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Marin cont.		Mental health screening, education and early intervention to older adults receiving home delivered meals who have multiple risk factors for mental health concerns such as depression and suicide risk. Risk factors include isolation, illness, disability, low income, nutritional risk, substance use/abuse. Improve their access to and utilization of mental health services. Targets diverse elders; hire culturally/linguistically appropriate staff. +Meals on Wheels Mental Health Outreach Program of Redwood Coast Seniors Inc. (PP); +Problem Solving Therapy (EBP); +Behavioral Activation Treatment (EBP) +Evidence-based screening tools (Geriatric Depression Scale, Patient Health Questionnaire (PHQ-9), Michigan Alcohol Screening Test (Short MAST-G), Complaint-Annoyed-Guilty-Eye-Opener (CAGE)			OA)	
Mariposa* 3-16-09	No			0	<ul style="list-style-type: none"> • No PEI Plan targets Adults, Older Adults or TAY • Two PEI Projects for Children, Youth, Families only (SMILE Program; Project Respect) 	0/\$150,000 0% Allocated for Older Adults
Mendocino* 2-25-10	Yes	<u>Prevention, Early Intervention for Older Adults</u> Community Need & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk,	Total: 682/0 (Form 7-Evaluation)	\$19,120	<ul style="list-style-type: none"> • Education, De-Stigmatization & Peer Support (C/Y, TAY, A, OA) 	\$22,690/ \$187,409 12.1% Allocated for Older

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Mendocino* cont.		<p>Trauma Exposed Individuals, Underserved Cultural Populations.</p> <p>Provide prevention, early intervention and support for seniors at risk for depression and other debilitating Axis I mental health diagnoses. Provide senior peer counseling across the county, mental health case management, and mental health prevention services through senior center outreach and depression screening for homebound clients. Provide education and outreach to community at large and physicians, medical and social services staff and other professionals to de-stigmatize mental illness in older adults and improve identification and early intervention services. Provide clinical supervision for the senior peer counselors. Targets isolated seniors, Native American and Latino elders. +Senior Peer Counseling Model (PP)</p>				Adults
Merced 9-18-08	No			0	<ul style="list-style-type: none"> Public Awareness & Education (C/Y, TAY, A, OA) Integrated Primary Care and Mental Health (A, OA) Older Adult PEI Program Models are embedded in the Integrated Primary Care & Mental Health Project : +PROSPECT training- 	<p>\$190,000/ \$1,903,000</p> <p>9.9% Allocated for Older Adults</p>

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Merced cont.					Prevention of Suicide in Primary Care Elderly Collaborative Trial; +PEARLS-Program to Encourage Active, Rewarding Lives for Seniors; + Promotores	
Modoc* 10-1-08	No			0	<ul style="list-style-type: none"> • No PEI Plan Targets TAY, Adults or Older Adults • Only one PEI Program: Developing Youth & Family Assets (C/Y) 	0/\$125,000 0% Allocated for Older Adults
Mono* 9-17-08	No			0	<ul style="list-style-type: none"> • No PEI Plan targets Adults or Older Adults • Only one PEI Program: School Counseling Project (C/Y, TAY) 	0/\$181,100 0% Allocated for Older Adults
Monterey 9-17-08	No			0	<ul style="list-style-type: none"> • Trauma Exposed Individuals (C/Y, TAY, A, OA) • Unserved Cultural Populations (C/Y, TAY, A, OA) • Children & Youth in Stressed Families (C/Y, TAY, A, OA) 	\$380,076.08/ \$3,357,700 11.3% Allocated for Older Adults

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Napa* Not yet submitted						
Nevada* 5-15-09	No			0	<ul style="list-style-type: none"> • Access to Services Project (C/Y, TAY, A, OA) • Outreach Project (C/Y, TAY, A, OA) 	\$360,025/ \$1,653,900 12% Allocated for Older Adults
Orange 1-29-09	No			0	<ul style="list-style-type: none"> • Early Intervention Services (C/Y,TAY,A, OA) • Prevention Services (C/Y, TAY, A, OA) • Outreach and Engagement Services (C/Y, TAY, A, OA) • Screening & Assessment Services (C/Y,TAY,A,OA) • Crisis & Referral Services (C/Y, TAY, A ,OA) • Training Services (C/Y, TAY, A, OA) 	\$4,088,710/ \$31,146,234 13% Allocated for Older Adults
Placer 1-5-09	No			0	<ul style="list-style-type: none"> • Bridges to Wellness (C/Y,TAY,A, OA) • Bye Bye Blues (C/Y, TAY, A, OA) • Ready for Success (C/Y, TAY, A, OA) 	\$217, 369/ \$1,433,374 15.1% Allocated for Older Adults

