

Local 24-Hour Crisis Intervention Numbers

County	Phone Number	Service
National	1-800-273-8255	National Suicide Prevention Hotline
National	1-800-273-8255 Press 1	Veterans Crisis Line
National	1-866-488-7386	The Trevor Lifeline (LGBTQ)
National	1-800-448-4663	National Youth Crisis Line
National	1-800-971-0016 or 415-752-3778	Institute on Aging Friendship Line
Statewide	1-800-843-5200	California Youth Crisis Line
Alameda	1-800-309-2131	24-Hour Suicide Prevention
Alameda	1-800-260-0094	Grief Counseling Services
Alpine	1-800-486-2163	24-Hour Emergency Line
Alpine	530-885-2300 or 1-800-SUICIDE or 1-800-273-TALK	24-Hour Crisis Line
Amador	209-223-6412	24-Hour Crisis Line
Berkeley City	1-800-309-2131	24-Hour Community Crisis Line
Butte	1-800-891-2810	24-Hour Crisis Line
Butte	1-800-334-6622	24-Hour Crisis Line
Butte	1-800-371-4373	Homeless Emergency Runaway Effort (HERE) Crisis Line
Butte	1-855-582-5554	Northern Valley Talk Line (Warm Line)
Calaveras	209-754-3239 or 1-800-499-3030	24-Hour Crisis Line
Colusa	530-458-0525 or 1-888-793-6580	Crisis Lines (During and after office hours)
Colusa	1-888-793-6580	Suicide Crisis Hotline
Contra Costa	1-800-273-8255 or 1-800-SUICIDE	24-Hour Crisis and Suicide Lines
Contra Costa	1-888-628-9454	Espanol 24-Hour Crisis Line
Contra Costa	1-800-837-1818	Grief
Contra Costa	1-800-808-6444	Homeless
Contra Costa	1-800-833-2900	Youth
Contra Costa	211	Information and Referral
Del Norte	707-464-7224 or 1-888-446-4408	24-Hour Crisis Line
El Dorado	530-622-3345	Crisis Hotline - Placerville Office
El Dorado	530-544-2219	Crisis Hotline - South Lake Tahoe Office
Fresno	1-800-654-3937 or 530-885-2300	24-Hour Crisis Line
Glenn	1-800-507-3530	24-Hour Crisis Line
Humboldt	707-445-7715 or 1-888-849-5728	24-Hour Crisis Line
Humboldt	707-826-3236	24-Hour Crisis Intervention, Student Mental Health - Humboldt State
Humboldt	707-444-2273	24-Hour Youth Services Bureau Crisis Line
Imperial	760-482-4504 or 1-800-817-5292	24-Hour Crisis Line
Imperial	1-877-727-4747	24-Hour Didi Hirsch Suicide Crisis Line
Imperial	760-352-7873	24-Hour Suicide Prevention Crisis Line
Imperial	760-352-7873	SURE 24-Hour Crisis Line
Imperial	760-352-7873 or 1-877-780-7776	Suicide Prevention Crisis Lines (Monday - Friday 8 AM to 5 PM)

County	Phone Number	Service
Imperial	1-800-273-TALK	Mental Health Hotline
Inyo	1-800-841-5011	24-Hour Crisis Line
Kern	1-800-991-5272	24-Hour Crisis Line
Kern	661-868-8142	24-Hour Crisis Line for Hearing Impaired
Kings	1-800-655-2553	24-Hour Crisis Line
Lake	1-800-900-2075	24-Hour Suicide and Mental Health Crisis Line
Lassen	530-257-5004 or 1-888-530-8688	24-Hour Crisis Line
Lassen	530-251-8108 or 1-888-530-8688	24-Hour Emergency Line for Emergency and Crisis Intervention Team
Los Angeles	1-800-854-7771	24-Hour Crisis Line
Los Angeles	1-877-727-4747	24-Hour Did Hirsch Suicide Crisis Line
Madera	559-675-7850 or 559-673-3508 or 1-888-275-9779	24-Hour Crisis Line
Marin	415-473-6666	24-Hour Psychiatric Emergency Services
Marin	415-499-1100	24-Hour Suicide Prevention and Crisis Hotline
Marin	415-499-1195	24-Hour Family Service Agency Grief Counseling Line
Marin	415-499-1100	24-Hour Family Service Crisis Telephone Counseling
Mariposa	209-966-7000 or 1-800-549-6741 or 209-966-2000	24-Hour Crisis Line
Mendocino	1-800-555-5906 or 707-463-4396 or 707-463-HELP	24-Hour Crisis Line
Mendocino	1-800-555-5906	Espanol 24-Hour Crisis Line
Mendocino	707-472-2304	Child and Adolescent Crisis Services (Psychiatric Emergency Services in Ukiah)
Mendocino	Ukiah: 707-472-2304; Willits: 707-456-3850; Fort Bragg: 707-964-4747	Adult and Older Adult Behavioral Health and Recovery Services
Merced	209-381-6819 or 1-888-334-0163	24-Hour Crisis Line
Modoc	530-233-6312 or 1-800-291-2156	24-Hour Crisis Line
Modoc	530-233-4575	Crisis Number
Mono	1-800-841-5011 or 760-924-1740	24-Hour Crisis Line
Monterey	831-755-4111	Mental Health Crisis Line
Monterey	877-663-5433	Suicide Prevention Hotline (Bilingual)
Monterey	831-339-8228	Family Help Line (Bilingual)
Monterey	831-758-3302	Sunrise House Crisis Line for Youth (Bilingual)
Napa	707-253-4711	24-Hour Crisis Line
Nevada	530-265-5811	24-Hour Crisis Line
Orange	866-830-6011 or 714-834-6900 or 1-877-727-4747	24-Hour Crisis Line
Orange	714-456-5511	UC Irvine Psychiatric Emergency
Orange	1-800-723-8641	Medical Emergency Access

