



# **Update on the API–SPW Efforts: *Our Worldview, Our Words***

**C. Rocco Cheng, Ph.D.**

**[RCheng@PacificClinics.org](mailto:RCheng@PacificClinics.org)**

**MHSOAC Meeting**

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[www.PacificClinics.org](http://www.PacificClinics.org)

# CRDP API-SPW Members



# Are AANHPIs Healthier?

- In County A, there are 16% AANHPIs in the community while only **1%** in MH System
- In County B, there are 15% AANHPIs in the community while only **2%** in MH System
- Is it because AANHPIs are healthier or is it due to **disparities** in accessibility, availability, affordability, appropriateness, and acceptability?

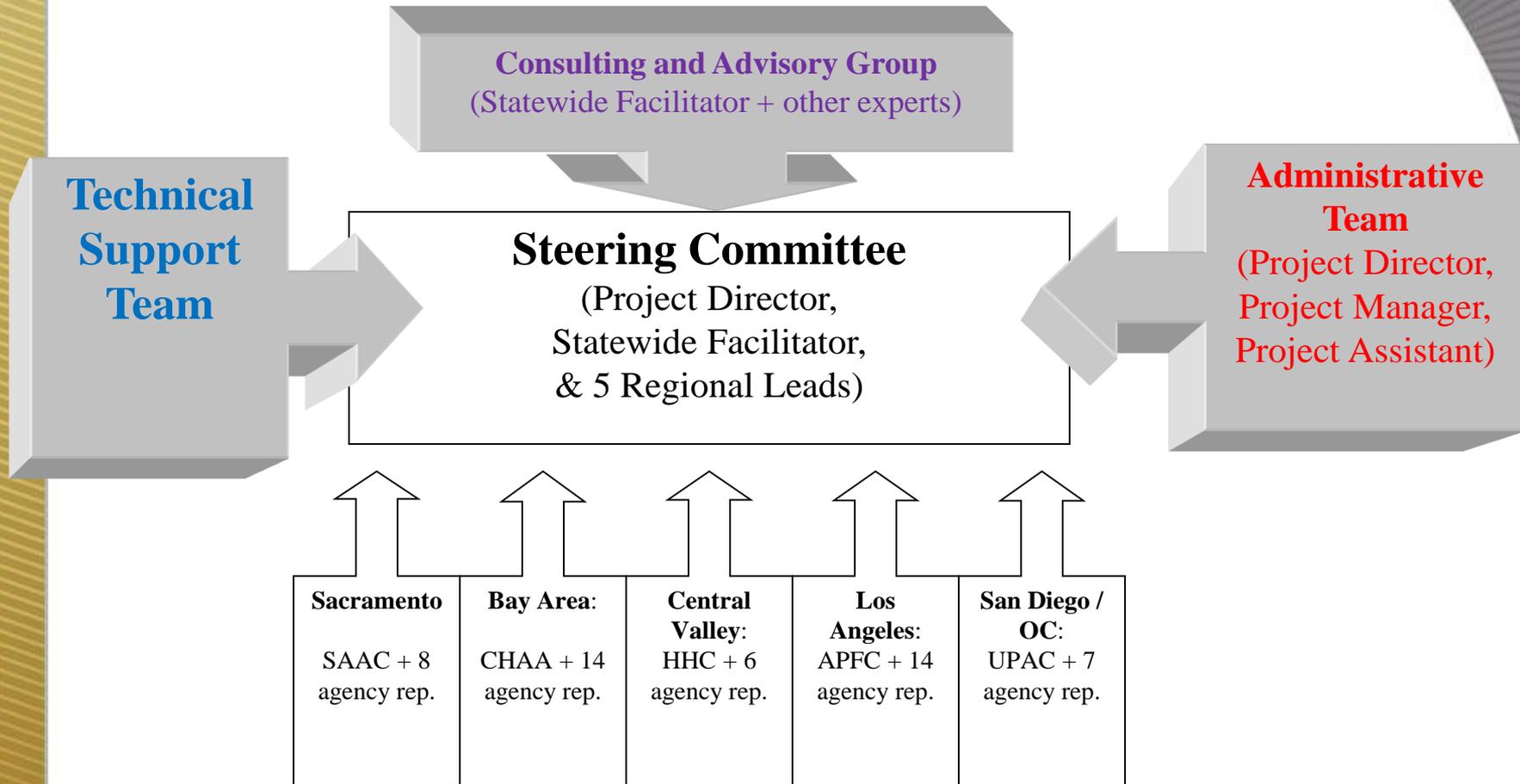
# Disparities in the Community

- Lack of **access** to care and support for access to care
- Lack of **availability** of culturally and linguistically appropriate services
- Lack of **quality** of care
- Lack of **data** and **outcome evaluation**
- **Stigma, lack of awareness and education** on mental health issues
- **Workforce shortage**

# API-SPW Philosophical Approach

- PEI focused
- Organic, bottom-up grass-root approach
- Strength-based
- Utilizing and empowering exiting local network
- Inviting new members and expanding regional network
- Collaborate with county ESMs and elected officials

