

MHSOAC Evaluation Committee

Background Information Summary of Goals/Outcomes/Indicators From Mental Health Services Act (MHSA) and Systems of Care Statutes August 16, 2010

The goals, outcomes and indicators specified in the MHSA are listed below within the Tri-Level Paradigm which is the overall framework proposed by state DMH with input from stakeholders for the evaluation of the MHSA.

The three levels of this paradigm are described below:

Individual Client Level—Evaluation of Community Integrated Services and Supports—based on individual client tracking.

- Client and services tracking
- Individual client outcomes tracking

Mental Health System Accountability Level—Evaluation of Community Integrated Services and Supports—Program/System-based Measurement

- Monitoring/Quality Assurance/Oversight
- Client/Family Satisfaction/Evaluation of Services and Supports
- Staff/Provider Evaluation/Satisfaction with regard to mental health system

Public/Community Impact Level—Evaluation of Global Impacts and Community Focused Strategies

- Mental health promotion, mental illness prevention and awareness
- Mental health system structure/capacity in community
- Community reaction/evaluation/satisfaction with regard to mental health system
- Large scale Community indicators.

Statutory goals, outcomes and indicators specified in the MHSA follow, including the sections of statute incorporated by reference. Plan content requirements are not included. (Statutory language that has been paraphrased is in italics.)

Individual

Overall

- Reduce the long-term adverse impact on individuals, families...resulting from untreated serious mental illness. (MHSA Section 3(c))
- Reduce negative outcomes from untreated mental illness
 - Suicide
 - Incarceration
 - School failure or dropout
 - Unemployment
 - Prolonged suffering
 - Homelessness
 - Removal of children from their homes. (WIC 5840(d)--also under Community)

Note: although these outcomes were specified in PEI. they appear to apply overall to the MHSA.

Children's System of Care

- *To provide a service delivery system that is intended to*
 - Enable children to remain at home with their families whenever possible.
 - Enable children placed in foster care for their protection to remain with a foster family in their community as long as separation from their natural family is determined necessary by the juvenile court.
 - Enable special education pupils to attend public school and make academic progress.
 - Enable juvenile offenders to decrease delinquent behavior.
 - Enable children requiring out-of-home placement in licensed residential group homes or psychiatric hospitals to receive that care in as close proximity as possible to the child's usual residence.
 - It is the intent of the Legislature that the outcomes prescribed by this section shall be achieved regardless of the cultural or ethnic origin of the seriously emotionally and behaviorally disturbed children and their families. (WIC 5851(c&d))

Adult and Older Adult Systems of Care

- To promote system of care accountability for performance outcomes which enable adults with severe mental illness to reduce symptoms which impair their ability to
 - live independently,
 - work,
 - maintain community supports,
 - care for their children,

- stay in good health,
 - not abuse drugs or alcohol,
 - and not commit crimes. (WIC 5801(d)(2))
- Mental health service providers need to increase accountability and further develop methods to measure progress towards client outcome goals and cost effectiveness as required by a system of care. (WIC 5802a(5))
- ...services...are designed to enable recipients to:
 - Live in the most independent, least restrictive housing feasible in the local community, and for clients with children, to live in a supportive housing environment that strives for reunification with their children or assists clients in maintaining custody of their children as is appropriate.
 - Engage in the highest level of work or productive activity appropriate to their abilities and experience.
 - Create and maintain a support system consisting of friends, family, and participation in community activities.
 - Access an appropriate level of academic education or vocational training.
 - Obtain an adequate income.
 - Self-manage their illness and exert as much control as possible over both the day-to-day and long-term decisions which
 - affect their lives.
 - Access necessary physical health care and maintain the best possible physical health.
 - Reduce or eliminate serious antisocial or criminal behavior and thereby reduce or eliminate their contact with the criminal justice system.
 - Reduce or eliminate the distress caused by the symptoms of mental illness.
 - Have freedom from dangerous addictive substances.

