

**Cultural and Linguistic Competence Committee (CLCC)  
Minutes**

**November 14, 2014  
9:30 AM – 12:30 PM**

**Mental Health Services Oversight and Accountability Commission  
(MHSOAC)  
1325 J Street, Suite 1700 (Darrell Steinberg Conference Room)  
Sacramento, CA 95814**

**Committee Members:**

**Staff:**

**Other Attendees:**

Chair, Aslami-Tamplen Sharon Jones* JoAnn Johnson Jeannine Farrelly Dorothy Friberg Raja Mitry* Emma Oshagan* Kamila Baker*	Jose Oseguera Peter Best Filomena Yeroshek Kevin Hoffman	Melen Vue* Vickie Mendoza* Stacie Hiramoto Adrienne DeSantis* Jeremy Wilson William Porter Kimberly Knifong Jeraniqua Martin Anqunette Fazil
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\*Participation by phone

Committee members absent:

Vice-Chair Mallel, Will Rhett-Mariscal, Delores Williams, Delphine Brody, Marissa Lee, Monica Nepomuceno, Gwen Wilson and Gwen Slattery.

**Welcome/Introductions**

The Chair welcomed all in attendance.

**Adoption of the August 20, 2014 Meeting Minutes**

The August 20, 2014 meeting minutes were presented to the committee for approval and were approved by consensus.

**Information Item: Process for Submitting Policy Recommendations to the Commission**

MHSOAC Chief Counsel Filomena Yeroshek provided the membership with an explanation of the process for the CLCC and other MHSOAC Committees to submit policy recommendations to the Commission. The following is the process:

- The 2015 MHSOAC Work Plan is developed by the new Commission Chair, Vice-Chair (names have not been announced yet) and MHSOAC Executive Staff.
- The new MHSOAC Chair and Vice-Chair appoint Commissioners to serve on the various MHSOAC committees.
- MHSOAC Executive Staff and Committee Chair and Vice-Chair develop the Committee Charters based on the MHSOAC 2015 Work Plan.

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- MHSOAC Staff and the Committee Chair and Vice-Chair review draft Charters and make recommendations.
- Charters are presented to the Commission for approval.
- Each Committee reviews their charter activities and can decide to make policy recommendation or develop a policy paper based on the charter activities.
- These are recommendations only as all committees are advisory bodies to the Commission.

The following is an overview of the discussion including public comments:

- Question: What is the difference between a policy recommendation and a policy paper?
- A policy paper can contain a specific recommendation(s), or the paper itself can be the recommendation.
- Question: Will the CLCC and the public have an opportunity to provide recommendation regarding possible charter items for next year.
- There will be an opportunity for charter activity suggestions during Agenda Item Number Six, "2014 Charter Activity Wrap-up: An Opportunity for Committee Members to Review 2014 Charter Activities and Provide Input on Items that should Roll Over into the 2015 Charter".

**Community Forum Workgroup Update**

Members of the CLCC Community Forum Workgroup (CFW) and staff provided the membership with an update regarding the Ventura County Forum which was held on November 6, 2014 in Ventura, California. The following is an overview of the discussion including public comments:

- The Ventura forum was attended by 230 stakeholders.
- For the first time a stakeholder with lived experience opened the forum with her story of recovery, which was well received and opened the forum on a positive note.
- MHSOAC staff and one Commissioner attended a site visit to the Mixtecos community. The Mixtecos are indigenous Mesoamerican peoples, which have a Native American heritage.
- Many of the participants of the forum stated that they felt better informed about MHSA core values and services after the forum.
- There were 17 informational resource table, as opposed to the normal 4-6 tables provided at the forums. It appeared that the forum attendees enjoyed the additional resources and staff received positive feedback regarding having these additional tables available.
- The League of United Latin American Citizens (LULAC), provided the MHSOAC with a document which they said outlined evidence of mistreatment of members of the Latino Community in Ventura County.
- Question: Will there be follow-up by the Commission?