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Plumas* 6-24-09 <u>MHSOAC Approval Date of PEI Plan</u>	No			0	<ul style="list-style-type: none"> • No PEI Plan targets Adults or Older Adults • Only one PEI Program: Family Therapy (12-15 sessions) (C/Y, TAY) 	0/\$225,000 0% Allocated for Older Adults
Riverside 10-1-09	Yes	<u>First Onset for Older Adults</u> Community Needs & Priority Populations: Disparities in Access, Stigma/Discrimination, Suicide Risk, Individuals Experiencing Onset of SMI. Program/services will address prevention/early intervention needs of at-risk older adults and family caregivers through implementation of suicide prevention services, depression services, caregiver support groups, trauma intervention services, mental health awareness and stigma reducing activities, and parenting programs to benefit grandparents raising grandchildren. Program/services will target under-served older adult ethnic/cultural populations including LGBT elders and veterans. Four Components: 1-+Question, Persuade & Refer (QPR) Gatekeeper Training for Suicide Prevention (EBP)-Train gatekeepers who interact with older adults to recognize look for depression and suicidal	Total: 3660/0 QPR: 900/0	\$2,017,166	<ul style="list-style-type: none"> • Mental Health Outreach, Awareness and Stigma Reduction (C/Y, TAY, A, OA) • Trauma-Exposed Services For All Ages (C/Y, TAY, A, OA) 	\$3,248,145/ \$28,236,219 11.5% Allocated for Older Adults

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Riverside cont.		<p>behavior, to identify suicidal communications and to question, persuade and refer someone for help. Special outreach to older adult LGBTQ community.</p> <p>2-+Cognitive Behavioral Therapy for Late-Life Depression (CBT)(EBP)-Early intervention to reduce suicide risk and depression. CBT is time-limited structured problem-solving approach to challenge negative thoughts about themselves/their situations and develop more adaptive thoughts, increase pleasant events in daily lives using behavioral treatment procedures. Gatekeepers for QPR will link seniors to CBT services.</p> <p>3-+Program to Encourage Active, Rewarding Lives for Seniors (PEARLS) (EBP)-Early intervention for older adults with minor depression/dysthymia and receiving home-based social services from community service agencies. Counselors utilize depression management techniques: problem-solving treatment, social and physical activity planning, and pleasant event participation. QPR gatekeepers refer seniors to this program.</p> <p>4-+Caregiver Support Program (PP)-Provides caregiver support groups for those at risk for mental health issues such as depression. Develop</p>	<p>CBT: 180/0</p> <p>PEARLS: 240/0</p> <p>Caregiver Support Groups:</p>			

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Riverside cont.		psycho-education curriculum and supportive interventions such as how to talk to the doctor, stress reduction techniques, assertion training, self care skills, medication management and exercise programs. Outreach to caregivers of individuals receiving PEI services, caregivers of seniors with mental illness, and caregivers of seniors with dementia. Referral partner agencies include Adult Protective Services, County Office on Aging, Community Health Agency and others.	0/2340			
Sacramento 10-8-09 (Early Starts Project Plan)	No			0	<ul style="list-style-type: none"> Suicide Prevention Project (C/Y, TAY, A, OA) 	\$400,000/ \$1,600,000 25% Allocated for Older Adults
Sacramento Remaining PEI Plan submitted 2-18-10	No				<ul style="list-style-type: none"> Strengthening Families (C/Y, TAY, A, OA) Integrated Health & Wellness (C/Y, TAY, A, OA) Health Promotion (C/Y, TAY, A, OA) 	\$1,309,650/ \$6,106,000 21.4% Allocated for Older Adults
San Benito* 5-29-09	Yes	<u>Older Adult PEI Services</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, At risk Children, Youth, Youth Adult Populations, Stigma/Discrimination, Suicide Risk; Trauma Exposed Individuals, Individuals	90/0	\$118,726	<ul style="list-style-type: none"> Suicide Prevention Training for First Responders (C/Y, TAY, A, OA) 	\$120,976/ \$426,300 28.3% Allocated for Older Adults

