
AGENDA ITEM 4A

Action

August 27, 2015 Commission Meeting

Contra Costa County Innovation Plan

Summary: The Mental Health Services Oversight and Accountability Commission (MHSOAC or Commission) will consider approval of Contra Costa County's request to fund its new Innovative (INN) project, Partners in Aging. Staff reviewed the county's plan and recommends that the Commission approve a total of \$1,000,000 for four years.

The Mental Health Services Act (MHSA) requires that an INN project does one of the following: a) Introduces a new mental health practice or approach, including but not limited to prevention and early intervention; b) Makes a change to an existing mental health practice or approach, including, but not limited to, adaptation for a new setting or community; or c) Introduces to the mental health system a promising community-driven practice/approach, that has been successful in non-mental health contexts or settings. The law also requires that an INN project address one of the following as its primary purpose: (1) Increase access to underserved groups; (2) Increase the quality of services including measurable outcomes; (3) Promote interagency and community collaboration; or (4) Increase access to services.

The Contra Costa County Mental Health project, Partners in Aging, makes a change to an existing mental health practice or approach and has the primary purpose of increasing the quality of services including measurable outcomes. The INN project complies with all MHSA requirements.

The project will serve clients aged 55 years and older who are frail, homebound, and suffer from mental health issues that cause them to experience higher rates of isolation, psychiatric emergency intervention and institutionalization. The project combines and adapts two evidence-based practices: Screening Brief Intervention Referral to Treatment (SBIRT) and Improving Mood Providing Access to Collaborative Treatment (IMPACT) project. A key goal is to improve the County's IMPACT teams' ability to treat older adults with depression by adding additional SBIRT capacity to identify and address alcohol misuse. The project also will expand

IMPACT's multi-disciplinary treatment team by adding a peer component.

Contra Costa County is requesting authorization from the MHSOAC to fund this four-year project in the amount of \$1,000,000.

Presenters:

- Jose Oseguera, Chief of Plan Review and Committee Operations
- Deborah Lee, Consulting Psychologist

Enclosures: Innovation Plan Approval Summary: Contra Costa County Innovation

Handout: A PowerPoint will be presented at the meeting.

Recommended Action: Approve \$1,000,000 for Contra Costa's County's Innovation Project, Partners in Aging

Motion: The MHSOAC approves Contra Costa County's Innovation Project:

Name: Partners in Aging

Amount: \$1,000,000

Project Length: 4 Years