Prevention and Early Intervention (PEI)

- The State DMH shall establish a program designed to prevent mental illnesses from becoming severe and disabling. (WIC 5840(a))

System

Overall

- Reduce the long-term adverse impact on ...state and local budgets resulting from untreated serious mental illness. (Section 3(b))
- Expand successful, innovation services programs for children, adults and seniors begun in California, including culturally and linguistically competent approaches for underserved populations. (Section 3(c))
- Provide state and local funds to adequately meet the needs of all children and adults who can be identified and enrolled in programs under this measure. (Section 3(d))

- Ensure that all funds are expended in the most cost effective manner and services are provided in accordance with recommended best practices subject to local and state oversight to ensure accountability to taxpayers and to the public. (Section 3(e))
- Each plan and update shall be developed with local stakeholders...(WIC 5848)
- Expand successful, innovative programs for all ages, including culturally and linguistically competent approaches for underserved populations. (MHSA Section 3 (c))
- Provide state and local funds to adequately meet the needs of all children and adults who can be identified and enrolled in programs under this measure. (MHSA Section 3 (d))
- Provide outreach and integrated services, including medically necessary psychiatric and other services, to individuals most severely affected by or at risk of SMI. (MHSA Section 3 (c))
- Ensure all funds are expended in cost effective manner, services are provided in accordance with recommended best practices and are subject to local and state oversight to ensure accountability. (MHSA Section 3(e))

Children's System of Care

- Services...provided to severely mentally ill children are accountable, developed in partnership with youth and their families, culturally competent and individualized to the strengths and needs of each child and family. (WIC 5878.1(a))
- Funding shall be at sufficient levels to ensure that counties can provide each child served of all the necessary services set forth in the applicable treatment plan... (WIC 5878.3(b))

Adult and Older Adult Systems of Care

- Funding shall be provided at sufficient levels to ensure that counties can provide each adult and senior served pursuant to this part with the medically necessary mental health services, medications and supports services set forth in the applicable treatment plan. (WIC 5813.5(a))
- Planning for services shall be consistent with the philosophy, principles and practices of the Recovery Vision for mental health consumers.
 - Programs shall promote concepts key to recover—hope, personal empowerment, respect, social connections, self-responsibility and self-determination.
 - Promote consumer-operated services
 - Reflect cultural, ethnic and racial diversity of mental health consumers
 - Plan for each consumer's individual needs. (WIC 5813.5(d))

PEI

- Establish a program to prevent mental illnesses from becoming severe and disabling. (WIC 5840 (a))
- PEI Program shall emphasize timely access to services for underserved populations. (WIC 5840 (a))
- The *PEI* program shall include the following components:
 - Outreach...to recognize the early signs of potentially severe and disabling mental illnesses.
 - Access and linkage to medically necessary care provided by county mental health...as early in the onset of these conditions as practicable.
 - Reduction in stigma associated with either being diagnosed with a mental illness or seeking mental health services.
 - Reduction in discrimination against people with mental illness. (WIC 5840(b))
- The program shall include mental health services similar to those provided under other programs effective in preventing mental illnesses from becoming severe...(WIC 5840(c))
- Reduce duration of untreated SMI and assist people in quickly regaining productive lives. (WIC 5840(c))

Innovation

- Increase access to underserved groups (WIC 5830(a)(1))
- Increase quality of services, including better outcomes (WIC 5830(a)(2))
- Promoted interagency collaboration(WIC 5830(a)(3))
- Increase access to services(WIC 5830(a)(4))

Workforce, Education and Training

- ...establish a program with dedicated funding to remedy the shortage of qualified individuals to provide services to address severe mental illness. (WIC 5820(a))
- ...increase the supply of professional staff and other staff that county mental health programs anticipate they will require...(WIC 5820(b))
- *Goals of 5 year plan*
 - *Expand post-secondary education...*
 - *Expand forgiveness and scholarship programs...*
 - *Create a stipend program...*
 - *Establish regional partnerships...*
 - *Recruit high school students for mental health occupations...*
 - *Curriculum to train and retrain staff...*
 - *Promotion of employment of mental health consumers and family members...*
 - *Promotion of the meaningful inclusion of mental health consumers and family members...*
 - *Promotion of the inclusion of cultural competency in training and education...(WIC 5822)*

Community

Overall

- Define serious mental illness (SMI) as a condition deserving priority attention, include PEI services and medical and supportive care. (Section 3(a))
- Reduce the long-term adverse impact on state and local budgets resulting from untreated SMI. (MHSA Section 3 (b))

PEI

- Reduce negative outcomes from untreated mental illness
 - Suicide
 - Incarceration
 - School failure or dropout
 - Unemployment
 - Prolonged suffering
 - Homelessness
 - Removal of children from their homes. (WIC 5840(d)--also under Individual)