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- Staff responded that the LULAC document will be provided to Commission Executive staff for guidance on next steps. Staff also stated that Ventura County's Director stated that she had not seen this document and wanted time to review it before responding.
- The Racial and Ethnic Mental Health Disparities Coalition (REMHDCO) held an event immediately following the forum which provided the attendees an opportunity to learn about REMHDCO. The event was well organized with speakers, music and food.
- This was the highly attended forum by County staff. They stated in their breakout group that they were told the forum would allow them the opportunity to provide input on what is working in the county and identify any challenges.
- Question: Was there diversity in the attendees of the forum?
- Staff responded that the forum attendees were diverse. Since the demographic breakdown of the county was unknown, staff could not determine if the attendees matched the county demographics.
- There are plans to increase outreach efforts to targeted communities that have not attended the forums.
- There was a suggestion that staff identify the county demographics before the forum as to better ascertain if the various communities in the county attended.
- There was a suggestion that a forum be held in Los Angeles County.
- This was the largest Transitional-Aged Youth (TAY) groups that attended any forum (22). The TAY praised the TAY Drop-in Center which they felt provided support with their basic needs. They also discussed both the positive and negative aspects of their relationship with county staff.

**Review and Discuss Cultural and Linguistic Competency Presentation PowerPoint to be Presented to the Commission on November 20, 2014**

Gigi Crowder, Ethnic Services Manager, Alameda County previously provided the membership with an overview of the African American Faith-Based presentation she developed, which outlines how faith plays a role in the recovery and resiliency of many African Americans living with a mental illness. She made modifications to her PowerPoint based on the suggestions from the membership. A short video produced by CalMHSA, which will be shown to the Commission which detailed Reverend Dr. Oscar Wright's daughter's story of resiliency living with mental illness was previewed. The video also discussed his struggles dealing with his daughter's mental illness and learning that she was not her mental illness.

The following is an overview of the discussion including public comments:

- It is an inspiring story of love and empowerment.
- The membership enjoyed video and thought the Commission should see it as well.

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- A comment was made that she enjoyed the video and asked will a similar video be presented highlighting a different cultural at future cultural presentations to the Commission. Also, she asked if there are other California Mental Health Services Authority (CalMHSA) videos highlighting other cultures.
- Various persons responded that CalMHSA has other videos but they were not sure of the content of those videos.
- The Chair stated that next year, the CLCC will discuss the possible upcoming cultural competence presentation topic.
- There were no additional changes to the PowerPoint presentation suggested.

**Information Item: Update on New Commission Chair and Vice-Chair, and Committee Application process**

The Chair informed the membership that Victor Carrion, M.D. has been elected to the position of Chair of the Mental Health Services Oversight and Accountability Commission. Dr. Carrion is a Professor at the Stanford University School of Medicine, and the Director of Stanford's Early Life Stress Research Program. He is a board certified Child and Adolescent Psychiatrist, and his sub-specialties include maltreatment, neglect, and post-traumatic stress disorders. Dr. Carrion practices at the Lucile Packard Children's Hospital at Stanford. He is the former Chair of the CLCC. Dr. Carrion joins the Commission as the Attorney General's designee and we are very excited to have him as Commission Chair.

John Buck has been elected to the position of Vice-Chair of the Mental Health Services Oversight and Accountability Commission. Mr. Buck has served in multiple positions at Turning Point Community Programs since 1977, including Chief Executive Officer. He is a member of the Rotary Club of Sacramento and the Sacramento County Developmental Disabilities Planning and Advisory Council. Buck earned a Master of Business Administration degree from National University. Commissioner Buck is currently the Vice Chair of the Financial Oversight Committee. Commissioner Buck fills the seat of an employer with less than 500 employees and we are very excited to have him as Commission Vice-Chair.

The MHSOAC has finalized the 2015 Committee Member Application and the form will be distributed soon.

**2014 Charter Activity Wrap-up: An Opportunity for Committee Members to Review 2014 Charter Activities and Provide Input on Items that should Roll Over into the 2015 Charter.**

Staff reviewed each of the Charter activities and informed the membership if these items were completed this year. Staff then asked for input from the membership regarding continuing specific charter activities and/or modifications to charter activities. The following is an overview of the discussion including

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public comments regarding the 2014 Charter Activities that should be rolled into the 2015 Charter:

1. Continue quarterly Community Forums via the Community Forum Workgroup to do the following:
  - a. Identify CLCC members and alternates to serve on the Community Forum Workgroup and identify replacements when necessary.
  - b. CLCC workgroup members will collaborate with the workgroup and MHSOAC staff to provide the Commission with an annual written summary report of potential policy, communication and technical assistance implications.
  - c. CLCC workgroup members will collaborate with the forum workgroup and MHSOAC staff to prepare and post a written summary report after each forum.
  - d. Review methods for synthesizing information collected from Community Forum Workgroup and identify replacements when necessary.