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San Benito* cont.		<p>Experiencing Onset of SMI.</p> <p>Provide mental health screening/intervention to Latino seniors at risk for depression attending <i>Jovenes de Antano</i> (senior center) and older adults receiving meals on wheels. Train/assist senior center, home delivered meals program staff/volunteers and other agency partners including public health and physicians to recognize signs/symptoms of depression, suicide, substance/prescription drug abuse and other mental health issues. Offer caregiver support groups to provide support/early interventions for family caregivers at risk for depression and health problems.</p>				
San Bernardino 10-1-08	Yes	<p><u>Older Adult Community Services</u></p> <p>Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI.</p> <p>Provides mobile resources for education and screening for mental health and substance use issues (target underserved ethnic communities, geographically, economically and financially isolated areas; bilingual screening.) Provides wellness services through groups, education seminars, arts, music, alternative activities</p>	Total: 2140/0	\$1,350,000	<ul style="list-style-type: none"> Family Resource Center (C/Y, TAY, A, OA) American Indian Resource Center C/Y, TAY, A, OA) 	<p>\$1,697,700/ \$14,239,611</p> <p>11.9% Allocated for Older Adults</p>

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San Bernardino cont.		<p>(transportation to reduce isolation and promote socialization); provides personal and home safety assessment (fall prevention, medication management) to reduce hospitalizations; provides bilingual and culturally competent suicide prevention and early intervention screening.</p> <p>Four Components: 1-Older Adult Mobile Resources Unit; +Beck Depression Inventory.</p> <p>2-Older Adult Wellness Services +Stamp Out Stigma (PP)</p> <p>3-Older Adult Home Safety Program +Harvard Program in Refugee Trauma</p> <p>4-Older Adult Suicide Prevention Program +Prevention of Suicide in Primary Care Elderly - PROSPECT (EBP); +Applied Suicide Intervention Skills Training (ASIST) by LivingWorks (EBP) +IMPACT (EBP) +Peer to Peer Model (PP)</p>	<p>Mobile Resources: 370/0</p> <p>Wellness: 580/0</p> <p>Home Safety: 100/0</p> <p>Suicide Prevention: 90/0</p>			
San Diego 1-15-09	Yes (5)	<u>Five Older-Adult Specific PEI Programs:</u> <u>1-Elder Multicultural Access & Support Services</u> Community Needs & Priority Populations:	800/0 (200 older	\$514,153	<ul style="list-style-type: none"> Outreach & Education: Media Campaigns & Targeted Populations (C/Y, TAY, A, OA) 	\$4,046,579/ \$25,193,145 16% Allocated for Older

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San Diego cont.		<p>Disparities in Access, Impact of Trauma, Stigma/Discrimination, Trauma Exposed, Individuals Experiencing Onset of SMI, Underserved Cultural Populations.</p> <p>Multicultural outreach, education, advocacy, peer counseling support and transportation services to older adult Hispanics, African refugees, African American and Filipino seniors. +Promotoras Model (PP)</p> <p><u>2-Home Based Prevention Early Intervention Gatekeeper Program</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI.</p> <p>Targets homebound diverse seniors in home delivered meals program. Reduce isolation/promote socialization. Educates community /primary care physicians about depression; senior peers advocate with Primary Care Provider, Targets Hispanic and Asian populations +Senior Peer Counseling (PP) +Gatekeeper Program (PP) +Meals on Wheels Mental Health Outreach</p>	<p>adults to be transported to appropriate services)</p> <p>600/0</p>	\$547,805	<ul style="list-style-type: none"> • Veterans & Families Outreach & Education (C/Y, TAY, A, OA) • Rural Integrated Behavioral Health & Primary Care Services (C/Y, TAY, A, OA) • Services Program with Elder Navigator (C/Y, TAY, A, OA) • Prevention Education to San Diego American (C/Y, TAY, A, OA) • Prevention Program (C/Y, TAY, A, OA) • Bridge to Recovery (TAY, A, OA) • Screening, Community Based Alcohol & Drug Services Programs (C/Y, TAY, A, OA) 	Adults