# CRDP-API SPW Structure

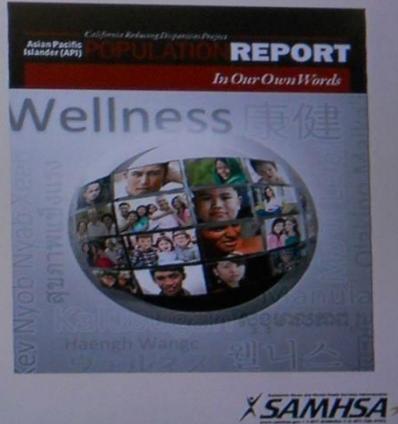


# California Reducing Disparities Project

<http://crdp.pacificclinics.org/resources>

## CRDP AAPI Strategic Planning Workgroup

- Purpose: Identify community defined strategies in reducing mental health disparities
- Identifies core competencies for programs/practitioners to provide quality care
- Provide inventory of culturally-based or adapted programs for diverse AAPI population groups
- Considerations of traditional healing approaches
- Workforce development – bilingual/bicultural providers



**White House AAPI Briefing**  
**on Suicide Prevention and Mental Health**  
May 10, 2013

@WhiteHouseAAPI #aapiWH #APAHM2013  
[www.whitehouse.gov/A](http://www.whitehouse.gov/A)

