



**Financial Oversight Committee Meeting
Minutes**

**September 11, 2014
10:00 AM – 12:00 PM**

**Mental Health Services Oversight and Accountability Commission
1325 J Street, 17th Floor, Suite 1700
Darrell Steinberg Conference Room
Sacramento, CA 95814**

Committee Members:

Staff:

Other Attendees:

Larry Poaster, Chair	Jose Oseguera	Betsy Sheldon
John Buck, Vice-Chair	Peter Best	Colleen Amerson
Carol Langone*	Filomena Yeroshek*	Raja Mitry*
Stacie Hiramoto		
Paul Stansbury*		
Dave Schroeder*		
Jane Adcock		
Joseph Robinson*		
Rusty Selix*		
Jack Joiner*		

*Participation by phone

Committee members absent: Rigel Flaherty, Maureen Mina, Vice-Chair, Robert Oakes, Wayne Clark, James Loftus and Thomas Loats.

Welcome:

Chair Poaster opened the meeting and welcomed those present.

Adoption of the May 15, 2014 Meeting Minutes

The May 15, 2014 Meeting Minutes were presented to the committee for approval and were adopted by consensus.

Presentation on the Use of MHSA Administrative Funds by the California Department of Veterans Affairs

This presentation was cancelled and will be rescheduled for the November 13, 2014 meeting.

Presentation on the Use of MHSA Administrative Funds by the Board of Governors of the California Community Colleges

Betsy Sheldon, Specialist, Mental Health Services, Chancellor's Office, California Community Colleges, provided a presentation to the Financial Oversight Committee on how the California Community Colleges (CCC) are utilizing Mental Health Services Act (MHSA) Administrative funds. She was accompanied by Colleen Amerson, from the Chancellor's Office. Ms. Sheldon's presentation included the following:

- Current Fiscal Year (FY) 2014-15 funding level is \$84,000 for 1 FTE (Mental Health Specialist). This funding does not cover full the cost of the position. The balance is paid from Student Services Administration Funds.

Duties of the FTE include:

- Key point of contact in providing leadership, direction and guidance to 112 colleges in developing mental health services, guiding them and supports.
- Provide technical assistance to colleges on the MHSA and how to get connected to local planning processes.
- Convene and serve as lead staff for Inter-Agency CCC Advisory Committee on serving students with mental health needs.
- Serves as the single point of contact on mental health issues for CCC students and represent the CCC system on the needs of students with mental health issues, both within the CCC system and with external agencies and interested parties.
- Attends and coordinates meetings, workgroups and committees at the state and local level regarding the needs of CCC students with mental health needs.
- Coordinates and monitors all grants provided to the CCC system related to the mental health needs of CCC students.
- Oversees the CCC Student Mental Health Project (SMHP) with California Mental Health Services Authority (CalMHSA).

Additional Information:

- No Budget Change Proposals have been submitted for additional funding (but have pursued other funding to support programmatic activities).
- The California Community Colleges are the largest postsecondary education system in the nation, consisting of:
 - 112 colleges, 72 districts
 - 2.4 million students (enrollment varies due to budget issues)
 - \$40, 000 student veterans
- One in every three community college students in the nation attends a California community college.
- Mental health services are provided under the umbrella of campus health services and the majority of costs (86%) provided for mental health services are paid for by college health fees.
- 85 percent of colleges offer some form of mental health counseling by a licensed mental health providers (a psychologist, LCSW, or MFT).
- Supported development and implementation of “Welcome Home” Training, developed curriculum and materials and implemented three pilot trainings at Bay Area Community Colleges. The trainings focused on teaching faculty and staff about veterans’ issues.

- Developed collaborative relationships with various groups (National Alliance for Mental Illness (NAMI), Racial and Ethnic Mental Health Disparities Coalition (REMHDCA), etc.) and participated in webinars with Kognito Interactive (an online interactive suicide prevention program), which resulted in Kognito offering free trainings to all CCCs for one month.
- In 2011 the Chancellor's Office, California Community Colleges received a \$6.9 million grant through CalMHSA to provide mental health and suicide prevention and early intervention services to CCC students and staff. The emphasis of this grant is on capacity building and infrastructure development.
- In July 2012, the CCC provided Campus Based Grants to 30 campuses through a competitive grant process.
- In November 2012, Chancellor's Office, California Community Colleges applied for additional funding of \$4.7 million and added modules to the suicide prevention contract for veterans and LGBTQ. They also developed the Transition Aged Foster Youth (TAFY) project. The evaluation component of these programs will be completed by Pacific Institute for Research and Evaluation (PIRE).

Program achievements include:

- Chancellor's Office, California Community Colleges expanded and enhanced its capacity to serve students at risk of mental health issues and strengthen collaboration and referral systems with county mental health, community based partners, as well as UC and CSU partners in area. Many campuses have established formal Memorandums of Understanding (MOU) for referral and treatment with county mental health.
- Over 88,000 faculty, staff, and students have been reached through trainings, presentations, events, and workshops.
- Thirty-nine regional and sixty-seven college specific trainings have been provided with topics such as: threat/behavioral intervention teams, suicide prevention trainings, peer to peer trainings, special population topics such as recent immigrant groups and Safe Zone (targeting LGBTQ students).
- Twenty-six webinars on various topics were delivered and archived, including collaboration with partners such as the Jed Foundation, the Trevor Project, and NAMI.
- The online suicide prevention training (Kognito) is available to all campuses. 99 campuses are participating in the training, and 13,787 students, faculty and staff have completed the online suicide prevention trainings (that will continue beyond the life of the grant). The trainings include student veterans and LGBTQ modules.
- Ms. Sheldon coordinates with Active Minds to implement Silence Packing on campuses and at the State Capitol. Active Minds empowers students to change the perception about mental health on college campuses.
- Ms. Sheldon participates in quarterly collaborative meetings and sharing of resources with higher education partners, CSU's and UC's.