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San Diego cont.		<p>Program Redwood Coast Seniors Inc (PP); +PEARLS (EBP).</p> <p><u>3-Life Long Learning: Aging & Wellness</u> Community Needs & Priority Populations: Stigma/Discrimination, Suicide Risk, Individuals Experiencing Onset of SMI.</p> <p>Provide age appropriate, culturally/linguistically appropriate educational activities/materials for mental health/prevention education at senior centers, adult day health care centers, senior low income housing, faith-based organizations, educational campuses providing Lifelong Learning opportunities to seniors, family/caregivers, health/social services professionals. Education modules developed for seniors; family caregivers; primary care physicians, first responders, staff, allied professionals.</p> <p><u>4-REACHing Out/ Prevention/Early Intervention with Hispanic Alzheimer's Caregivers</u> Community Needs & Priority Populations: Disparities in Access, Stigma/Discrimination, Individuals Experiencing Onset of SMI, Underserved Cultural Populations.</p>	<p>500/0</p> <p>600 Hispanic Caregivers</p>	<p>\$245,925</p> <p>\$129,095 (Older Adults) \$387,285 (Adults)</p>		

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San Diego cont.		<p>Provide screening, preventive and timely care, including education, respite and other services to caregivers. To improve health, reduce loneliness and isolation, prevent depression, substance use and enhance family caregiving of Hispanic caregivers of persons with a dementia. +REACH Model (PP) +Problem Solving Treatment (EBP); +Coping Skills Training (EBP)</p> <p><u>5-Salud Pilot Implementation: PEI of Co-Occurring Diabetes and Depression with Hispanic Elders</u> Community Needs & Priority Populations: Disparities in Access, Stigma/Discrimination, Individuals Experiencing Onset of SMI, Underserved Cultural Populations.</p> <p>Provide prevention/early intervention in persons with co-occurring/co-morbid disorders; promote chronic disease management to prevent and address co-morbid depression in diabetic Hispanic elders, to improve diabetes care. +Chronic Care Model-Stanford University (EBP) +IMPACT Problem Solving Treatment (EBP) +Promotoras (PP)</p>	530/0	\$606,987		

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San Francisco 3-24-09	Yes	<p><u>Depression Screening & Response</u> Community Needs & Priority Populations: Disparities in Access, Stigma/Discrimination, Suicide Risk, Underserved Cultural Populations. Mental health screening and care management services provided in three health clinics serving seniors at risk for depression and suicide. Clinics will choose one of four coordinated care models based on their staff expertise and patient needs: +IMPACT, +PROSPECT, +PRISM-E, +TCE Supported Model.</p> <p>Core Components: 1-Training: Depression care/treatment, care model implementation. 2-Screening: PHQ2, PHQ9 in multiple languages), 3-Care Management: Educate consumer about depression and develop care plan in consultation with healthcare provider; Provide short-term evidence-based therapy (Problem Solving Treatment, Behavioral Activation, Pleasant Events Scheduling). 4-Follow-up/Stepped Care: Provide phone check-ins and PHQ9 screenings at clinic visits; adjust treatment interventions as indicated.</p>	3000/0	\$323,533	<ul style="list-style-type: none"> No Multi-Age PEI Plans including Older Adults 	\$323,533/ \$6, 172,079 5.2% Allocated for Older Adults

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San Joaquin 5-29-09	Yes	<p><u>Connections for Seniors and Adults</u> Community Needs & Priority Populations: Disparities in Access, Impact of Trauma, Stigma/Discrimination, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI, Underserved Cultural Populations.</p> <p>Connect seniors to support services and resources who are experiencing stress and trauma associated with economic stressors, family stressors (violence, substance use), traumatic experiences (losing child, war), particularly elders within diverse communities. Utilize Senior Peer Counseling Program and integration of mental health services within a county primary care health center. Utilize cultural brokers to ensure outreach and education within diverse ethnic communities. Provide public education and professional training.</p> <p>Four Components: 1-Mental Health in Older Adults Education Campaign.</p> <p>2-Connections for Homebound Seniors +Home Delivered Meals Program (PP)</p> <p>3-Senior Peer Counseling (PP)- Cultural competence training for volunteers</p>	Total: 945/5000 120/5,000 500/0 45/0	\$539,600	<ul style="list-style-type: none"> • Suicide Prevention & Supports (C/Y, TAY, A, OA) 	\$559,600/ \$6,339,600 9.4% Allocated for Older Adults