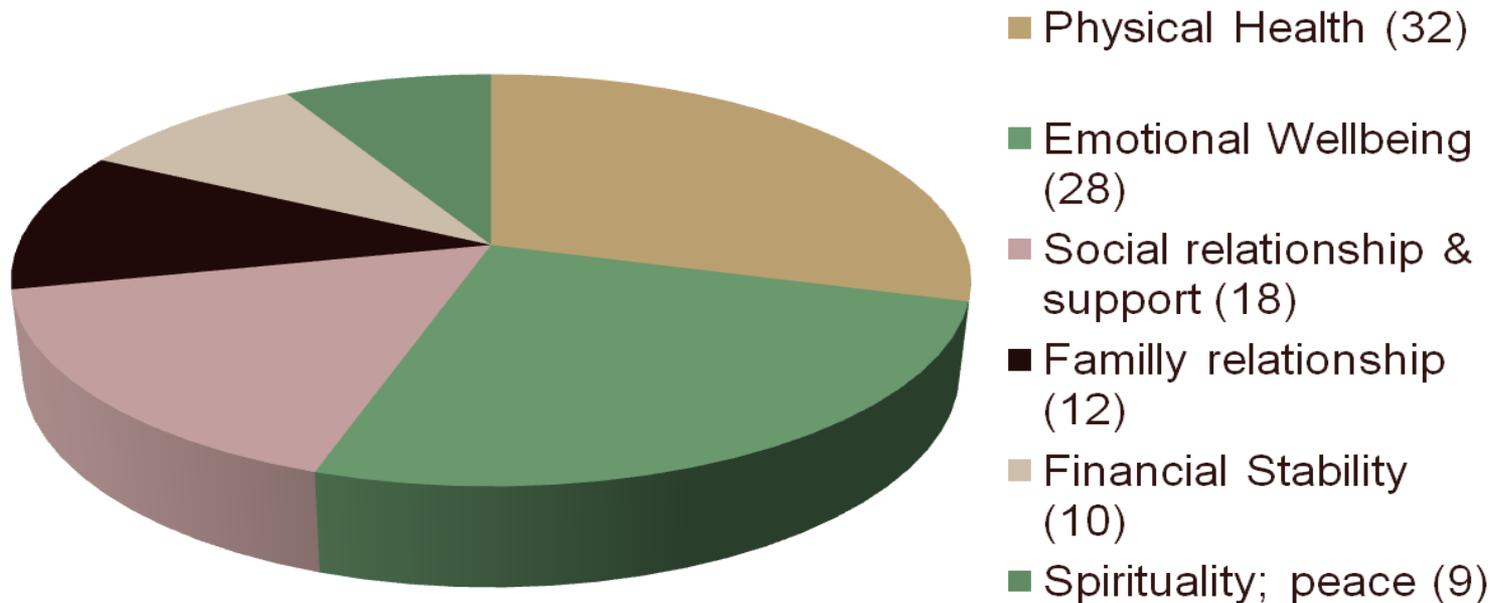




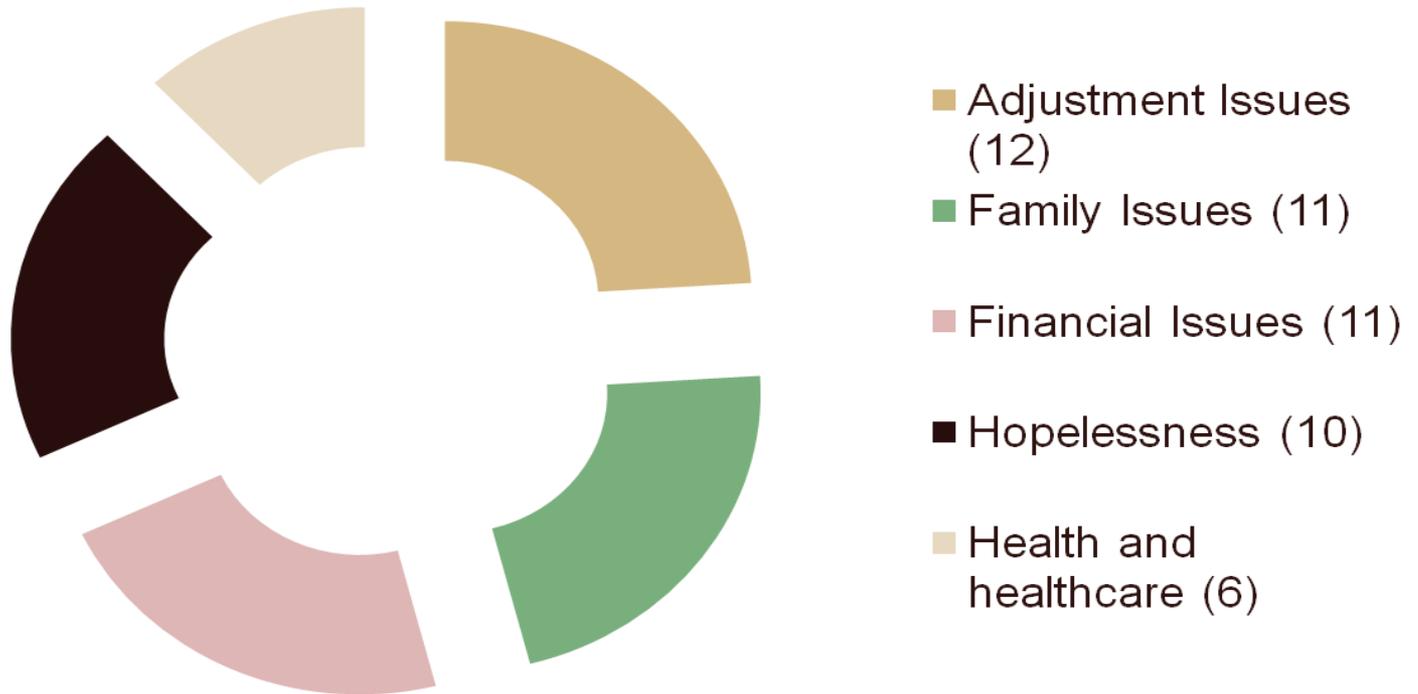
# Information / Data Collection Approaches

- Focus groups (23)
- Interviews
- Survey (100+)
- Site visits
- Meetings: statewide (5), regional (30), and Steering Committee (12+), conference (3)
- Community Forum (10)

