



Proposition 63: Mental Health Services Act

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Mental Health Programs



Veteran Treatment Courts



Incarcerated Veterans



- California is home to approximately 1.8 million veterans; approximately 8 percent of the nation's veteran population.
- Many of these returning veterans have had multiple combat tours during their service.
- A significant portion, up to 20%, are coming home with PTSD, TBI, MST, and an increased risk for homelessness.
-Source: <http://www.ptsd.va.gov>
- CalVet's Prop 63 Mental Health Services program supports County Veterans Service Office (CVSO) Grant programs, Veteran Treatment Courts (VTC), and incarcerated veterans outreach.

CalVet Proposition 63 Funding

\$236,000 – Administrative

- Funding and 2.0 positions to support the statewide administration of informing veterans and family members about federal benefits, local mental health departments, grant programs for improving mental health services to veterans, the development of veteran treatment courts, and promoting best practice models in educating incarcerated veterans about available benefits and services.

\$270,000 – Local Assistance

- For Fiscal Year 2013-14, CalVet awarded 11 CVSOs funds to enhance and promote mental health services for veterans and their families.

Prop 63 Request For Application Process (RFA)

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|------------------------|--|--|
| March 4, 2014 | RFAs Sent to Counties | Vet Services will email RFAs to all CVSOs with May 31, 2014 as a return deadline. |
| June 1 – June 30, 2014 | Review RFAs and Determine Grant Amount | Analyst and Management will review all RFAs and determine what counties will receive funds. Notification is made to the counties whether their request is accepted or denied and the amount awarded. |
| July 1 – July 31, 2014 | Contract Request Sent to Procurement | Vet Services will provide all necessary documentation to Procurement/Contracts Unit to create a contract for the approved counties. |
| Aug 1 – Aug 31, 2014 | Contract Sent to Counties for Approval | Contracts are sent to counties to be approved by their Board of Supervisors and to obtain all required signatures. |
| Sept 1 – Sept 30, 2014 | CalVet Executes Contract | Procurement/Contracts Unit receives the contract with all required signatures and sends Vet Services an email with fully executed contracts. |
| October 1, 2014 | CalVet Notifies Counties | The approved counties are notified that their contracts have been fully executed. <u>*First payment shall be made upon approval of the contract</u> |
| November 1, 2014 | Contract Begins | November 1 st , 2014 – September 30 th , 2015 |

Proposition 63 and County Veterans Service Offices

Mental
Health Programs



For Fiscal Year 2013-14, CalVet awarded 11 CVSOs a total of \$270,000 to enhance and promote mental health services for veterans and their families. Those counties with awards were:

| | | | |
|---------------|----------|-------------------|----------|
| • Fresno | \$25,000 | • San Bernardino | \$25,000 |
| • Imperial | \$25,000 | • San Luis Obispo | \$25,000 |
| • Lassen | \$20,000 | • Santa Clara | \$25,000 |
| • Los Angeles | \$25,000 | • Solano | \$25,000 |
| • Nevada | \$25,000 | • Stanislaus | \$25,000 |
| • Riverside | \$25,000 | | |

Each of the eleven CVSOs researched the best available options to improve and support mental health services and programs in their community. With the funds provided by CalVet, veterans and their families will receive enhanced mental health services.

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San Bernardino CVSO elected to use alternative treatment referrals for supportive services:

- Equine Assisted Psychotherapy (EAP) incorporates horses for emotional growth and learning.
- EAP is a powerful and effective therapeutic approach that has an incredible impact on individuals, youth, families, and groups.
- EAP addresses a variety of mental health and human development needs including PTSD, substance abuse, depression, anxiety, relationship problems and communication needs.
- Referrals come from the Loma Linda VA Health Care System.

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Fresno CVSOS focus is on programs that encourage early intervention of mental health needs for veterans and their families:

- Veteran outreach in Fresno County is designed to enhance access to veteran services with an emphasis on prevention and early intervention mental health services.
- Provide timely and effective referrals to the appropriate service providers.
- Ensure that newly discharged soldiers and veterans are educated about the various VA mental health services available to them, including services dealing with Post Traumatic Stress Disorder (PTSD), Military Sexual Trauma (MST) and Traumatic Brain Injury (TBI).
- Participants are identified and engaged through the participation of the Fresno County Veterans Service Officer at events such as the Yellow Ribbon, Stand Downs, job fairs, Muster Briefing Events and Armories for National Guard reserves.

Veterans Treatment Courts

Veteran
Treatment Courts



Veterans Treatment Courts are alternative sentencing courts that focus on treatment rather than incarceration and provide tools for rehabilitation and readjustment.

Veterans Treatment Courts

Veteran
Treatment Courts



- After finishing their treatment program, which helps address mental health issues, the veteran's record is expunged.
- The program offers a greater chance at employment along with the tools to deal with mental health issues, ultimately creating a better quality of life for both the veteran and their families.
- CalVet promotes VTCs throughout California and collaborates with California Veterans Legal Task Force.
- CalVet staff are mentors for the Sacramento VTC pilot program.

Incarcerated Veterans

Incarcerated
Veterans



CalVet is currently:

- Receiving contact information from Community Resource Managers in charge of veterans groups in each facility throughout the state.
- Visiting CDCR facilities and working with local CVSOs and VA Re-entry Specialist to deliver information concerning veterans benefits and services.
 - Collaborated with Marin and Madera Veteran Service Offices.
 - Coordinated facility visits with Re-entry Specialist from Integrated Service Network 20 and 21.