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San Joaquin cont. <u>MHSOAC Approval Date of PEI Plan</u>		+Senior Peer Counseling Model (PP) +PEARLS (EBP) +ASIST Suicide Prevention Training (EBP) 4-Mental Health at the Family Practice Clinic +IMPACT	280/0			
San Luis Obispo 12-26-08	No			0	<ul style="list-style-type: none"> Mental Health Awareness & Stigma Reduction (C/Y, TAY, A, OA) School-based Student Wellness (C/Y,TAY,A,OA) 	\$228,510/ \$1,979,500 11.5% Allocated for Older Adults
San Mateo 12-11-08	No			0	<ul style="list-style-type: none"> Primary Care/Behavioral Health Integration for Adults & Older Adults (TAY, A ,OA) Total Wellness (TAY, A, OA) 	\$308,369/ \$2,071,177 14.8% Allocated for Older Adults
Santa Barbara Submitted 2-9-10	No			0	<ul style="list-style-type: none"> Community Mental Health Education & Support in Culturally Underserved Communities (A,OA) Integrating Primary & Mental Health Care in Community Clinics (C/Y, TAY, A, OA) 	\$263,376/ \$3,674,718 7.1% Allocated for Older Adults

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Santa Clara 9-15-09	No			0	<ul style="list-style-type: none"> Community Engagement & Capacity Building for Reducing Stigma & Discrimination (C/Y, TAY, A, OA) PEI for Individuals Experiencing Onset of Serious Psychiatric Illness with Psychotic Features (C/Y, TAY, A, OA) Primary Care/Behavioral Health Integration for Adults & Older Adults (TAY, A, OA) 	\$583,417/ \$12,429,997 4.6% Allocated for Older Adults
Santa Cruz 5-19-09	Yes	<u>Early Intervention Services for Older Adults</u> Community Needs & Priority Populations: Disparities in Access, Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI, Underserved Cultural Populations. Provides prevention to older adults who are isolated and have difficulty accessing appropriate care. Targets elders who are at risk for depression. Utilizes Supervisor of MHSA Older Adult Full Service Partnership to provide clinical supervision to PEI staff.	Total: 294/108	\$350,624	<ul style="list-style-type: none"> No Multi-Age Program including Older Adults 	\$350,624/ \$3,800,242 9.2% Allocated for Older Adults

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Santa Cruz cont.		<p>Three Components:</p> <p>1-Field based mental health training and assessment services: Utilize Occupational Therapist with specialty in older adult mental health to provide outreach, assessment and short-term case management to older adults in their homes and other settings where they reside.</p> <p>2- + Senior Outreach through Peer Companions (PP) Utilize peer companions to provide early intervention counseling/therapy, companionship and light respite services for frail elderly using brief treatment model and include mobile services where seniors reside. Recruit monolingual Spanish speaking/bilingual capacity peer companions. Serve seniors in own homes, skilled nursing facilities, senior centers, residential care homes.</p> <p>3-+ Warm Line (PP) Provide quick telephone screening and referrals to senior resources for persons seeking older adult services. Staff will be trained to recognize signs/symptoms of mental illness and to make appropriate referrals. Serve seniors with early onset of mental health conditions through education, consultation, seamless linkage with mental health resources. Training provided through MHSA WET.</p>	<p>58/48</p> <p>36/10</p> <p>200/50</p>			

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Shasta cont.		3- Response System-Case manager assessment including depression screening; link with appropriate services (mental health, in-home support services, meals, healthcare, caregiver respite, adult day programs, minor home repairs. If intensive support is needed due to mental illness, refer to county mental health Full Service Partnership, Crisis Stabilization Services, Crisis Residential Recovery Clinic, MHSA Housing or other programs/services. Outreach to the Hispanic/Latino Coalition & Multi-cultural Celebration.	20/0			
Sierra* Not yet submitted						
Siskiyou* Not yet submitted						
Solano 10-1-08	Yes	<u>Older Adult PEI Project</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals. Project will identify older adults at risk of trauma-induced mental illness, depression, anxiety, suicide, late onset mental illness, undiagnosed or misdiagnosed. Strategies include reaching older	Total: 11,200/0	\$340,062		\$340/062/ \$1,890,633 17.9% Allocated For Older Adults