# Wellness in Not Uni-dimensional

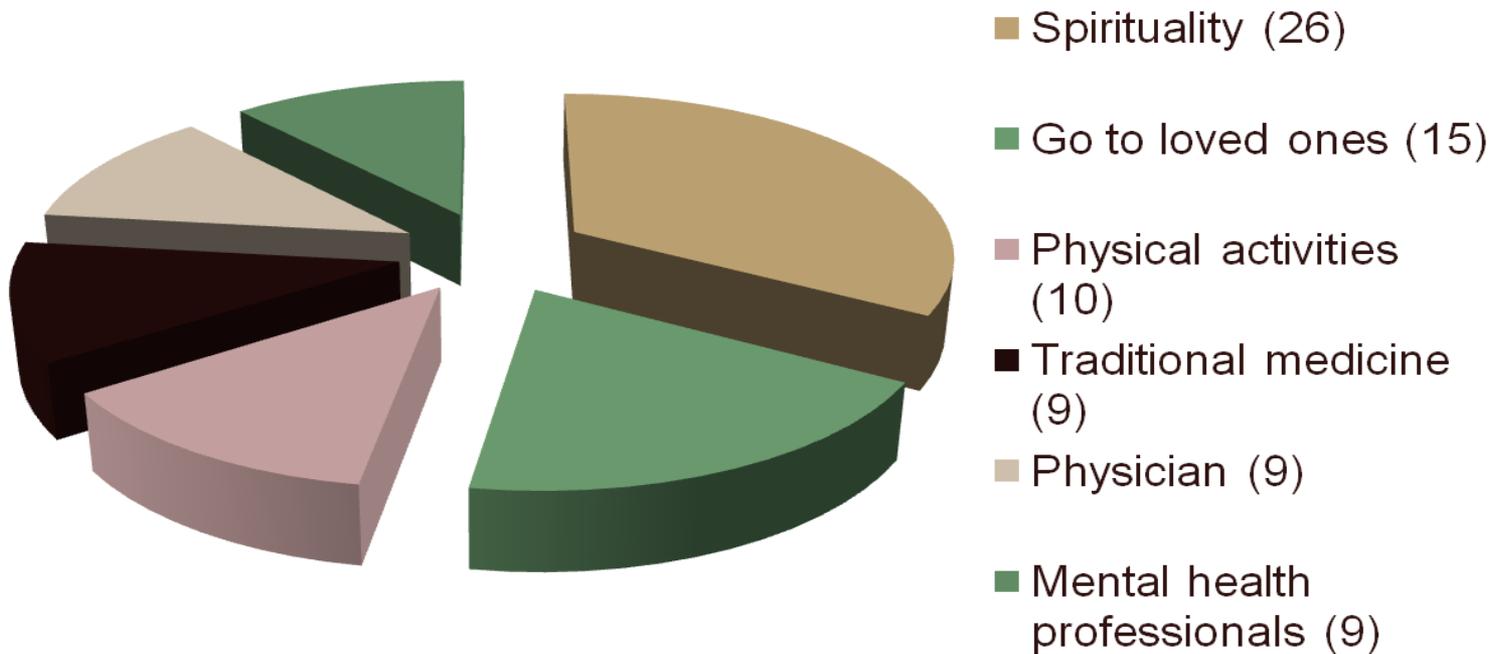


# Reasons For Not Feeling Well

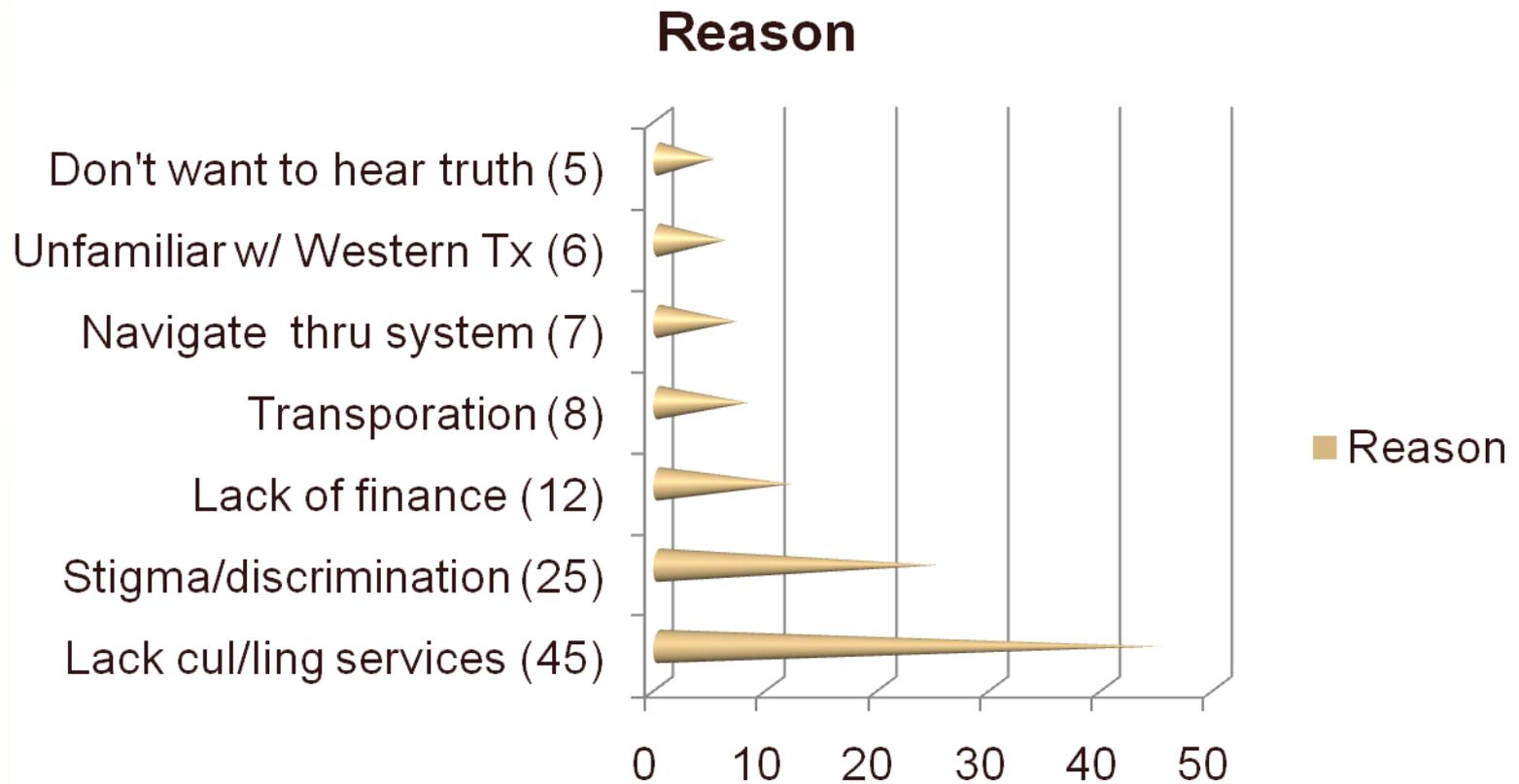


# What Do People Do When Not Feeling Well?

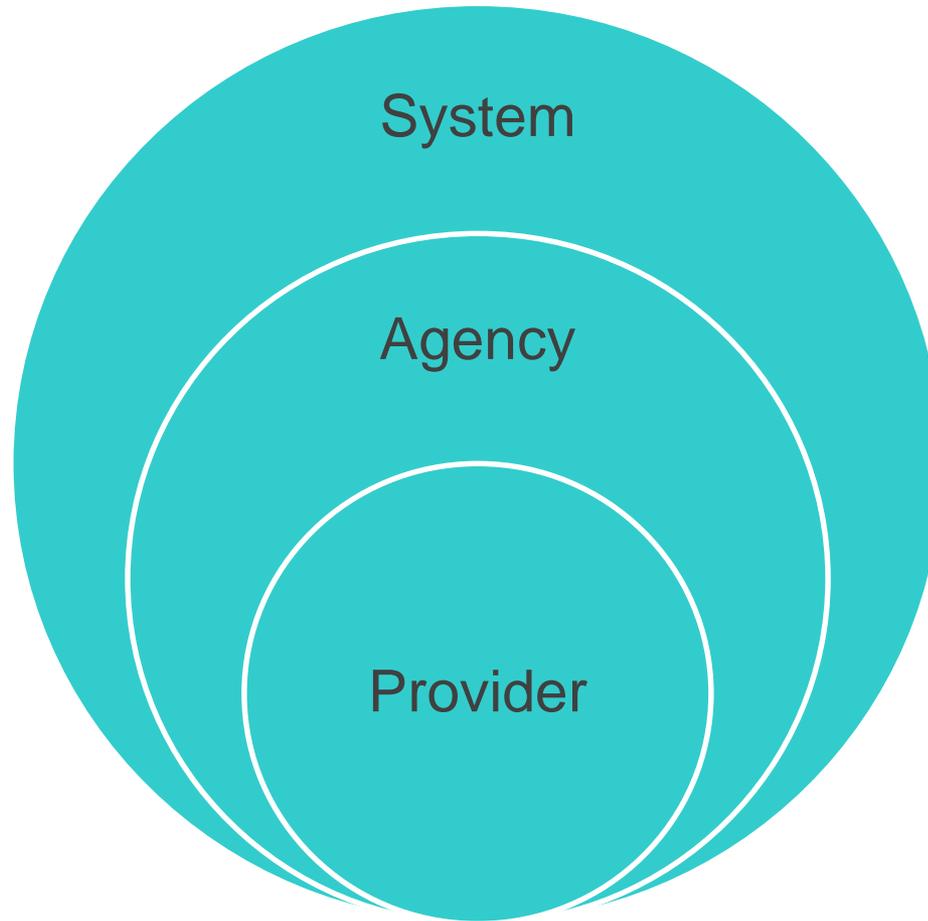
## Counts



# Barriers in Seeking Help



# Core Competency Working with AANHPIs – 3 Levels



