

# **CIBHS TRAINING AND TECHNICAL ASSISTANCE TOPICS**

Sandra Naylor Goodwin, PhD, MSW  
President and CEO  
sgoodwin@cibhs.org



## **Agenda**

- **Mission**
- **CIBHS Teams**
- **Training and Technical Assistnace  
Topics**



## **CIBHS Mission**

- **The California Institute for Behavioral Health Solutions (CIBHS) is a non-profit agency that helps health professionals, agencies and funders improve the lives of people with mental health and substance use challenges through policy, training, evaluation, technical assistance, and research.**



## **CIBHS Teams**

- **Evidence Based Practices Team**
- **Evaluation Team**
- **Health Equity Team**
- **Health Care Reform Team**
- **Workforce Development Team**
- **Substance Use Disorders TA/Consulting Team**
- **Special Projects Team**



## **Evidence Based Practices and Practice Improvement Models**

### **Adult Practices and Supports**

- Cognitive Behavioral Therapy for Psychosis (CBTp)
- Moral Reconciliation Therapy (MRT)
- Motivational Interviewing (MI)
- Interpersonal Psychotherapy (IPT)
- Transformational Care Planning (TCP)
- DSM-5 Training (Live Convening and On-line)
- California Brief Multicultural Competency Scale (CBMCS) Training
- Community Defined Practices Project



## **Evidence Based Practices and Practice Improvement Models**

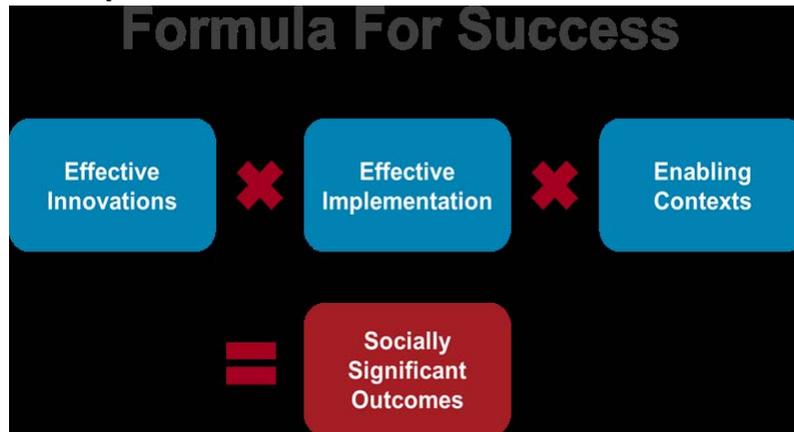
### **Child and Family Practices**

- Functional Family Therapy (FFT)
- Aggression Replacement Training (ART)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- PIER Model for the early detection and intervention of Psychosis (Prodromal Focus)



## CIBHS Implementation Framework

Because... Training is just the first step in competency development:



## CIBHS Community Development Team (CDT) Model

### Evidence-Based Implementation Model with Proven results to facilitate:

- Better uptake and retention of training
- Greater levels of adherent and proficient practice over time
- Increased Positive outcomes for consumers, children and families



## CDT

### Provides Implementation Support in Phases:

- **Pre-implementation** - Engagement, Readiness Assessment, Need-benefit analysis, planning, Clinical Training
- **Implementation** - Model Adherence (Coaching, TA, using data to drive practice change), Practitioner Competence (Process and practice evaluation, client level outcomes and measurement, TA to facilitate peer to peer learning and navigate system obstacles)
- **Sustainability** - Becoming an autonomous site; monitoring and support, fidelity focus, booster training, train the trainer, continued focus on supervisor development
- **Evaluation Throughout** - Client-Level Data collected and evaluated throughout the implementation cycle



## Evaluation

- **Consumer Perception Surveys**
- **Outcomes for Evidence Based Practices**
- **Palette of Measures**
- **Computerized Cognitive Behavioral Therapy**
- **County Innovation Evaluation**



## Health Care Reform

- ❖ **Care Coordination Collaborative - Learning Collaborative**
  - ❖ IHI BTS Structure – Data driven
- ❖ **Advancing Recovery Practices Collaborative – Learning Collaborative**
- ❖ **County Collaboratives**
- ❖ **Annual Integrated Care Conference**
- ❖ **Took Kits for Integrated Care**
- ❖ **Presentations**



## Health Equity

- **Health Equity Leadership Institute**
- **Peer Support in Congregations**
- **Prevention and Early Intervention**
- **Center for Multicultural Development**
- **Community Defined Practices**
- **High School Pathways for Behavioral Health**



## **Workforce Development**

- ❖ **Bay Area Workforce Education/Mental Health Collaborative**
- ❖ **Central Valley Workforce Education/Mental Health Collaborative**
- ❖ **Superior California Workforce Education/Mental Health Collaborative**
- ❖ **Peers Project**
- ❖ **Working Well Together**



## **Substance Use Disorders TA/Consulting Team**

- ❖ **Technical Assistance Contract under DHCS**
- ❖ **SUD system of care waiver activities**
- ❖ **ASAM training**
- ❖ **Financing project**



## Special Projects

- **Leadership Institute**
- **Clinical Assessment Guidelines for Involuntary Detainment**
- **Crisis Intervention Training for Law Enforcement**
- **Recovery Arts Program**



## Conferences

- ❖ **15<sup>th</sup> Annual National Behavioral Health Information Technology Conference and Exposition - April 15 & 16 (Long Beach)**
- ❖ **5<sup>th</sup> Annual CIBHS Evidence Based Practices Symposium “Integration and Evidence in the Changing Service System” – April 23 & 24 (Anaheim)**
- ❖ **7<sup>th</sup> International “Together Against Stigma” Conference (San Francisco)**



## **Conferences**

- ❖ **California Mental Health and Substance Use Disorders Policy Forum – 2 xs yearly, February and September – Various Topics**
- ❖ **Cultural Competence Summits – various**
- ❖ **Fiscal Leadership Institute – 2 xs yearly**