The RAND Student/Faculty Survey results indicated that:

- 15,926 students participated across 34 CCC campuses.
- Nineteen percent of students met or exceeded the established threshold for probable psychological distress during the 30 days prior to the survey (which is comparable to rates reported in other studies of higher education students).
- Ten percent to fifty percent of CCC students reported negative impact of anxiety related problems on academic performance.
- Self-referrals for mental health services were the highest source of reporting for CCC students. The second highest source of reporting was faculty/staff.

Key finding to date include:

- Online suicide prevention trainings lead to increases in self-reports of referrals.
- Onsite trainings lead to perceived increases in knowledge and skills (such as ability to identify referral resources, awareness of signs of mental health issues, etc.).
- Capacity of colleges to build, expand or enhance services has increased (such as fostering relationships with mental health providers, increasing availability of referral resources).
- Moving forward training and technical assistance will be continuing, but will be limited and focused on regional trainings, cross sharing of best practices, product development, sustainability focused activities, support to Community Based Grants.
- Chancellor's Office, California Community Colleges received a no-cost extension and additional funding from CalMHSA to continue the program past the June 2014 contractual period. Evaluation of programs will continue until fall of 2014.
- Chancellor's Office, California Community Colleges will monitor future funding opportunities and apply for funding per CalMHSA timeframes.
- Ms. Sheldon stated that additional information regarding CCC program, maps of CCC campuses, webinars and other information is available on their website.

Committee input including Public Comment:

- A comment was made that there has been increased support for students and student veterans with mental health issues available on college campuses over the last ten years. He applauds the Chancellor's Office, California Community Colleges for all they do.
- A committee member asked what the TAFY project entails? Ms. Amerson, Chancellor's Office, California Community Colleges, responded that 200 foster youth and colleges collaborated in the development of a wellness curriculum with a focus on trauma-informed care training materials and activities that are used with foster youth on campus. TAFY is embedded in the Independent Living Skills and Advocacy program to help foster youth enter college. Currently 700 youth on 22 campus have participated in the TAFY project.

- A committee member commented that she has personal knowledge of Ms. Sheldon's commitment, advocacy and collaboration with underserved communities and is concerned about the decrease in funding for CCC. She asked Ms. Sheldon if she knew why her department did not pursue a BCP for additional funding for the program.
- Ms. Sheldon stated that has discussed this issue with the new Dean of Chancellor's Office, California Community Colleges, but is not sure how the decision is made.
- The Chair asked if Ms. Sheldon has had any discussions with the Office of Statewide Health, Planning and Development regarding workforce education and training? Ms. Sheldon stated no and that her focus has been on Prevention and Early Intervention.
- The Chair stated that they may want to look at other departmental funding opportunities as a long-range strategy for sustainability.

Review of Draft Fiscal Report Worksheet which compares information in County Annual Revenue and Expenditure Reports (ARER's) with information in County Three-Year Expenditure Reports and Annual Updates

Staff provided an overview the structure and format of the draft Fiscal Report Worksheet. This worksheet was drafted at the request of the membership to capture any discrepancies between the ARER's and Three-Year Expenditure Reports and Annual Updates. Staff asked the membership for input regarding modifications to the worksheet. The following are the comments, including public comment:

- The Chair stated that he was very excited about the opportunity to be able to capture real data that will help to understand and analyze the MHSA financial picture.
- Another committee member echoed the Chair's excitement. He stated that he had three questions.
 - 1. Will this report be posted so stakeholders can see how their county is doing in relation to other counties? Chair responded that after the worksheet is formalized by the Commission, it will be posted on both the MHSOAC and Department of Health Care Services (DHCS) websites.
 - 2. In the remaining balance column, should there be a column for carry-over from previous years? Staff responded that they will research if this information is available and modify the worksheet. Staff asked if the remaining balance should reflect for current Fiscal Year (FY) or all previous FY's? Staff will research what data is available.
 - 3. Should the worksheet include a category titled "other permissible expenses?" This additional category would include any CSS funds that were transferred to CFTN, IT, Human Resources and Prudent Reserves with carryover from previous years. Can we capture this information?
 - Chair requested that a column for prudent reserves be added to the worksheet.

- A comment was made to add two columns in the remaining balance to indicate past and current year funding.
- Chair stated that these are good suggestions, but this worksheet is not intended to be a detailed financial report. Staff will attempt to incorporate as much of the requested information as possible.
- A committee member asked why are we looking at 2011-12 ARER information? Staff stated that this is the most current data available. The 2012-13 ARER instructions are currently being drafted by DHSCS.
- Vice Chair Buck asked if the worksheet can capture which of the Full Service Partnership programs are county operated versus operated by private providers? Chair stated maybe at a later date.
- Staff will populate some data into the worksheet and present it to the membership at the November 13, 2014 meeting.

Identify Possible Future Agenda Items

- Review of updated Draft Fiscal Report Worksheet
- Charter Activity Completion
- Draft presentation format regarding the use of MHSA Administration funding.

General Public Comment:

None

Adjournment

Meeting adjourned at 11:55 AM.