# Core Competency Working w/ AANHPIs

## 8 Categories:

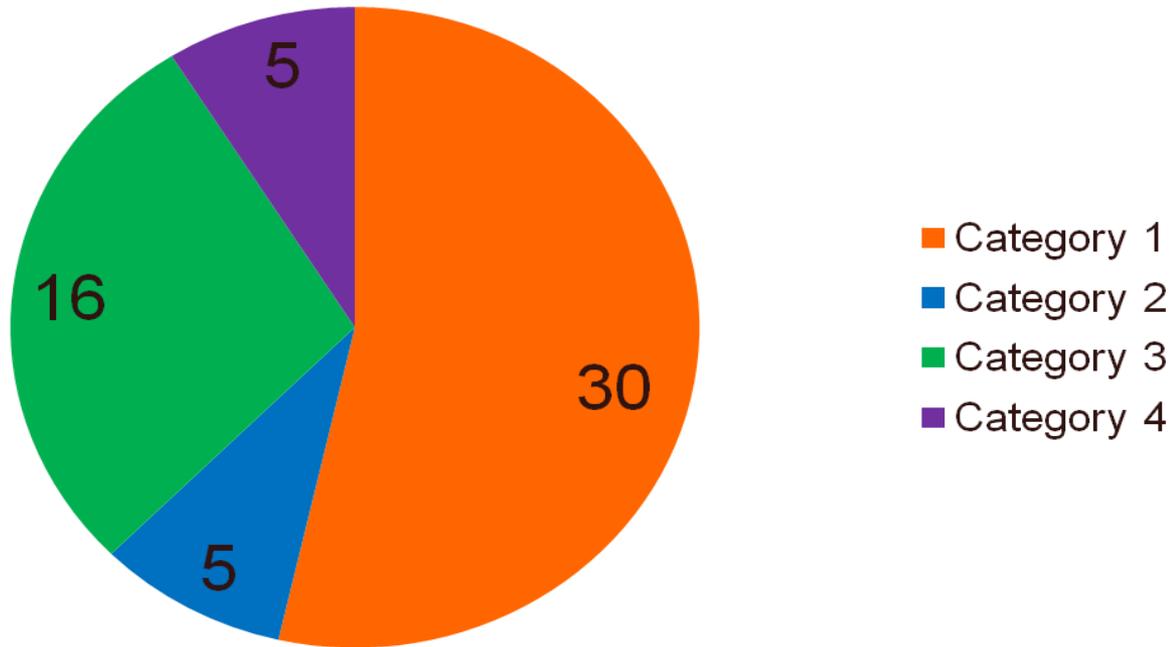
- Professional skills
- Linguistic capacity
- Culture-specific considerations
- Community relations and advocacy
- Flexibility in program design and service delivery
- Data collection and research
- Use of media
- Capacity building