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Solano cont.		<p>adults where they live by training those in contact with them on how to identify early signs of mental illness; establish a referral, support and case management process to link older adults to prevention/early intervention services; train health professionals in geriatric mental health screening, diagnosis, treatment.</p> <p>Four Components: 1-- Gatekeeper Program (PP): Train those who come in contact with at-risk, isolated older adults, to recognize signs/symptoms of depression/other mental illness, to refer to system Navigators for information and assistance. Targeted outreach to faith-based communities, Filipino and African American Chambers of Commerce and other cultural brokers, Veterans organizations. Training available in Spanish. MHSA WET will fund Gatekeeper training. (4160 gatekeepers trained)</p> <p>2--System Navigator/Care Mgrs (PP): Provide supplemental support in referral process, Assist/monitor older adults in gaining access to prevention/early intervention services. Provide screening, case management and brief intervention counseling (Problem Solving Treatment) if experiencing early onset of psychiatric illness/prevent depression. Target older adults and caregivers.</p>	<p>9150 Older Adults Screened; 500 Referred to Navigators</p> <p>300/75 (50 older adults to receive case management)</p>			

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Solano cont.		+Problem Solving Therapy (EBP) 3-Health Provider Education (professional development to improve mental health consultation in primary care) (150 trained): Increase health provider understanding of geriatric mental health—over-diagnosis and misdiagnosis of dementia. Target public/private physicians, nurse practitioners, nurses, emergency room professionals, mental health providers, Veterans Administration providers from the clinic and Travis Air Force Base, public health staff.	1000 Individuals to receive mental health assessments; 200 to receive mental health treatment.			
Sonoma 3-16-08	Yes	<u>Reduce Depression & Suicide Among Older Adults</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI, Underserved Cultural Populations. Project will promote awareness, early identification/intervention for seniors suffering from depression, anxiety, suicidal ideation. Provide training to medical community and existing home visiting services (Meals on Wheels drivers) to identify signs/symptoms of depression and anxiety to prevent progression of more serious mental health problems and suicide. Target geographical areas with higher	Total: 1025/0	\$75,000	<ul style="list-style-type: none"> System Improvements (C/Y, TAY, A, OA) 	\$212,500/ \$1,396,300 15.2% Allocated for Older Adults

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Sonoma cont.		<p>concentration of diverse elders, particularly Latinos/Hispanics.</p> <p>Three Components: 1-Screening and Early Intervention Program: Provide mental health assessment/treatment in primary care in collaboration with mental health care manager. Link to appropriate community resources. +IMPACT (EBP) + Healthy IDEAS (EBP)-Depression Care Management)</p> <p>2-Home Visitation for Homebound Seniors: Visit/screen isolated, homebound older adults through collaborative partners (Friendly Visitors, In Home Support Services providers, Meals on Wheels drivers. Refer to local resources (social activities, peer support groups, “warm line.”) Provide transportation vouchers to reduce isolation +Senior Peer Counseling Program (PP) +Friendly Visitor (PP); +Warm Line (PP)</p> <p>3-+Question, Persuade, Refer (QPR) (EBP): Train gatekeepers to respond to suicide warning signs by older adults. Gatekeepers include home visitor programs, primary care providers, case managers,</p>	<p>750/0</p> <p>125/0</p> <p>250/0</p>			

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Sonoma cont.		faith-based organizations, mental health professionals. +QPR Gatekeeper Training				
Stanislaus 6-2-09	Yes	<u>Older Adult Resiliency & Social Connectedness</u> Community Needs & Priority Populations: Disparities in Access, Psycho-Social Impact of Trauma, Stigma/Discrimination, Suicide Risk, Trauma Exposed Individuals, Individuals Experiencing Onset of SMI, Underserved Cultural Populations. Project will address the social isolation and need for social connectedness among older adults, particularly those in outlying geographic areas and from ethnic minority populations. Older adults have lost social connections because they no longer drive or can access transportation, have outlived friends/family, have lost ability to function independently, placing them at risk for mental illness, depression, co-occurring issues of substance abuse and physical illnesses. This is compounded by undiagnosis/misdiagnosis of mental health needs resulting in lack of treatment. Project strategies will reach physically impaired and socially isolated seniors who are at higher risk for depression and suicide to promote community supports and access to services. Target Latino, Asian, African American, LGBTQ elders & geographically underserved	Total: 400/0	\$842,832	<ul style="list-style-type: none"> • Community Capacity Building (C/Y, TAY, A, OA) • Emotional Health & Wellness/Education Awareness & Education/Community Support Development (C/Y, TAY, A, OA) • Childhood Adverse Experience Intervention (C/Y, TAY, A, OA) • Adult Resiliency & Social Connectedness (A, OA) • Health/Behavioral Health Integration (C/Y, TAY, A, OA)# 	\$2,386,400/ \$8,218,500 29% Allocated for Older Adults

