



Mental Health Services
Oversight & Accountability Commission

CALAVERAS COUNTY INNOVATION PLAN

September 30, 2014



WELLNESS • RECOVERY • RESILIENCE

Calaveras County Profile

- **Covers 1,020.01 square miles**
 - **2013 US Census Bureau*
Population Estimate: 44,515**
 - **African American: 1.0%**
 - **Asian/Pacific Islander: 1.4%**
 - **Euro American: 83.0%**
 - **Latino: 10.8%**
 - **Native American: 1.8%**



* Does not add to 100% - Some categories overlap.

Calaveras County Innovation Program

Calaveras County is requesting \$1,036,625 for a five year Innovative Program titled:

Integrated Dual-Diagnosis Project

Mental Health Services Act Primary Purpose:

Increase access to services for underserved populations by testing a new consumer-driven recovery and wellness approach for this rural community.



Innovation Project Description

- Use Innovative approach to facilitate Dual Recovery Anonymous (DRA) support groups combined with an Integrated Dual-Diagnosis Treatment Team (IDDT).



Evaluation

- **Assess whether the integrated treatment and facilitated peer support approach in an integrated dual-diagnosis treatment service will:**
 1. **Increase number of consumers who actively participate in the self-help DRA Programs;**
 2. **Result in successful engagement, learning, and satisfaction for the peer DRA facilitators;**
 3. **Reduce relapse of substance abuse and mental health disorders;**
 4. **Reduce arrests, incarcerations and hospitalizations;**
 5. **Increase medication adherence;**
 6. **Assist clients' attainment of Wellness Recovery Action Plan (WRAP) and treatment goals;**
 7. **Result in decrease in symptoms; and,**
 8. **Increase participants' self-perceived quality of life.**

Commission staff have reviewed the Innovation Plan for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.



Calaveras County Innovation Program

Motion:

The MHSOAC approves the
Calaveras County Innovation
Plan for the amount of
\$1,036,625.00 for a five-year
period.