# Promising Program Selection

- 56 submissions
- 26 reviewers
- Each submission is reviewed by at least 3 reviewers
- Provide feedbacks
- Re-submission
- Forming the matrix

# Program/Strategy Submissions

## Number of Programs by Category



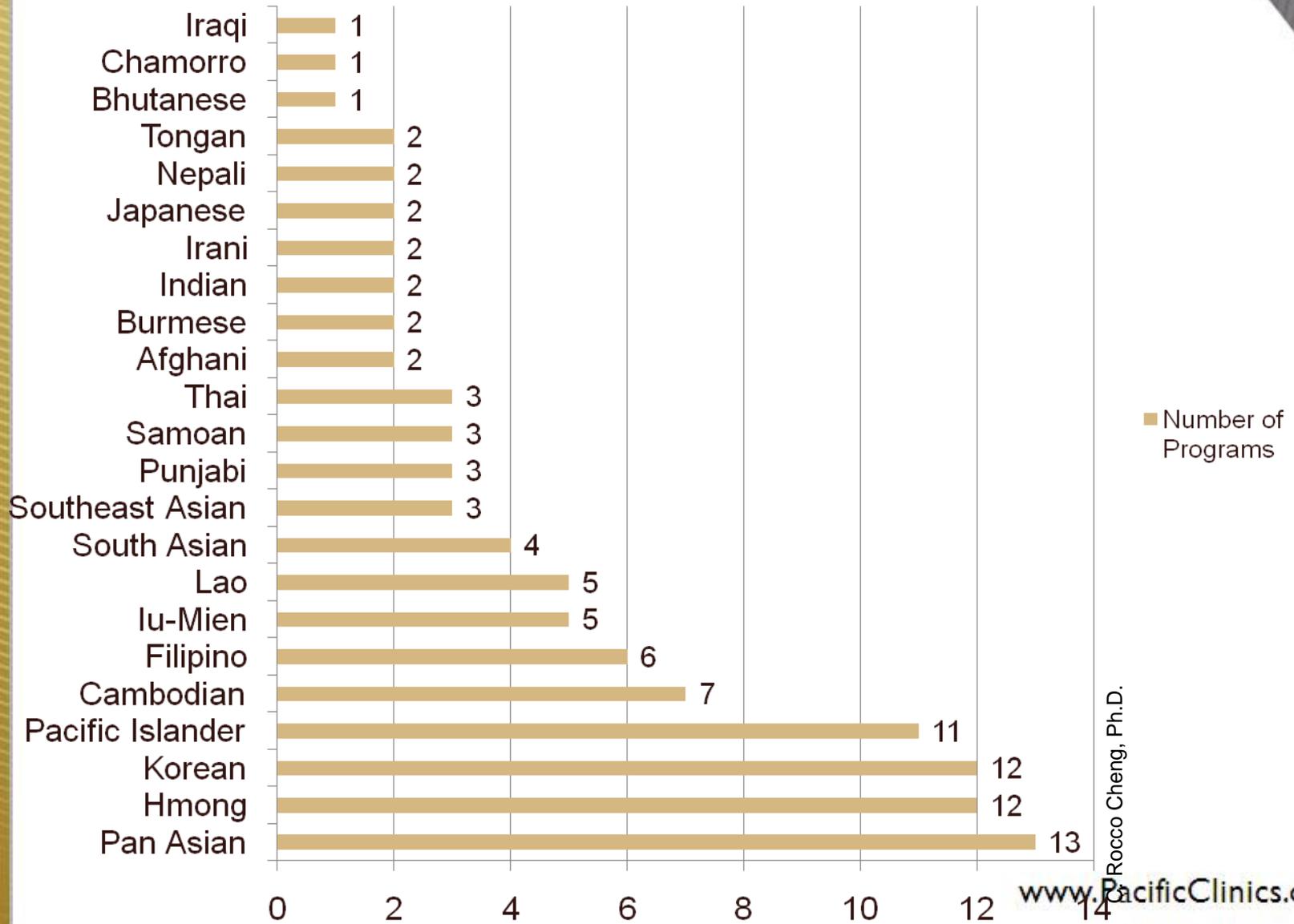
Cat. 1: Existing program with promising results