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Stanislaus cont.		<p>communities. Programs will be linked with the PEI Community Capacity Building Project to provide necessary training and technical assistance.</p> <p>Three Components: 1--PEARLS (EBP): Targets seniors who are isolated/homebound and at risk for or have minor depression as a result of loneliness, isolation, recent loss. Provides short-term counseling in home (Problem Solving Treatment) to promote social connection.</p> <p>2--Senior Peer Counseling (PP); Utilize volunteers to visit seniors where they go to access faith, social, recreational activities to assist them in working through issues of emerging mental illness or life changes. Program will match at-risk seniors with peer counselors with similar linguistic and cultural characteristics.</p> <p>3--Senior Center Without Walls (Community-defined evidence-(CDE): Using the telephone (group conference calls), provide friendly conversation, classes and support groups to homebound elders or those who have difficulty going to a community senior center. Promote group social connections.</p>	<p>225/0</p> <p>75/0</p> <p>100/0</p>			

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Sutter-Yuba* 8-18-09	No			0	<ul style="list-style-type: none"> First Onset (C/Y,TAY, A, OA) MH Consultation in Primary Care-total of 10 individuals and 10 families to be served for all ages. 	\$5,000/ \$1,350,300 3% Allocated for Older Adults
Tehama* 1-29-10	No			0	<ul style="list-style-type: none"> No PEI Plan targets Adults or Older Adults- Three Plans Target Children, Youth, Family, TAY (Nurturing Parent Programs; YES; TF-CBT) 	0/ \$497,500 0% Allocated for Older Adults
Tri-City Submitted 2-2-10	No	Tri-City includes the cities of La Verne, Claremont and Pomona.		0	<ul style="list-style-type: none"> Community Capacity Building Project (C/Y, TAY, A, OA) Peer Support and Family Well-Being Project (C/Y, TAY, OA) 	\$404,363/ \$1,965,618 20.6% Allocated for Older Adults
Trinity* 1-12-09	No			0	<ul style="list-style-type: none"> STHS Primary Intervention (C/Y, TAY, A, OA) 	\$13,550/ \$125,000 10.8% Allocated for Older Adults
Tulare 5-15-09	No			0	<ul style="list-style-type: none"> Suicide Prevention (C/Y, TAY, A, OA) Reducing Disparities in Access to Mental Health Services (C/Y, TAY, A, OA) Reducing Stigma for 	\$135,625/ \$816,912 16.6% Allocated for Older Adults

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Tulare cont.					Un/underserved (C/Y, TAY, A, OA)	
Tuolumne* 12-26-08	No			0	<ul style="list-style-type: none"> Suicide Prevention & Stigma Reduction Projects (C, TAY, A, OA) 	\$15,136/ \$378,200 4% Allocated for Older Adults
Ventura 11-19-09	No			0	<ul style="list-style-type: none"> Primary Care (C/Y, A, OA) Community Coalitions (C/Y, TAY, A, OA) 	\$568,480/ \$5,250,583 10.8 % Allocated for Older Adults
Yolo* 4-14-09	Yes	<u>Yolo Wellness Project: Senior Peer Counselors Community Volunteer Program</u> Community Needs & Priority Populations: Disparities in Access, Stigma/Discrimination, Suicide Risk, Individuals Experiencing Onset of SMI, Underserved Cultural Populations. Program will expand, train and coordinate existing services provided to “at-risk” older adults by senior peer volunteers to promote earlier identification/intervention signs/symptoms of mental illness and suicide risk and to build protective factors and resiliency in at-risk individuals and families. Services will be provided in the home, senior centers, wherever seniors naturally gather. Volunteer training will include	10/6	\$165,545	<ul style="list-style-type: none"> Early Signs: Early Signs Training (C/Y, TAY, A, OA) Early Signs: Crisis Intervention Training (C/Y, TAY, A, OA) 	\$322,834/ \$1,439,700 23.1% Allocated for Older Adults

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Yolo* cont.		mental health literacy and support to provide prevention support and build resiliency for at-risk older adults and their families, to reduce stigma of seeking mental health services, to link with other needed services and supports not traditionally defined as mental health. Implementation partners include older adult consumers, family members, Yolo Area Agency on Aging, Adult Protective Services and other community-based organizations serving older adults. Bilingual/bicultural volunteers will be recruited to target Russian and Latino Communities. + Senior Peer Counselors Community Volunteer Program (PP).				