County	Phone Number	Service
Orange	1-800-426-4263	Crisis Line for People with Disabilities
Orange	1-800-773-8002	College Hospital Crisis Response Team
Orange	1-800-448-3000	Boys Town California
Orange	1-800-999-9999	The "9" Line (Teens)
Orange	1-800-852-8336	Teen Help Line (6 PM to 10 PM)
Orange	1-877-910-WARM (9276)	Warm Line
Placer	916-787-8860 or 1-888-886-5401	24-Hour Crisis Line
Plumas	530-283-6307	24-Hour Emergency Response
Plumas	1-877-332-2754	24-Hour Crisis Line
Riverside	951-686-4357	24-Hour Crisis Line
Riverside	1-877-727-4747	24-Hour Didi Hirsch Suicide Crisis Line
Riverside	951-686-HELP (4357)	HELpline Crisis Interventions and Referrals
Sacramento	1-888-881-4881	24-Hour Crisis Line
Sacramento	916-368-3111	Suicide Prevention Crisis Line
Sacramento	1-888-281-3000	24-Hour Parent Support Line
San Benito	831-636-4020	24-Hour Crisis Line
San Benito	1-877-663-5433 or 1-877-ONE-LIFE	24-Hour Crisis Line
San Bernardino	760-365-6558	24-Hour Crisis Line
San Bernardino	East Valley: 909-421-9233; West Valley: 909-458-9628; High Desert: 760-956-2345; Morongo Basin: 760-365-6558	24-Hour Mobile Crisis Response
San Bernardino	1-888-743-1478	24-Hour Call Center
San Bernardino	1-877-727-4747	24-Hour Crisis Line
San Diego	1-888-724-7240	24-Hour Crisis Line
San Diego	211	24-Hour Crisis Line
San Francisco	415-781-0500 or 1-800-273-8255	24-Hour Crisis Line
San Francisco	415-989-5212 or 1-800-7432	Linea de Apoyo
San Francisco	415-970-4000	Mobile Crisis Treatment Team
San Francisco	415-750-5355	Grief Program
San Joaquin	209-468-8686 or 1-888-468-9370	24-Hour Crisis Line
San Joaquin	209-468-3585	Warm Line
San Luis Obispo	1-800-549-4499	24-Hour Crisis Line
San Luis Obispo	1-800-838-1381	24-Hour Mental Health Services Access and Crisis Line
San Mateo	650-579-0350 or 1-800-273-8255 or 1-800-686-0101	24-Hour Crisis Line
San Mateo	650-579-0359	Crisis Resource List
San Mateo	650-579-0358 or 1-888-220-7575	24-Hour Parent Support Line
San Mateo	650-579-0353	24-Hour Youth Hotline
Santa Barbara	1-888-868-1649	24-Hour Access Line
Santa Clara	1-855-278-4204	24-Hour Suicide and Crisis Hotline
Santa Cruz	1-800-952-2335	24-Hour Access Line
Santa Cruz	831-458-5300 or 1-877-663-5433	24-Hour Suicide Crisis Line
Shasta	1-800-273-TALK	24-Hour National Line

County	Phone Number	Service
Shasta	530-225-5252	24-Hour Crisis Line
Shasta	530-244-2222	8 am - 8 pm Local Line
Sierra	1-877-435-7137	24-Hour Crisis Line
Siskiyou	1-800-842-8979	24-Hour Crisis Line
Siskiyou	1-800-452-3669	Klamath Crisis Line
Solano	707-428-1131	24-Hour Crisis Line
Sonoma	1-800-746-8181 or 707-576-8181	24-Hour Crisis Line
Sonoma	1-855-587-6373	24-Hour North Bay Suicide Prevention Hotline
Stanislaus	209-558-4600 or 1-888-376-6246	Emergency Services and Warm Line
Sutter-Yuba	530-673-8255 or 1-888-923-3800	24-Hour Psychiatric Emergency Services
Tehama	530-527-5637 or 1-800-240-3208	24-Hour Community Crisis Response Unit
Tri-City	909-623-6131	8 pm - 4 am Crisis Response Line
Trinity	530-623-5708 or 1-888-624-5820	24-Hour Crisis Line
Tulare	1-800-320-1616	Emergency/Crisis Services
Tulare	1-800-735-2929	Emergency/Crisis Services for Deaf or Hearing Impaired
Tuolumne	209-533-7000	24-Hour Crisis Line
Ventura	1-877-727-4747	24-Hour Crisis Line
Ventura	1-866-998-2243	Ventura County Crisis Team (Adults 21+)
Ventura	1-866-431-2478	Children's Intensive Response Team (Children and Adolescents 21 under 21)
Yolo	1-888-965-6647	24-Hour Crisis Line
Yolo	Davis: 530-756-5000; Woodland: 530-666-7778; West Sacramento: 916-372-6565	24-Hour Crisis Lines
Yolo	Davis: 530-753-0797; Woodland: 530-668-8445; West Sacramento: 916-371-3779	24-Hour Teen Crisis Line
Yolo	Davis Schools: 530-758-SAFE or 530-758-7233; Woodland Schools: 530-668-HELP or 530-668-4357	24-Hour Confidential Tip Line for School Safety