Cat. 2: Existing program w/ established effectiveness

Cat. 3: Innovative strategies/programs

Cat. 4: Recognized programs by other groups

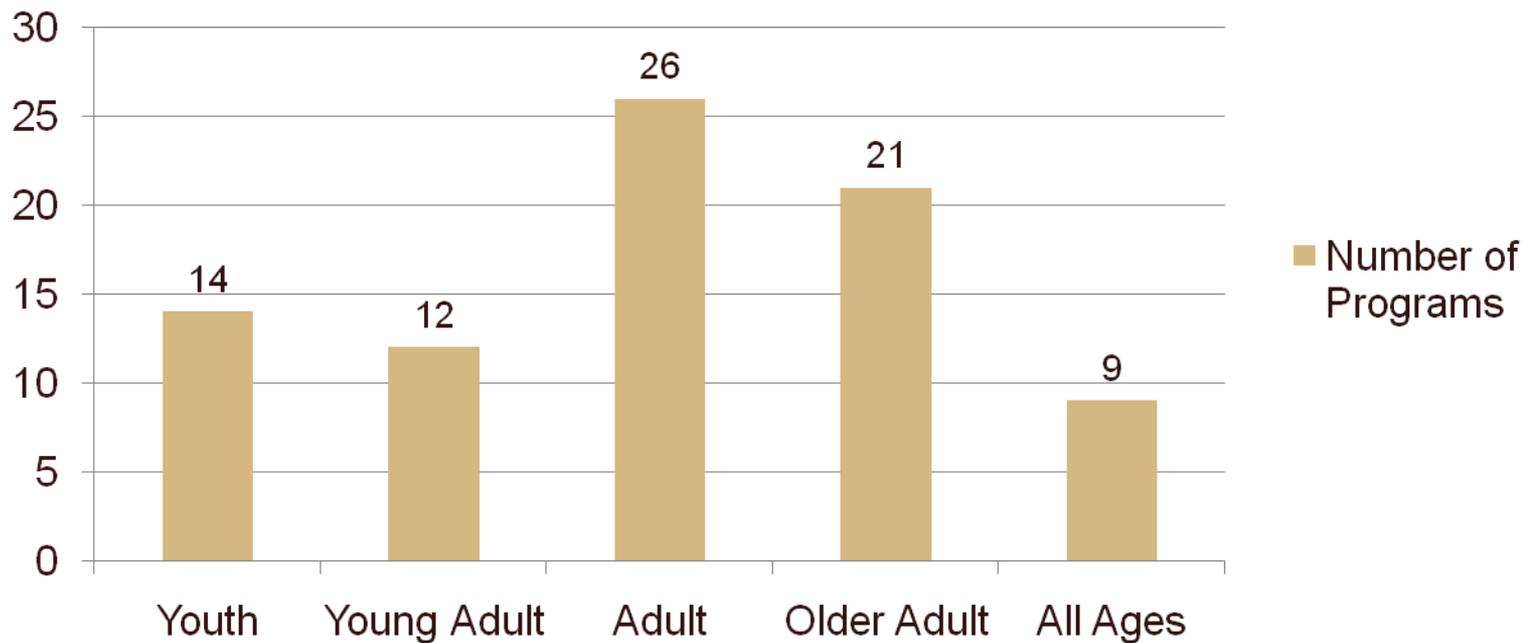
# Program/Strategy Submissions: Ethnicities Served



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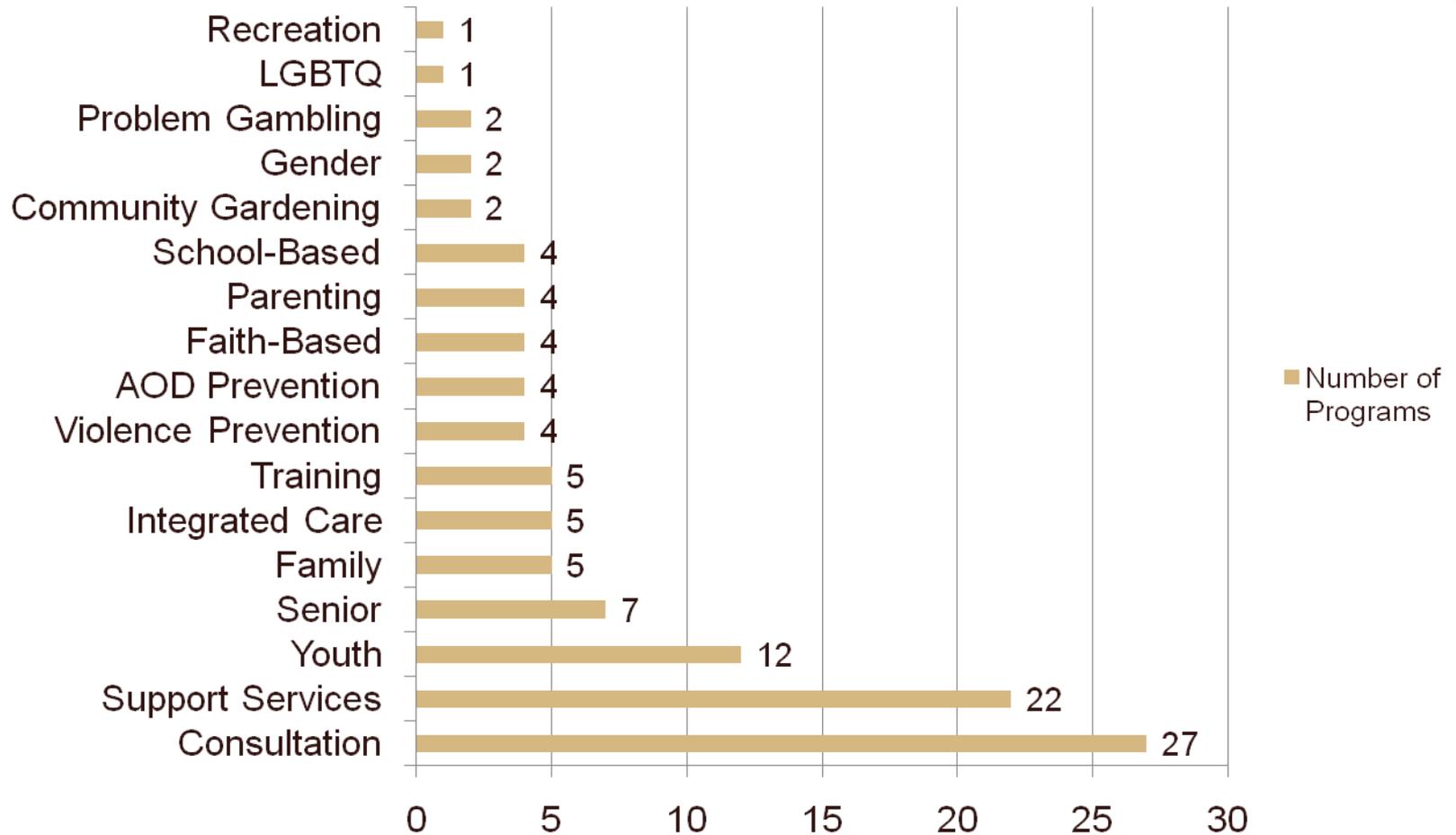
# Program/Strategy Submissions: Age Groups Served