Comments:

- A comment was made that the forums are not the best way to reach underserved and ethnic communities. Forums need go to the next level and provide recommendation to the Commission and counties on how to address problems that have been identified at the forums.
  - Staff stated that increased collaboration from organizations that represent underserved communities to help provide outreach to increase participation in forums will attempted to be developed.
  - Continue in 2015
2. Expand and diversify the methods by which the MHSOAC receives input from people with lived experience of mental illness.
    - a. Determine strategies to expand and diversify participation in MHSOAC and Committee meetings to the fullest extent.
    - b. Suggest strategies to expand methods by which people with lived experience can provide input (in person, online, written, other).

Comments/Recommendations:

- Replace “Expand and diversify the methods” with “Implement the strategies that were developed”.
- The CLCC had a previous workgroup that suggested the strategies to use bookmarks at the forums to increase the amount of completed surveys that were returned at the forums. Also, this workgroup brought to the CFW the idea of having smaller targeted outreach (mini- forums) to communities who have not traditionally attended the forums.

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- Continue in 2015
3. Review the California Department of Public Health's (CDPH) California Reducing Disparities Project Strategic Plan and proposed implementation schedule: (Not released)
    - a. Consider stakeholder input and make collaborative recommendations regarding policy implications to incorporate effective practices for, by and of diverse communities.
    - b. Collaborate with the California MHSA Multicultural Coalition (CMMC) to identify their activities and analyze findings.
  - The CLCC collaborated with the Office of Health Equity (OHE) and received a presentation from Jahmal Miller, Deputy Director, OHE regarding the status of the California Reducing Disparities Projects (CRDP) Strategic Plan. The plan is currently awaiting agency approval.
  - Staff also meets monthly and shares information with OHE staff Kimberly Knifong.
  - The OHE is moving forward with the CRDP Strategic Plan Phase II activities and will be holding four meetings throughout California in the month of December 2014.
  - Continue in 2015.
4. Prepare annual cultural competence presentation to staff/commissioners  
Comments/Recommendations:
    - There were originally three presentation scheduled this year, however, due to Commission scheduling there will two presentations; Transgender Community and the African American Faith-based Community.
    - The 2015 CLCC membership will discuss the possible topics for upcoming presentations.
    - Continue in 2015.
  5. Communicate progress in reducing mental health disparities to build collaboration in access, quality and services.
  6. Monitor the statewide collection of disparity data. (ongoing)  
Comments/Recommendations:
    - Blend activities 5 and 6 and use more active language.
    - There are possible items for policy recommendations.
    - Continue in 2015.

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7. Provide input on MHSOAC evaluation efforts as needed.
  - a. Communicate lessons learned and best practices from evaluations to improve programs and policy as part of quality improvement feedback. (On going)

Comments/Recommendations:

Continue to work with Evaluation Workgroup.

Review any evaluation efforts from Dr. Sergio Gaxiola and UC Davis.

8. Continue to conduct an initial organizational self-assessment of MHSOAC according to Culturally and Linguistically Appropriate Services (CLAS) standards and act on recommendations.
  - a. Present the findings to the Commission. (Present pilot findings 2015 and administer tool to Commissioners and staff)

Comments/Recommendations:

- Continue in 2015
9. Endorse and promote strategies that transform the mental health system, including systems and services integration.
    - a. Culturally responsive services that relate to individuals needs.
    - b. Promote wellness, resiliency and recovery.

Comments/Recommendations:

- Change “relate to individuals needs” to relate to individual, parents, family and community needs”.
- Continue in 2015.

### **General Public Comment**

- A comment was made that the CLCC should connect and collaborate with the Department of Health Care Services regarding the County Cultural Competence Plans.
- A comment was made that the CLCC should have a presentation form LULAC

### **Adjournment**

Meeting adjourned at 12:14 PM.

Submitted by Peter Best, MSWI

Staff Mental Health Specialist