YOUTH (0-17)	YOUNG ADULT (18-25)	ADULT (26-55)	OLDER ADULT (56+)	ALL AGES
14	12	26	21	9



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# Program/Strategy Submissions: Program Types



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# API-SPW Recommendations (1)

- Support **culturally and linguistically competent** outreach, engagement, education, planning, and service delivery
- Modify **eligibility requirements** and include ancillary services
- Support the development and retention of a linguistically and culturally competent **workforce**

## API-SPW Recommendations (2)

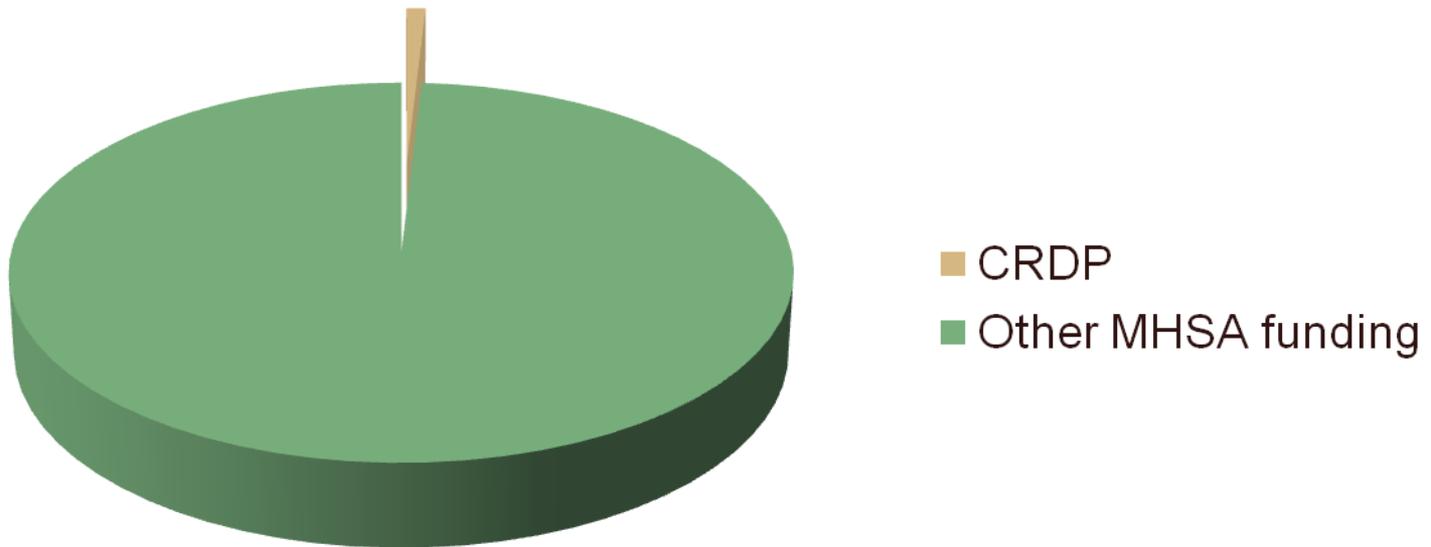
- Support services that meet the **core competencies** and program criteria as defined by the API-SPW
- Collect **disaggregated data**, support culturally appropriate program evaluation
- Support community **capacity-building**, establish infrastructure to maximize resource leveraging

# More About Disaggregated Data

- Not all AANHPIs are alike
- Korean Am have the highest un-insured rate
- South East Asians
  - Highest poverty rate
  - High neighborhood crime
  - Highest high school drop out rate
  - High percentage of war trauma or PTSD
- South Asians have very different cultural heritage and worldview

# Our Commitment in Reducing Disparities?

## CRDP and other MHSA Funding



# Snapshot of the API Summit



# CRDP API Population Report: *IN OUR OWN WORDS*

<http://crdp.pacificclinics.org/resources>

